

OK Landehof När-OL 2014-01-09

Öppen Långa 4120 meter 30 start

|   |                   |                  |       |
|---|-------------------|------------------|-------|
| 1 | Lennart Hålsjö    | OK Skogshjortarn | 47.29 |
| 2 | Torgny Pettersson | Markbygdens OK   | 51.29 |

Öppen Mellan 3130 meter 36 start

|   |                  |                |       |
|---|------------------|----------------|-------|
| 1 | Kent Kardell     | Ljungskile FK  | 39.29 |
| 3 | Ronny Ragnarsson | Markbygdens OK | 51.09 |

Hestra IF Natt-7an Gemensam 2014-01-23

D2 4580 meter 5 start

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Klara Axelsson  | Markbygdens OK | 53.53 |
| 5 | Marina Axelsson | Markbygdens OK | 62.06 |

H2 4580 meter 14 start

|    |                     |                |       |
|----|---------------------|----------------|-------|
| 1  | Victor Helgesson    | Hestra IF      | 44.12 |
| 3  | Felix Axelsson      | Markbygdens OK | 51.47 |
| 6  | Bo Herdersson       | Markbygdens OK | 59.51 |
| 9  | Per-Anders Axelsson | Markbygdens OK | 78.04 |
| 10 | Olle Sörqvist       | Markbygdens OK | 78.08 |

IFK Göteborg När-OL 2014-01-23

Öppen Lång 4180 meter 30 start

|   |                      |                |       |
|---|----------------------|----------------|-------|
| 1 | Carl-Henry Andersson | OK Orinto      | 40.01 |
| 3 | Torgny Pettersson    | Markbygdens OK | 43.30 |

Öppen Kort 2150 meter 21 start

|   |                     |                  |       |
|---|---------------------|------------------|-------|
| 1 | Ture Gunnarsson     | Göteborg-Majorna | 43.35 |
| 2 | Lizkulla Pettersson | Markbygdens OK   | 47.39 |

Skene SoIS Natt-7an Gemensam 2014-02-06

Herrar 8070 meter 5 start

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Albin Andersson | Markbygdens OK | 59.37 |
| 2 | Pontus Karlsson | Markbygdens OK | 59.39 |

Herrar 5240 meter 11 start

|   |                     |                |       |
|---|---------------------|----------------|-------|
| 1 | Erik Fors           | Hestra IF      | 51.01 |
| 3 | Urban Sörqvist      | Markbygdens OK | 56.51 |
| 4 | Per-Anders Axelsson | Markbygdens OK | 57.03 |
| 5 | Martin Svensson     | Markbygdens OK | 57.44 |

Damer 2 5240 meter 5 start

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Lovisa Hansson  | Hestra IF      | 50.33 |
| 2 | Klara Axelsson  | Markbygdens OK | 60.15 |
| 4 | Marina Axelsson | Markbygdens OK | 66.55 |

Herrar 3550 meter 2 start

|   |                   |                |       |
|---|-------------------|----------------|-------|
| 1 | Stig-Ove Djurbäck | Markbygdens OK | 53.22 |
|---|-------------------|----------------|-------|

Göteborg-Majorna När-OL 2014-02-06

Öppen Mellan 3100 meter 28 start

|    |                   |                |       |
|----|-------------------|----------------|-------|
| 1  | Bengt Grewin      | Frölunda OL    | 34.39 |
| 19 | Lennart Östanbäck | Markbygdens OK | 62.47 |

Chalmers OL Natt-cup Gemensam 2014-02-06

Öppen Mellan 36 start

|   |                   |                |       |
|---|-------------------|----------------|-------|
| 1 | Niklas Gustafsson | OK Tisaren     | 53.45 |
| 3 | Simon Larsson     | Markbygdens OK | 59.17 |

Alicante Lång Utland 2014-02-08

H60 13 start

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Jose Garcia     | Villena        | 37.21 |
| 4 | Håkan Andersson | Markbygdens OK | 46.25 |

Alicante Medel Utland 2014-02-09

H60 13 start

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Jose Garcia     | Villena        | 29.42 |
| 8 | Håkan Andersson | Markbygdens OK | 44.40 |

Frölunda OL När-OL 2014-02-16

Öppen 2 2500 meter 6 start

|   |                |                |       |
|---|----------------|----------------|-------|
| 1 | Erik Johansson | OK Alehof      | 39.18 |
| 5 | Totte Holm     | Markbygdens OK | 63.16 |

Göteborg-Majorna När-OL 2014-02-20

Öppen Lång 4080 meter 27 start

|    |                      |                |       |
|----|----------------------|----------------|-------|
| 1  | Carl-Henry Andersson | OK Orinto      | 42.23 |
| 25 | Lennart Östanbäck    | Markbygdens OK | 88.50 |

Rydboholms SK Natt-7an Gemensam 2014-02-20

Herrar 2 9 start

|   |                     |                |       |
|---|---------------------|----------------|-------|
| 1 | Victor Helgesson    | Hestra IF      | 39.16 |
| 2 | Felix Axelsson      | Markbygdens OK | 39.22 |
| 5 | Lennart Karlsson    | Markbygdens OK | 44.28 |
| 6 | Per-Anders Axelsson | Markbygdens OK | 44.30 |
| 7 | Bo Herdersson       | Markbygdens OK | 50.52 |

Damer 2 4 start

|   |                  |                |       |
|---|------------------|----------------|-------|
| 1 | Linnéa Bäckström | Hestra IF      | 43.39 |
| 3 | Klara Axelsson   | Markbygdens OK | 44.31 |

Herrar 4 5 start

|   |                   |                |       |
|---|-------------------|----------------|-------|
| 1 | Erik Ingemarsson  | Hestra IF      | 22.01 |
| 5 | Stellan Helgesson | Markbygdens OK | 35.35 |

IFK Göteborg Natt-Cup När-OL 2014-02-27

Öppen Mellan 6500 meter 29 start

|   |               |                |       |
|---|---------------|----------------|-------|
| 1 | Simon Larsson | Markbygdens OK | 51.47 |
|---|---------------|----------------|-------|

OK Pan Natt 2014-02-28

D16 4790 meter 29 start

|   |                |                  |       |
|---|----------------|------------------|-------|
| 1 | Ebba Envall    | IK Hakarpspojkar | 31.16 |
| 9 | Klara Axelsson | Markbygdens OK   | 33.42 |

H16 4790 meter 28 start

|   |                |                |       |
|---|----------------|----------------|-------|
| 1 | Rickard Olsson | Tibro OK       | 27.37 |
| 4 | Felix Axelsson | Markbygdens OK | 29.01 |

D40 5960 meter 10 start

|   |                   |                |         |
|---|-------------------|----------------|---------|
| 1 | Susanne Andersson | FK Göingarna   | 40.22   |
| 5 | Marina Axelsson   | Markbygdens OK | 47.00 S |

H45 7720 meter 44 start

|    |                     |                |         |
|----|---------------------|----------------|---------|
| 1  | Jesper Hansson      | Lagerberg OK   | 43.40   |
| 21 | Per-Anders Axelsson | Markbygdens OK | 52.48 S |

OK Pan Medel 2014-03-01

|         |                     |                |       |   |
|---------|---------------------|----------------|-------|---|
| D16     | 3200 meter          | 35 start       |       |   |
| 1       | Sanna Fasth         | Eksjö SOK      | 21.00 |   |
| 6       | Klara Axelsson      | Markbygdens OK | 22.59 |   |
| H16     | 3600 meter          | 33 start       |       |   |
| 1       | Hugo Lillieström    | OK Roxen       | 21.16 |   |
| D40     | 3500 meter          | 18 start       |       |   |
| 1       | Susanne Andersson   | FK Göingarna   | 29.50 |   |
| 4       | Marina Axelsson     | Markbygdens OK | 32.06 | G |
| H45     | 4200 meter          | 74 start       |       |   |
| 1       | Magnus Larsson      | FK Göingarna   | 24.56 |   |
| 56      | Per-Anders Axelsson | Markbygdens OK | 39.57 |   |
| H55     | 3500 meter          | 28 start       |       |   |
| 1       | Jan Nilsson         | Andrarums IF   | 25.16 |   |
| 8       | Mikael Bodén        | Markbygdens OK | 30.40 | S |
| 27      | Lars Eriksson       | Markbygdens OK | 47.52 |   |
| H60     | 3500 meter          | 39 start       |       |   |
| 1       | Göran Svenson       | SOK Viljan     | 25.56 |   |
| 15      | Håkan Andersson     | Markbygdens OK | 34.02 | S |
| H65     | 3500 meter          | 64 start       |       |   |
| 1       | Christer Sandh      | OK Roxen       | 28.52 |   |
| 12      | Henry Djurbäck      | Markbygdens OK | 34.04 | S |
| H70     | 3500 meter          | 46 start       |       |   |
| 1       | Björn Linnarsjö     | OK Orion       | 32.32 |   |
| 31      | Pär-Erik Johansson  | Markbygdens OK | 53.31 |   |
| Öppen 3 | 2700 meter          | 38 start       |       |   |
| 1       | Karin Johansson     | Malmö OK       | 27.21 |   |
| 18      | Jonathan Bodén      | Markbygdens OK | 40.56 |   |
| 20      | Marita Johansson    | Markbygdens OK | 41.20 |   |

Portugal Utland 2014-03-01

|             |                   |                |       |  |
|-------------|-------------------|----------------|-------|--|
| Herrar Elit | 9000 meter        | 108 start      |       |  |
| 1           | Thierry Gueorgiou | Kalevan Rasti  | 45.58 |  |
| 12          | Johan Högstrand   | Markbygdens OK | 52.00 |  |

Portugal Utland 2014-03-02

|             |                   |                |       |  |
|-------------|-------------------|----------------|-------|--|
| Herrar Elit | 5400 meter        | 108 start      |       |  |
| 1           | Thierry Gueorgiou | Kalevan Rasti  | 35.55 |  |
| 36          | Johan Högstrand   | Markbygdens OK | 45.49 |  |

OK Pan Lång 2014-03-02

|     |                   |                |       |  |
|-----|-------------------|----------------|-------|--|
| D16 | 4200 meter        | 34 start       |       |  |
| 1   | Sanna Fasth       | Eksjö SOK      | 25.27 |  |
| 14  | Klara Axelsson    | Markbygdens OK | 31.05 |  |
| H16 | 5600 meter        | 28 start       |       |  |
| 1   | Hugo Lillieström  | OK Roxen       | 29.00 |  |
| 7   | Felix Axelsson    | Markbygdens OK | 31.55 |  |
| D40 | 5400 meter        | 15 start       |       |  |
| 1   | Susanne Andersson | FK Göingarna   | 38.31 |  |

|                             |                     |                |       |   |
|-----------------------------|---------------------|----------------|-------|---|
| 8                           | Marina Axelsson     | Markbygdens OK | 48.34 | S |
| H45 6800 meter 62 start     |                     |                |       |   |
| 1                           | Per Jansson         | OK Djerf       | 38.43 |   |
| 47                          | Per-Anders Axelsson | Markbygdens OK | 56.52 | B |
| H55 5400 meter 27 start     |                     |                |       |   |
| 1                           | Jan Nilsson         | Andrarums IF   | 34.51 |   |
| 20                          | Lars Eriksson       | Markbygdens OK | 63.02 |   |
| H60 4800 meter 34 start     |                     |                |       |   |
| 1                           | Ulf Svensson        | OK Njudung     | 32.09 |   |
| 17                          | Håkan Andersson     | Markbygdens OK | 38.15 | S |
| H65 4700 meter 55 start     |                     |                |       |   |
| 1                           | Leif Sandgren       | Frosta OK      | 31.13 |   |
| 24                          | Henry Djurbäck      | Markbygdens OK | 40.33 | S |
| H70 4200 meter 42 start     |                     |                |       |   |
| 1                           | Roland Alsén        | OK Roxen       | 32.50 |   |
| 19                          | Pär-Erik Johansson  | Markbygdens OK | 42.58 | S |
| Öppen 3 2900 meter 36 start |                     |                |       |   |
| 1                           | Jakob Wilhelmsson   | OK Dacke       | 26.30 |   |
| 18                          | Marita Johansson    | Markbygdens OK | 42.49 |   |

#### Portugal Utland 2014-03-03

|                                  |                   |                |       |  |
|----------------------------------|-------------------|----------------|-------|--|
| Herrar Elit 5800 meter 108 start |                   |                |       |  |
| 1                                | Thierry Gueorgiou | Kalevan Rasti  | 34.46 |  |
| 14                               | Johan Högstrand   | Markbygdens OK | 40.25 |  |

#### OK Mark Natt-7an Gemensam 2014-03-06

|                          |                 |                |       |  |
|--------------------------|-----------------|----------------|-------|--|
| Damer 5390 meter 7 start |                 |                |       |  |
| 1                        | Lovisa Hansson  | Hestra IF      | 53.38 |  |
| 3                        | Marina Axelsson | Markbygdens OK | 61.00 |  |
| 5                        | Klara Axelsson  | Markbygdens OK | 67.15 |  |

|                           |                    |                |       |  |
|---------------------------|--------------------|----------------|-------|--|
| Herrar 8050 meter 3 start |                    |                |       |  |
| 1                         | Andreas Holmqvist  | Hestra IF      | 61.55 |  |
| 1                         | Conny Rantzow      | Hestra IF      | 61.55 |  |
| 3                         | Fredrik Herdersson | Markbygdens OK | 82.26 |  |

|                           |                |                |       |  |
|---------------------------|----------------|----------------|-------|--|
| Herrar 5390 meter 6 start |                |                |       |  |
| 1                         | Emil Karlsson  | Hestra IF      | 53.00 |  |
| 2                         | Olle Sörqvist  | Markbygdens OK | 61.01 |  |
| 4                         | Felix Axelsson | Markbygdens OK | 71.07 |  |

|                           |                  |                |       |  |
|---------------------------|------------------|----------------|-------|--|
| Herrar 2640 meter 3 start |                  |                |       |  |
| 1                         | Erik Ingemarsson | Hestra IF      | 31.49 |  |
| 3                         | Totte Holm       | Markbygdens OK | 59.55 |  |

#### Halmstads OK Natt 2014-03-07

|                         |                |                |       |  |
|-------------------------|----------------|----------------|-------|--|
| D16 3820 meter 26 start |                |                |       |  |
| 1                       | Jenny Wegebro  | Umeå OK        | 30.27 |  |
| 4                       | Klara Axelsson | Markbygdens OK | 35.59 |  |

|                         |                    |                |       |  |
|-------------------------|--------------------|----------------|-------|--|
| H16 4340 meter 28 start |                    |                |       |  |
| 1                       | Rasmus Möller Jess | OK Roskilde    | 31.26 |  |
| 5                       | Felix Axelsson     | Markbygdens OK | 34.15 |  |

|                         |  |  |  |  |
|-------------------------|--|--|--|--|
| D40 3650 meter 10 start |  |  |  |  |
|-------------------------|--|--|--|--|

|                         |                     |                |         |
|-------------------------|---------------------|----------------|---------|
| 1                       | Pia Johansson       | OK Landehof    | 35.39   |
| 3                       | Marina Axelsson     | Markbygdens OK | 40.11 S |
| H45 5600 meter 25 start |                     |                |         |
| 1                       | Ulrik Olsson        | Brattås CK     | 41.39   |
| 6                       | Per-Anders Axelsson | Markbygdens OK | 57.10 S |
| 19                      | Johan Mars          | Markbygdens OK | 75.25   |

OK Lindena Medel 2014-03-08

|                             |                      |                  |         |
|-----------------------------|----------------------|------------------|---------|
| D16 3400 meter 33 start     |                      |                  |         |
| 1                           | Kerstin Wadman       | Göteborg-Majorna | 27.34   |
| 4                           | Klara Axelsson       | Markbygdens OK   | 31.05   |
| H16 3660 meter 44 start     |                      |                  |         |
| 1                           | Herman Ryen Martinse | Fredrikstad      | 24.29   |
| 18                          | Felix Axelsson       | Markbygdens OK   | 32.54   |
| 23                          | Olle Sörqvist        | Markbygdens OK   | 36.42   |
| H14 3030 meter 26 start     |                      |                  |         |
| 1                           | Simon Harden         | FK Boken         | 19.53   |
| 23                          | Mattis Abrahamsson   | Markbygdens OK   | 59.29   |
| D12 2380 meter 21 start     |                      |                  |         |
| 1                           | Emma Ling            | Jönköpings OK    | 17.39   |
| 10                          | Lisa Åkesson         | Markbygdens OK   | 26.57   |
| 16                          | Erika Åkesson        | Markbygdens OK   | 32.57   |
| D40 3510 meter 23 start     |                      |                  |         |
| 1                           | Maria Ossiansson     | IK Hakarpspojkar | 31.08   |
| 2                           | Marina Axelsson      | Markbygdens OK   | 33.43 G |
| H45 3930 meter 42 start     |                      |                  |         |
| 1                           | Ingvar Åkesson       | IK Hakarpspojkar | 25.34   |
| 22                          | Urban Sörqvist       | Markbygdens OK   | 38.16 B |
| 26                          | Per-Anders Axelsson  | Markbygdens OK   | 43.11   |
| H50 3540 meter 37 start     |                      |                  |         |
| 1                           | Bertil Åkesson       | Markbygdens OK   | 26.02 G |
| H75 2960 meter 16 start     |                      |                  |         |
| 1                           | Torild Bornetun      | Skillingaryds FK | 37.57   |
| 9                           | Lennart Östanbäck    | Markbygdens OK   | 55.31 B |
| Öppen 3 2590 meter 47 start |                      |                  |         |
| 1                           | Ellen Henrysson      | Tibro OK         | 22.23   |
| 4                           | Åsa Dryselius        | Markbygdens OK   | 29.06 B |

Laholms IF OK Lång 2014-03-09

|                         |                    |                  |         |
|-------------------------|--------------------|------------------|---------|
| D16 4570 meter 38 start |                    |                  |         |
| 1                       | Klara Axelsson     | Markbygdens OK   | 39.39   |
| H16 5650 meter 43 start |                    |                  |         |
| 1                       | Hugo Lillieström   | OK Roxen         | 38.17   |
| 16                      | Felix Axelsson     | Markbygdens OK   | 44.38   |
| D40 5290 meter 11 start |                    |                  |         |
| 1                       | Maria Ossiansson   | IK Hakarpspojkar | 49.00   |
| 3                       | Marina Axelsson    | Markbygdens OK   | 57.41 S |
| D50 4110 meter 22 start |                    |                  |         |
| 1                       | Anita Seger-Wehlin | Skogspojkarnas O | 37.17   |
| 11                      | Anne Udd           | Markbygdens OK   | 43.23 S |

H55 5740 meter 29 start  
1 Sixten Westlund OK Tyr 44.45  
23 Tor Udd Markbygdens OK 78.47

Australien Utland 2014-03-09

Öppen 5 2290 meter 7 start  
1 Marie Högstrand Markbygdens OK 35.34

Öppen 6 2390 meter 5 start  
1 Helena Andersson Markbygdens OK 50.34

Frölunda OL När-OL 2014-03-13

Öppen Lång 8000 meter 18 start  
1 Johan Högstrand Markbygdens OK 69.22

OK Silva Lång 2014-03-16

D50 4200 meter 15 start  
1 Britt-Marie Bengtsson FK Åsen 41.18  
3 Anne Udd Markbygdens OK 42.17 G

H55 5580 meter 28 start  
1 Ulf Palmér Ulricehamns OK 38.14  
26 Tor Udd Markbygdens OK 65.32

H65 4690 meter 42 start  
1 Leif Sandgren Frosta OK 38.01  
4 Torgny Pettersson Markbygdens OK 40.56 G

Borås GIF 7-H-M Natt Gemensam 2014-03-20

Herrar Bana 4  
1 Albin Widman IK Ymer 16.31  
6 Stellan Helgesson Markbygdens OK 30.54

D16  
1 Klara Axelsson Markbygdens OK 23.47

D40  
1 Marina Axelsson Markbygdens OK 32.49

H16  
1 Felix Axelsson Markbygdens OK 25.32

H45  
1 Jan Hilding Hestra IF 26.28  
3 Johan Mars Markbygdens OK 29.37  
4 Martin Svensson Markbygdens OK 35.24

H55  
1 Bo Herdersson Markbygdens OK 30.29

Örkelljunga FK Medel 2014-03-22

D60 2660 meter 9 start  
1 Ingela Nelsén Falkenberg OK 25.25  
9 Marita Larsson Markbygdens OK 44.57

H65 3140 meter 24 start  
1 Leif Sandgren Frosta OK 25.29  
2 Torgny Pettersson Markbygdens OK 27.28 G

H70 3070 meter 12 start  
1 Roland Nilsson Falköpings AIK 23.53  
4 Pär-Erik Johansson Markbygdens OK 31.32 S

Öppen 3 2790 meter 21 start  
1 Lars Josefsson Anderstorps OK 29.16  
9 Marita Johansson Markbygdens OK 44.35

Öppen 7 3280 meter 47 start  
1 Jan Lager Halmstad OK 21.26  
36 Lizkulla Pettersson Markbygdens OK 47.19

OK Orion Lång 2014-03-22

Öppen 9 7710 meter 6 start  
1 Johan Högstrand Markbygdens OK 49.00 B

Örkeljunga FK Lång 2014-03-23

D50 4350 meter 8 start  
1 Britt-Marie Stensson Helsingborgs SOK 39.53  
2 Anne Udd Markbygdens OK 41.01 G

H55 5140 meter 19 start  
1 Jan Nilsson Andrarums IF 36.46  
17 Tor Udd Markbygdens OK 54.33 B

D60 3680 meter 11 start  
1 Eva Tykesson Skåneslättens OL 38.34  
9 Marita Larsson Markbygdens OK 60.25

H65 4160 meter 27 start  
1 Leif Sandgren Frosta OK 32.10  
3 Torgny Pettersson Markbygdens OK 37.56 S

H70 3730 meter 28 start  
1 Roland Nilsson Falköpings AIK 33.58  
9 Pär-Erik Johansson Markbygdens OK 44.11 S

Öppen 3 2990 meter 21 start  
1 Malin Persson Helsingborgs SOK 29.54  
10 Marita Johansson Markbygdens OK 46.48

Öppen 7 3020 meter 54 start  
1 Clas Johansson Bredareds IF 25.03  
37 Lizkulla Pettersson Markbygdens OK 46.03

OK Orion Medel 2014-03-23

H21 4730 meter 28 start  
1 Johan Högstrand Markbygdens OK 31.21 G

Falkenberg OK Lång 2014-03-23

H20 7610 meter 5 start  
1 Anton Nilsson OK Tranan 49.34  
2 Pontus Karlsson Markbygdens OK 52.44 G

H18 6480 meter 9 start  
1 Edvin Carlsson Markbygdens OK 47.07 G  
2 Ivar Sörqvist Markbygdens OK 47.46 G

D16 4430 meter 18 start

|  |                     |                  |         |
|--|---------------------|------------------|---------|
| 1  | Klara Axelsson      | Markbygdens OK   | 43.26   |
| 9  | Klara Ask           | Markbygdens OK   | 57.29   |
| H16 5480 meter 8 start                   |                     |                  |         |
| 1  | Olle Josarp         | FK Friskus-Varbe | 44.12   |
| 2  | Felix Axelsson      | Markbygdens OK   | 45.04   |
| 6  | Olle Sörqvist       | Markbygdens OK   | 63.24   |
| H14 4000 meter 15 start                  |                     |                  |         |
| 1  | Adrian Vartia       | OK Löftan        | 34.53   |
| 7  | Axel Åkesson        | Markbygdens OK   | 53.45   |
| D12 3040 meter 11 start                  |                     |                  |         |
| 1  | Lovisa Moqvist      | Lerums SOK       | 28.44   |
| 3  | Lisa Åkesson        | Markbygdens OK   | 30.36   |
| 4  | Erika Åkesson       | Markbygdens OK   | 30.51   |
| D40 4990 meter 10 start                  |                     |                  |         |
| 1  | Marina Axelsson     | Markbygdens OK   | 48.20 G |
| D45 4540 meter 12 start                  |                     |                  |         |
| 1  | Carina Andersson    | FK Friskus-Varbe | 45.35   |
| 8  | Jeanette Sigenstam  | Markbygdens OK   | 60.18 S |
| H45 6530 meter 22 start                  |                     |                  |         |
| 1  | Peter Aronsson      | FK Friskus-Varbe | 52.30   |
| 7  | Fredrik Ask         | Markbygdens OK   | 64.21 S |
| 18                                       | Per-Anders Axelsson | Markbygdens OK   | 81.56   |
| H50 6070 meter 19 start                  |                     |                  |         |
| 1  | Magnus Josefsson    | Sävedalens AIK   | 49.32   |
| 5  | Bertil Åkesson      | Markbygdens OK   | 51.56 G |
| 9  | Bo Herdersson       | Markbygdens OK   | 56.14 S |
| H55 5510 meter 15 start                  |                     |                  |         |
| 1  | Ulf Palmér          | Ulricehamns OK   | 45.37   |
| 3  | Mikael Bodén        | Markbygdens OK   | 52.24 S |
| H70 4050 meter 12 start                  |                     |                  |         |
| 1  | Sören Andersson     | IK Dran          | 42.38   |
| 5  | Rune Arvidsson      | Markbygdens OK   | 53.36 S |
| Öppen 4 4920 meter 2 start               |                     |                  |         |
| 1  | Åsa Dryselius       | Markbygdens OK   | 50.02 B |
| Öppen 5 4000 meter 29 start              |                     |                  |         |
| 1  | Ralf Vidarsson      | OK Nackhe        | 43.46   |
| 15                                       | Jonathan Bodén      | Markbygdens OK   | 76.48   |
| Öppen 7 2970 meter 54 start              |                     |                  |         |
| 1  | Anders Lamm         | Frölunda OL      | 31.42   |
| 15                                       | Hanna Karlsson      | Markbygdens OK   | 41.07 B |
| 26                                       | Jonas Karlsson      | Markbygdens OK   | 46.31   |
| 29                                       | Ronny Ragnarsson    | Markbygdens OK   | 52.06   |
| 33                                       | Sofia Sörqvist      | Markbygdens OK   | 57.06   |
| <u>OK Skogshjortarna Natt 2014-03-29</u> |                     |                  |         |
| H21 Lång 12430 meter 54 start            |                     |                  |         |
| 1  | Johan Högstrand     | Markbygdens OK   | 81.51 G |
| H20 6030 meter 6 start                   |                     |                  |         |
| 1  | Pontus Karlsson     | Markbygdens OK   | 41.26 G |



|         |                     |                  |       |   |
|---------|---------------------|------------------|-------|---|
| H16     | 4430 meter          | 19 start         |       |   |
| 1       | Eero Lapila         | MS Parma         | 33.58 |   |
| 9       | Olle Sörqvist       | Markbygdens OK   | 44.00 |   |
| H45     | 5260 meter          | 14 start         |       |   |
| 1       | Björn Mårtensson    | OK Skogsstjärnan | 41.43 |   |
| 5       | Johan Mars          | Markbygdens OK   | 57.18 | S |
| H60     | 4120 meter          | 12 start         |       |   |
| 1       | Bo Herdersson       | Markbygdens OK   | 42.13 | G |
| H65     | 3670 meter          | 10 start         |       |   |
| 1       | Torgny Pettersson   | Markbygdens OK   | 40.45 | G |
| H70     | 3440 meter          | 15 start         |       |   |
| 1       | Lars Ljungberg      | Trollhättans SOK | 37.59 |   |
| 5       | Rune Arvidsson      | Markbygdens OK   | 46.24 | S |
| 11      | Pär-Erik Johansson  | Markbygdens OK   | 56.16 | B |
| Öppen 4 | 2690 meter          | 5 start          |       |   |
| 1       | Lisa Falk           | Göteborg-Majorna | 31.03 |   |
| 2       | Lizkulla Pettersson | Markbygdens OK   | 39.33 | B |
| Öppen 7 | 3440 meter          | 9 start          |       |   |
| 1       | Bo Kron             | OK Flundrehof    | 40.32 |   |
| 5       | Marie Högstrand     | Markbygdens OK   | 58.13 |   |

Tolereds AIK Medel 2014-03-29

|         |                      |                  |       |   |
|---------|----------------------|------------------|-------|---|
| H21     | 4270 meter           | 44 start         |       |   |
| 1       | Olli Ojanaho         | Ounasvaaran Hiih | 32.20 |   |
| 17      | Simon Larsson        | Markbygdens OK   | 41.24 | S |
| D16     | 3330 meter           | 40 start         |       |   |
| 1       | Vilma Blennow        | Falköpings AIK   | 35.00 |   |
| 9       | Klara Axelsson       | Markbygdens OK   | 49.44 |   |
| H16     | 3390 meter           | 31 start         |       |   |
| 1       | Valtteri Heikkinen   | Vehkalahden Veik | 31.17 |   |
| 5       | Felix Axelsson       | Markbygdens OK   | 33.33 |   |
| D40     | 3520 meter           | 12 start         |       |   |
| 1       | Anna Lövgård         | OK Alehof        | 44.26 |   |
| 5       | Marina Axelsson      | Markbygdens OK   | 54.25 | S |
| H55     | 3520 meter           | 21 start         |       |   |
| 1       | Thomas Sellgren      | Göteborg-Majorna | 36.12 |   |
| 7       | Mikael Bodén         | Markbygdens OK   | 48.31 | S |
| D60     | 2510 meter           | 13 start         |       |   |
| 1       | Ing-Marie Brander-St | nd Göteborg-Majo | 33.35 |   |
| 12      | Marita Larsson       | Markbygdens OK   | 76.52 |   |
| H65     | 3110 meter           | 29 start         |       |   |
| 1       | Carl-Henry Andersson | OK Orinto        | 34.39 |   |
| 14      | Ronny Ragnarsson     | Markbygdens OK   | 52.10 | B |
| 16      | Rolf Hermansson      | Markbygdens OK   | 54.19 |   |
| D70     | 2340 meter           | 10 start         |       |   |
| 1       | Kerstin Johansson    | Markbygdens OK   | 44.59 | G |
| Öppen 5 | 3340 meter           | 59 start         |       |   |
| 1       | Sven-Olof Hermansson | Tuve IF          | 34.50 |   |
| 17      | Helena Andersson     | Markbygdens OK   | 64.58 |   |

Öppen 8 4130 meter 65 start

|   |                     |                  |       |   |
|---|---------------------|------------------|-------|---|
| 1 | Christian Tingström | Göteborg-Majorna | 36.06 |   |
| 5 | Albin Andersson     | Markbygdens OK   | 41.14 | B |

Sjövalla FK Lång 2014-03-30

H21 10330 meter 46 start

|    |               |                  |       |   |
|----|---------------|------------------|-------|---|
| 1  | Erik Öhlund   | Göteborg-Majorna | 66.35 |   |
| 20 | Simon Larsson | Markbygdens OK   | 80.31 | S |

H21 Ko 8150 meter 6 start

|   |                  |                  |       |   |
|---|------------------|------------------|-------|---|
| 1 | Emil Backlund    | Göteborg-Majorna | 68.41 |   |
| 3 | Mikael Bergstedt | Markbygdens OK   | 72.55 | G |

D16 4520 meter 30 start

|   |                |                |       |  |
|---|----------------|----------------|-------|--|
| 1 | Emma Djerf     | Lerums SOK     | 40.35 |  |
| 5 | Klara Axelsson | Markbygdens OK | 47.55 |  |

H16 5590 meter 26 start

|    |                 |                |       |  |
|----|-----------------|----------------|-------|--|
| 1  | Oliwer Lundberg | OK Bävern      | 42.40 |  |
| 10 | Felix Axelsson  | Markbygdens OK | 51.07 |  |
| 19 | Olle Sörqvist   | Markbygdens OK | 67.37 |  |

H14 3900 meter 26 start

|    |                      |                |       |  |
|----|----------------------|----------------|-------|--|
| 1  | Axel Blom            | Frölunda OL    | 35.59 |  |
| 17 | Olle Leibe-Bergstedt | Markbygdens OK | 55.43 |  |

D40 5080 meter 23 start

|   |                 |                |       |   |
|---|-----------------|----------------|-------|---|
| 1 | Ulrika Kindlund | OK Tranan      | 43.40 |   |
| 3 | Marina Axelsson | Markbygdens OK | 47.50 | G |

D50 4070 meter 13 start

|   |                 |                |       |   |
|---|-----------------|----------------|-------|---|
| 1 | Laila B Höglund | FK Herkules    | 40.34 |   |
| 6 | Marie Högstrand | Markbygdens OK | 58.14 | B |

D60 3510 meter 12 start

|   |                      |                  |       |  |
|---|----------------------|------------------|-------|--|
| 1 | Ing-Marie Brander-St | nd Göteborg-Majo | 39.06 |  |
| 9 | Marita Larsson       | Markbygdens OK   | 65.31 |  |

H60 5080 meter 18 start

|    |                 |                |       |   |
|----|-----------------|----------------|-------|---|
| 1  | Bo Herdersson   | Markbygdens OK | 43.43 | G |
| 12 | Håkan Andersson | Markbygdens OK | 60.09 | S |

H65 4550 meter 33 start

|    |                  |                |       |   |
|----|------------------|----------------|-------|---|
| 1  | Olle Adolfsson   | Lerums SOK     | 47.41 |   |
| 14 | Lars-Göran Molin | Markbygdens OK | 57.33 | S |

D70 3050 meter 16 start

|    |                    |                |       |   |
|----|--------------------|----------------|-------|---|
| 1  | Birgitta Stenström | Vänersborgs SK | 44.04 |   |
| 10 | Kerstin Johansson  | Markbygdens OK | 57.56 | S |

H70 3930 meter 29 start

|    |                    |                |       |   |
|----|--------------------|----------------|-------|---|
| 1  | Åke Eckerbom       | IFK Sävsjö     | 40.49 |   |
| 13 | Rune Arvidsson     | Markbygdens OK | 48.20 | S |
| 20 | Pär-Erik Johansson | Markbygdens OK | 55.11 | S |

H75 3580 meter 17 start

|    |                   |                |       |   |
|----|-------------------|----------------|-------|---|
| 1  | Håkan Skogum      | Markbygdens OK | 47.18 | G |
| 13 | Lennart Östanbäck | Markbygdens OK | 76.54 |   |

H80 3050 meter 8 start

|   |                  |                |       |   |
|---|------------------|----------------|-------|---|
| 1 | Leif Edsand      | Sävedalens AIK | 52.12 |   |
| 2 | Bertil Johansson | Markbygdens OK | 52.34 | G |

Inskolning 1360 meter 34 start  
Noah Hedenblom Markbygdens OK Godkänd

Öppen 5 3490 meter 62 start  
1 Carl Forsström Frölunda OL 34.49  
41 Gun-Britt Molin Markbygdens OK 68.12

Öppen 6 6010 meter 18 start  
1 Niklas Larsson IK Uven 57.38  
9 Erik Wallin Markbygdens OK 77.05

Öppen 7 3050 meter 82 start  
1 Mikael Öhgren Sävedalens AIK 26.57  
50 Charlotta Malm Markbygdens OK 53.00  
58 Sofia Sörqvist Markbygdens OK 54.46

Öppen 8 4460 meter 58 start  
1 Daniel Grahn IFK Göteborg 36.07  
36 Magnus Wallin Markbygdens OK 66.48

Tibro OK Natt 2014-04-04

H21 9900 meter 38 start  
1 Erik Martinsson Linköpings OK 62.13  
19 Simon Larsson Markbygdens OK 72.36 S

H18 6180 meter 19 start  
1 Filip Jacobsson Degerfors OK 38.15  
13 Ivar Sörqvist Markbygdens OK 67.35

D16 3910 meter 18 start  
1 Elsa Holmgård Kils OK 30.40  
6 Klara Axelsson Markbygdens OK 35.38

H16 4700 meter 21 start  
1 Felix Axelsson Markbygdens OK 32.01

H14 3510 meter 25 start  
1 Lukas Olm Kils OK 25.21  
21 Petter Leibe-Bergste Markbygdens OK 53.36  
23 Olle Leibe-Bergstedt Markbygdens OK 58.34

H35 7130 meter 2 start  
1 Mikael Bergstedt Markbygdens OK 61.54 G

D40 4300 meter 4 start  
1 Annika Sundström Västerås SOK 44.35  
2 Marina Axelsson Markbygdens OK 45.47 G

H45 6180 meter 25 start  
1 Ulrik Olsson Brattås CK 43.11  
9 Per-Anders Axelsson Markbygdens OK 58.53 S

H65 4080 meter 22 start  
1 Hans-Gösta Bernhard Mariestads FK 37.30  
9 Torgny Pettersson Markbygdens OK 44.15 S  
17 Ronny Ragnarsson Markbygdens OK 53.57 B

Öppen 5 3480 meter 19 start  
1 Ida Hedin Kils OK 29.55  
4 Jeanette Sigenstam Markbygdens OK 35.18 B  
19 Lizkulla Pettersson Markbygdens OK 63.11

Tibro OK Lång 2014-04-05

|         |                         |                  |       |   |
|---------|-------------------------|------------------|-------|---|
| H21     | 11200 meter 65 start    |                  |       |   |
|         | 1 Olle Kalered          | OK Denseln       | 62.54 |   |
|         | 16 Pontus Karlsson      | Markbygdens OK   | 73.00 | S |
| H18     | 6790 meter 17 start     |                  |       |   |
|         | 1 Filip Karlsson        | IF Hagen         | 41.03 |   |
|         | 3 Ivar Sörqvist         | Markbygdens OK   | 45.53 | G |
|         | 15 Edvin Carlsson       | Markbygdens OK   | 62.38 | B |
| D16     | 4570 meter 40 start     |                  |       |   |
|         | 1 Sanna Fasth           | Eksjö SOK        | 34.17 |   |
|         | 15 Klara Axelsson       | Markbygdens OK   | 44.26 |   |
|         | 17 Klara Ask            | Markbygdens OK   | 46.40 |   |
| H16     | 5840 meter 31 start     |                  |       |   |
|         | 1 Elias Bäcklund-Ekval  | Trollhättans SOK | 37.44 |   |
|         | 3 Felix Axelsson        | Markbygdens OK   | 43.38 |   |
|         | 27 Olle Sörqvist        | Markbygdens OK   | 71.20 |   |
| H14     | 4350 meter 30 start     |                  |       |   |
|         | 27 Olle Sörqvist        | Markbygdens OK   | 71.20 |   |
|         | 26 Petter Leibe-Bergste | Markbygdens OK   | 59.29 |   |
| D40     | 4580 meter 15 start     |                  |       |   |
|         | 1 Linn Nilsson          | OK Tyr           | 38.58 |   |
|         | 4 Marina Axelsson       | Markbygdens OK   | 47.27 | S |
| D45     | 4580 meter 36 start     |                  |       |   |
|         | 1 Jenny Nyman           | Vänersborgs SK   | 40.44 |   |
|         | 16 Jeanette Sigenstam   | Markbygdens OK   | 55.22 | S |
| H45     | 6810 meter 46 start     |                  |       |   |
|         | 1 Per Jansson           | OK Djerf         | 46.24 |   |
|         | 23 Fredrik Ask          | Markbygdens OK   | 66.42 | B |
|         | 33 Per-Anders Axelsson  | Markbygdens OK   | 78.43 |   |
| H55     | 5790 meter 27 start     |                  |       |   |
|         | 1 Sixten Westlund       | OK Tyr           | 44.22 |   |
|         | 25 Lars Eriksson        | Markbygdens OK   | 82.02 |   |
| D60     | 3740 meter 19 start     |                  |       |   |
|         | 1 Britt-Marie Larsson   | SOK 68           | 37.48 |   |
|         | 19 Marita Larsson       | Markbygdens OK   | 66.39 |   |
| H60     | 5240 meter 37 start     |                  |       |   |
|         | 1 Olov Öström           | OK Tyr           | 40.55 |   |
|         | 23 Håkan Andersson      | Markbygdens OK   | 66.19 |   |
| H65     | 4520 meter 40 start     |                  |       |   |
|         | 1 Stefan G Larsson      | OK Njudung       | 36.43 |   |
|         | 4 Torgny Pettersson     | Markbygdens OK   | 38.51 | G |
|         | 37 Ronny Ragnarsson     | Markbygdens OK   | 73.13 |   |
| H70     | 4130 meter 41 start     |                  |       |   |
|         | 1 Lars Finbom           | OK Landehof      | 38.57 |   |
|         | 27 Pär-Erik Johansson   | Markbygdens OK   | 65.04 |   |
| H75     | 3740 meter 21 start     |                  |       |   |
|         | 1 Tord Lidström         | Hagaby GOIF      | 39.28 |   |
|         | 17 Lennart Östanbäck    | Markbygdens OK   | 56.41 | B |
| Öppen 3 | 3110 meter 22 start     |                  |       |   |

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Arvid Karlsson  | SOK Träff      | 28.33 |
| 7 | Ulla Ragnarsson | Markbygdens OK | 46.49 |

Öppen 7 4110 meter 58 start

|    |                     |                |        |
|----|---------------------|----------------|--------|
| 1  | Sebastian Agerhäll  | OK Tisaren     | 34.20  |
| 10 | Anne Hansson        | Markbygdens OK | 46.41  |
| 12 | Tove Udd            | Markbygdens OK | 47.56  |
| 14 | Anne Udd            | Markbygdens OK | 48.46  |
| 58 | Lizkulla Pettersson | Markbygdens OK | 104.15 |

Öppen 9 7250 meter 7 start

|   |                |                |       |
|---|----------------|----------------|-------|
| 1 | Martin Regborn | Hagaby GOIF    | 45.47 |
| 4 | Joel Udd       | Markbygdens OK | 67.34 |

Tibro OK Medel 2014-04-06

H21 4890 meter 72 start

|    |               |                  |         |
|----|---------------|------------------|---------|
| 1  | Toni Saari    | Vaajakosken Terä | 26.24   |
| 19 | Simon Larsson | Markbygdens OK   | 32.40 S |

H18 4540 meter 17 start

|   |                 |                |         |
|---|-----------------|----------------|---------|
| 1 | Filip Jacobsson | Degerfors OK   | 30.43   |
| 8 | Ivar Sörqvist   | Markbygdens OK | 46.46 B |

D16 3710 meter 31 start

|   |                  |                  |       |
|---|------------------|------------------|-------|
| 1 | Hanna Mårtensson | OK Skogsstjärnan | 30.28 |
| 4 | Klara Axelsson   | Markbygdens OK   | 35.03 |

H16 3980 meter 21 start

|    |                      |                  |       |
|----|----------------------|------------------|-------|
| 1  | Elias Bäcklund-Ekval | Trollhättans SOK | 27.18 |
| 2  | Felix Axelsson       | Markbygdens OK   | 27.32 |
| 15 | Olle Sörqvist        | Markbygdens OK   | 39.24 |

H14 3490 meter 30 start

|    |                      |                |       |
|----|----------------------|----------------|-------|
| 1  | Lukas Olm            | Kils OK        | 25.50 |
| 21 | Petter Leibe-Bergste | Markbygdens OK | 43.07 |
| 26 | Olle Leibe-Bergstedt | Markbygdens OK | 46.58 |

D40 3410 meter 16 start

|   |                 |                |         |
|---|-----------------|----------------|---------|
| 1 | Linn Nilsson    | OK Tyr         | 30.05   |
| 2 | Marina Axelsson | Markbygdens OK | 32.09 G |

D45 3030 meter 38 start

|    |                    |                |       |
|----|--------------------|----------------|-------|
| 1  | Jenny Nyman        | Vänersborgs SK | 26.02 |
| 24 | Jeanette Sigenstam | Markbygdens OK | 43.48 |

H45 3880 meter 51 start

|    |                  |                |         |
|----|------------------|----------------|---------|
| 1  | Jan Olm          | Kils OK        | 26.41   |
| 13 | Mikael Bergstedt | Markbygdens OK | 35.04 S |
| 21 | Fredrik Ask      | Markbygdens OK | 38.43 B |

D60 2580 meter 22 start

|    |                |                |         |
|----|----------------|----------------|---------|
| 1  | Mona Forsberg  | Hagaby GOIF    | 30.37   |
| 18 | Marita Larsson | Markbygdens OK | 46.12 B |

H65 3030 meter 41 start

|    |                   |                |         |
|----|-------------------|----------------|---------|
| 1  | Ingvar Bergman    | OK Tranan      | 26.51   |
| 19 | Torgny Pettersson | Markbygdens OK | 37.18 S |
| 35 | Ronny Ragnarsson  | Markbygdens OK | 53.57   |

H70 2800 meter 48 start

|    |                    |                  |         |
|----|--------------------|------------------|---------|
| 1  | Kalle Johansson    | OK Skogshjortarn | 26.16   |
| 24 | Pär-Erik Johansson | Markbygdens OK   | 40.14 B |

|                                     |                      |                  |       |   |
|-------------------------------------|----------------------|------------------|-------|---|
| H75                                 | 2620 meter           | 18 start         |       |   |
| 1                                   | Roland Karlsson      | Ronneby OK       | 25.30 |   |
| 9                                   | Lennart Östanbäck    | Markbygdens OK   | 44.35 |   |
| Öppen 3                             | 2620 meter           | 15 start         |       |   |
| 1                                   | Josefine Jansen      | Främmestads IK   | 36.51 |   |
| 7                                   | Ulla Ragnarsson      | Markbygdens OK   | 43.54 | B |
| Öppen 5                             | 2950 meter           | 47 start         |       |   |
| 1                                   | Annika Leufvén       | Åmåls OK         | 30.30 |   |
| 1                                   | Stefan Olsson        | IF Hagen         | 30.30 |   |
| 35                                  | Lizkulla Pettersson  | Markbygdens OK   | 62.34 |   |
| <u>Nybro OK Lång 2014-04-06</u>     |                      |                  |       |   |
| H55                                 | 5540 meter           | 14 start         |       |   |
| 1                                   | Håkan Lindberg       | OK Vilse 87      | 43.48 |   |
| 7                                   | Mikael Bodén         | Markbygdens OK   | 54.14 | S |
| Öppen 5                             | 3200 meter           | 55 start         |       |   |
| 1                                   | Johan Eveborn        | SOK Viljan       | 25.08 |   |
| 47                                  | Jonathan Bodén       | Markbygdens OK   | 56.04 |   |
| <u>Frosta OK Lång 2014-04-06</u>    |                      |                  |       |   |
| D50                                 | 3440 meter           | 8 start          |       |   |
| 1                                   | Ingrid Johansson     | Laholms IF OK    | 31.29 |   |
| 3                                   | Anne Udd             | Markbygdens OK   | 34.15 | G |
| H55                                 | 3480 meter           | 10 start         |       |   |
| 1                                   | Björn Karlsson       | Halmstad OK      | 30.05 |   |
| 6                                   | Tor Udd              | Markbygdens OK   | 37.08 | S |
| <u>FK Herkules Medel 2014-04-06</u> |                      |                  |       |   |
| H21                                 | 4560 meter           | 65 start         |       |   |
| 1                                   | Johan Högstrand      | Markbygdens OK   | 26.37 | G |
| D20                                 | 3590 meter           | 9 start          |       |   |
| 1                                   | Elin Classon         | OK Orinto        | 30.37 |   |
| 6                                   | Josefin Andersson    | Markbygdens OK   | 35.39 | S |
| H20                                 | 3520 meter           | 16 start         |       |   |
| 1                                   | Gustaf Sparrevik     | IK Hakarpspojkar | 22.25 |   |
| 2                                   | Pontus Karlsson      | Markbygdens OK   | 23.32 | G |
| D18                                 | 3580 meter           | 5 start          |       |   |
| 1                                   | Elin Pettersson      | IFK Göteborg     | 31.05 |   |
| 3                                   | Hanna Karlsson       | Markbygdens OK   | 36.06 | S |
| H45                                 | 4070 meter           | 38 start         |       |   |
| 1                                   | Odd Wallum           | Sävedalens AIK   | 27.32 |   |
| 11                                  | Martin Svensson      | Markbygdens OK   | 35.40 | S |
| H60                                 | 3550 meter           | 22 start         |       |   |
| 1                                   | Bo Herdersson        | Markbygdens OK   | 31.03 | G |
| H65                                 | 3040 meter           | 33 start         |       |   |
| 1                                   | Carl-Henry Andersson | OK Orinto        | 28.04 |   |
| 12                                  | Lars-Göran Molin     | Markbygdens OK   | 36.18 | S |
| H70                                 | 3100 meter           | 27 start         |       |   |
| 1                                   | Sören Andersson      | IK Dran          | 29.41 |   |
| 12                                  | Rune Arvidsson       | Markbygdens OK   | 39.46 | S |

H80 2520 meter 8 start  
1 Bertil Johansson Markbygdens OK 33.13 G

U1 2050 meter 68 start  
1 Viktor Järnkull Tolered-Utby Ol- 15.02  
62 William Björnbecker Markbygdens OK 47.55

Öppen 3 2930 meter 48 start  
1 Johan Siggesson OK Tyr 28.30  
30 Stellan Helgesson Markbygdens OK 48.53  
35 Agneta Wallin Markbygdens OK 55.10

Öppen 5 3500 meter 88 start  
1 Håkan Flingmark Uddevalla OK 28.39  
74 Tilde Johansson Markbygdens OK 68.48  
75 Ingrid Breлинд Markbygdens OK 68.56

Öppen 7 3060 meter 81 start  
1 Jonas Lundberg Göteborg-Majorna 22.32  
35 Kristin Hansson Markbygdens OK 36.41  
36 Marie Högstrand Markbygdens OK 37.17  
46 Charlotta Malm Markbygdens OK 40.26  
63 Helena Andersson Markbygdens OK 49.25

Öppen 8 4510 meter 99 start  
1 Erik Classon OK Orinto 29.39  
26 Martin Andersson Markbygdens OK 47.28  
41 Erik Wallin Markbygdens OK 52.41  
69 Magnus Wallin Markbygdens OK 61.21

Öppen 10 2020 meter 17 start  
1 Frida Björklund Sjövalla FK 24.50  
13 Gun-Britt Molin Markbygdens OK 43.00

OK Mark När-OL 2014-04-08

Öppen 3 4 start  
1 Petter Leibe-Bergste Markbygdens OK 26.27  
2 Elving Lomander Markbygdens OK 61.53

Öppen 4 2 start  
1 Helena Blomqvist Markbygdens OK 49.01  
2 Åsa Dryselius Markbygdens OK 55.11

Öppen 5 8 start  
1 Elin Högstrand Markbygdens OK 34.45  
2 Jeanette Sigenstam Markbygdens OK 39.20  
3 Jonas Karlsson Markbygdens OK 41.52  
4 Ronny Ragnarsson Markbygdens OK 52.16  
5 Håkan Skogum Markbygdens OK 52.29  
6 Olle Leibe-Bergstedt Markbygdens OK 59.39

Sigtuna OK SM Natt 2014-04-12

H21 14080 meter 120 start  
1 Karl Walheim Ärla IF 83.33  
2 Johan Högstrand Markbygdens OK 83.35 G

D20 7180 meter 47 start  
1 Josefine Klintberg Eksjö SOK 57.39  
23 Elin Högstrand Markbygdens OK 72.46 S

OK Tranan Medel 2014-04-12

|       |                     |                  |         |
|-------|---------------------|------------------|---------|
| <hr/> |                     |                  |         |
| D21   | 3840 meter 10 start |                  |         |
| 1     | Carina Svensson     | Bredaryds SOK    | 28.13   |
| 7     | Anne Hansson        | Markbygdens OK   | 34.09 S |
| H21   | 4890 meter 21 start |                  |         |
| 1     | Mattias Carlsson    | IK Trenne        | 28.33   |
| 4     | Albin Andersson     | Markbygdens OK   | 30.50 G |
| D18   | 3190 meter 5 start  |                  |         |
| 1     | Hanna Karlsson      | Markbygdens OK   | 25.38 G |
| H18   | 3840 meter 5 start  |                  |         |
| 1     | Ivar Sörqvist       | Markbygdens OK   | 23.13 G |
| D16   | 3260 meter 10 start |                  |         |
| 1     | Klara Axelsson      | Markbygdens OK   | 23.27   |
| 4     | Klara Ask           | Markbygdens OK   | 31.01   |
| H16   | 3260 meter 15 start |                  |         |
| 1     | Victor Helgesson    | Hestra IF        | 20.45   |
| 2     | Felix Axelsson      | Markbygdens OK   | 21.24   |
| 7     | Olle Sörqvist       | Markbygdens OK   | 26.09   |
| 11    | Axel Lomander       | Markbygdens OK   | 28.03   |
| H14   | 2990 meter 18 start |                  |         |
| 1     | Marcus Carlsson     | IF Hagen         | 20.22   |
| 11    | Hugo Lomander       | Markbygdens OK   | 33.27   |
| 13    | Axel Åkesson        | Markbygdens OK   | 34.35   |
| 18    | Mattis Abrahamsson  | Markbygdens OK   | 56.02   |
| D12   | 2440 meter 16 start |                  |         |
| 1     | Hilda Holmqvist     | Johansson IK     | 16.03   |
| 3     | Lisa Åkesson        | Markbygdens OK   | 19.11   |
| 8     | Erika Åkesson       | Markbygdens OK   | 23.20   |
| H12   | 2440 meter 19 start |                  |         |
| 1     | Anton Gunnarsson    | Bredaryds SOK    | 15.34   |
| 9     | Anton Blomqvist     | Markbygdens OK   | 21.09   |
| D40   | 3190 meter 13 start |                  |         |
| 1     | Helena Bååth        | Hestra IF        | 23.59   |
| 3     | Marina Axelsson     | Markbygdens OK   | 26.11 G |
| H40   | 3840 meter 11 start |                  |         |
| 1     | Markus Olin         | IK Hakarpspojkar | 23.51   |
| 10    | Johan Lundblad      | Markbygdens OK   | 38.10   |
| D45   | 3190 meter 9 start  |                  |         |
| 1     | Marie Olsson        | Tibro OK         | 25.41   |
| 7     | Jeanette Sigenstam  | Markbygdens OK   | 38.30 B |
| H45   | 3840 meter 25 start |                  |         |
| 1     | Ingvar Åkesson      | IK Hakarpspojkar | 21.01   |
| 12    | Fredrik Ask         | Markbygdens OK   | 30.28 S |
| 13    | Per-Anders Axelsson | Markbygdens OK   | 30.36 S |
| H50   | 3490 meter 17 start |                  |         |
| 1     | Bertil Åkesson      | Markbygdens OK   | 22.53 G |
| H55   | 3190 meter 13 start |                  |         |
| 1     | Kurt Svensson       | IK Hakarpspojkar | 21.45   |
| 12    | Lars Eriksson       | Markbygdens OK   | 36.01   |



|            |                     |                  |         |   |
|------------|---------------------|------------------|---------|---|
| D60        | 2550 meter          | 8 start          |         |   |
| 1          | Margareta Johansson | Halmstad OK      | 28.24   |   |
| 7          | Marita Larsson      | Markbygdens OK   | 49.30   |   |
| H60        | 2940 meter          | 15 start         |         |   |
| 1          | Kenneth Waltersson  | Bredaryds SOK    | 20.34   |   |
| 8          | Torgny Pettersson   | Markbygdens OK   | 28.02   | S |
| 9          | Håkan Andersson     | Markbygdens OK   | 28.13   | S |
| H65        | 2940 meter          | 26 start         |         |   |
| 1          | Håkan Winnberg      | IK Trenne        | 23.07   |   |
| 9          | Lars-Göran Molin    | Markbygdens OK   | 27.54   | S |
| 12         | Rolf Hermansson     | Markbygdens OK   | 28.59   | S |
| 21         | Ronny Ragnarsson    | Markbygdens OK   | 32.52   | S |
| H70        | 2690 meter          | 26 start         |         |   |
| 1          | Lars-Åke Claesson   | Skillingaryds FK | 22.49   |   |
| 11         | Pär-Erik Johansson  | Markbygdens OK   | 28.37   | S |
| H75        | 2690 meter          | 16 start         |         |   |
| 1          | Stig Fransson       | OK Stigen        | 29.46   |   |
| 13         | Stellan Helgesson   | Markbygdens OK   | 48.38   |   |
| H80        | 2280 meter          | 3 start          |         |   |
| 1          | Sven-Erik Lund      | Anderstorps OK   | 24.45   |   |
| 2          | Bertil Johansson    | Markbygdens OK   | 31.08   | S |
| Inskolning | 1620 meter          | 21 start         |         |   |
|            | Elin Blomqvist      | Markbygdens OK   | Godkänd |   |
| U2         | 2530 meter          | 11 start         |         |   |
| 1          | Albin Genberg       | Ulricehamns OK   | 31.21   |   |
| 6          | Elving Lomander     | Markbygdens OK   | 40.31   |   |
| Öppen 1    | 2530 meter          | 8 start          |         |   |
| 1          | Tina Waltersson     | Ulricehamns OK   | 34.04   |   |
| 2          | Marcus Ragnarsson   | Markbygdens OK   | 35.03   | B |
| Öppen 3    | 2950 meter          | 28 start         |         |   |
| 1          | Hanna Dahlberg      | Bredaryds SOK    | 27.52   |   |
| 6          | Åsa Dryselius       | Markbygdens OK   | 33.57   | B |
| 18         | Marita Johansson    | Markbygdens OK   | 44.03   |   |
| Öppen 5    | 3460 meter          | 36 start         |         |   |
| 1          | Johan Blomdahl      | IK Hakarpspojkar | 23.29   |   |
| 3          | Helena Blomqvist    | Markbygdens OK   | 32.30   |   |
| Öppen 7    | 2690 meter          | 39 start         |         |   |
| 1          | Stefan Nordin       | Ulricehamns OK   | 20.47   |   |
| 26         | Helena Andersson    | Markbygdens OK   | 40.08   |   |
| 34         | Jörgen Frisk        | Markbygdens OK   | 46.27   |   |
| Öppen 8    | 4340 meter          | 27 start         |         |   |
| 1          | Peder Hallberg      | IK Ymer          | 30.33   |   |
| 10         | Jonas Karlsson      | Markbygdens OK   | 38.27   | B |
| 13         | Niklas Frisk        | Markbygdens OK   | 41.21   |   |
| 18         | Martin Udd          | Markbygdens OK   | 47.30   |   |

Lerums SOK Lång 2014-04-12

|     |                   |                  |       |   |
|-----|-------------------|------------------|-------|---|
| H21 | 10030 meter       | 49 start         |       |   |
| 1   | Andreas Johansson | Göteborg-Majorna | 72.01 |   |
| 33  | Mikael Bergstedt  | Markbygdens OK   | 94.41 | S |

|         |                      |                  |       |   |
|---------|----------------------|------------------|-------|---|
| H14     | 3940 meter           | 22 start         |       |   |
| 1       | Martin Lamm          | Frölunda OL      | 34.04 |   |
| 7       | Olle Leibe-Bergstedt | Markbygdens OK   | 44.24 |   |
| 12      | Petter Leibe-Bergste | Markbygdens OK   | 48.28 |   |
| H75     | 3470 meter           | 8 start          |       |   |
| 1       | Ingemar Alfredsson   | IK Uven          | 44.00 |   |
| 7       | Lennart Östanbäck    | Markbygdens OK   | 64.08 | B |
| Öppen 6 | 5930 meter           | 14 start         |       |   |
| 1       | Mikael Kuhlin        | Göteborg-Majorna | 60.04 |   |
| 5       | Martin Andersson     | Markbygdens OK   | 75.33 | B |
| Öppen 7 | 3010 meter           | 47 start         |       |   |
| 1       | Erik Råberg          | OK Landehof      | 25.40 |   |
| 16      | Tove Udd             | Markbygdens OK   | 42.35 |   |

#### Gudhems IF Medel 2014-04-13

|         |                      |                  |       |   |
|---------|----------------------|------------------|-------|---|
| H14     | 3290 meter           | 28 start         |       |   |
| 1       | Axel Olsson          | OK Skogsstjärnan | 20.20 |   |
| 14      | Axel Åkesson         | Markbygdens OK   | 27.46 |   |
| H50     | 4180 meter           | 23 start         |       |   |
| 1       | Peter Lillen Nilsson | OK Tranan        | 24.53 |   |
| 4       | Bertil Åkesson       | Markbygdens OK   | 26.55 | G |
| H55     | 3970 meter           | 18 start         |       |   |
| 1       | Owe Törnroth         | Hjobygdens OK    | 27.07 |   |
| 17      | Lars Eriksson        | Markbygdens OK   | 40.40 | B |
| H60     | 3680 meter           | 36 start         |       |   |
| 1       | Jan-Åke Sörliklev    | Trollhättans SOK | 26.21 |   |
| 7       | Håkan Andersson      | Markbygdens OK   | 30.20 | S |
| H70     | 3380 meter           | 39 start         |       |   |
| 1       | Lars-Åke Claesson    | Skillingaryds FK | 25.23 |   |
| 16      | Pär-Erik Johansson   | Markbygdens OK   | 34.10 | S |
| Öppen 3 | 2470 meter           | 53 start         |       |   |
| 1       | Linus Iseborn        | Främmestads IK   | 16.36 |   |
| 14      | Marita Johansson     | Markbygdens OK   | 31.38 |   |

#### Sävedalens AIK Medel 2014-04-13

|     |                 |                |       |   |
|-----|-----------------|----------------|-------|---|
| H21 | 4560 meter      | 49 start       |       |   |
| 1   | Johan Högstrand | Markbygdens OK | 33.06 | G |
| 33  | Simon Larsson   | Markbygdens OK | 51.14 |   |
| H20 | 3520 meter      | 7 start        |       |   |
| 1   | Pontus Karlsson | Markbygdens OK | 34.23 | G |
| H18 | 3520 meter      | 9 start        |       |   |
| 1   | Ivar Sörqvist   | Markbygdens OK | 32.04 | G |
| 4   | Edvin Carlsson  | Markbygdens OK | 44.10 | S |
| D16 | 3350 meter      | 24 start       |       |   |
| 1   | Klara Djerf     | Lerums SOK     | 34.53 |   |
| 2   | Klara Axelsson  | Markbygdens OK | 35.42 |   |
| H16 | 3350 meter      | 20 start       |       |   |
| 1   | Otto Stuhlhofer | OK Landehof    | 27.49 |   |
| 5   | Felix Axelsson  | Markbygdens OK | 32.45 |   |
| 16  | Olle Sörqvist   | Markbygdens OK | 39.43 |   |

D40 3560 meter 18 start  
 1 Åsa Nordberg Göteborg-Majorna 39.38  
 5 Marina Axelsson Markbygdens OK 47.40 S

H45 3930 meter 21 start  
 1 Hans Lundgren IK Hakarpspojkar 37.28  
 13 Per-Anders Axelsson Markbygdens OK 62.59

D60 2280 meter 11 start  
 1 Ing-Marie Brander Göteborg-Majorna 31.51  
 9 Ingrid Breлинд Markbygdens OK 68.14  
 10 Marita Larsson Markbygdens OK 73.23

H60 3470 meter 14 start  
 1 Bo Herdersson Markbygdens OK 37.34 G

H75 2340 meter 6 start  
 1 Göran Olofsson Fjärås AIK 37.25  
 4 Lennart Östanbäck Markbygdens OK 53.20 B

Öppen 8 4530 meter 52 start  
 1 Robbie Anderson Göteborg-Majorna 40.01  
 17 Malin Persson Markbygdens OK 59.58  
 18 Anders Lundell Markbygdens OK 60.13

IK Gandvik Natt 2014-04-17

H21 Kort 8110 meter 4 start  
 1 Mikael Bergstedt Markbygdens OK 75.14 G

H16 5180 meter 22 start  
 1 Elias Bäcklund-Ekval Trollhättans SOK 37.59  
 11 Felix Axelsson Markbygdens OK 44.17

D16 4450 meter 13 start  
 1 Klara Axelsson Markbygdens OK 34.52

D40 4420 meter 6 start  
 1 Marina Axelsson Markbygdens OK 46.55 G

H45 6060 meter 23 start  
 1 Jan Hilding Hestra IF 47.18  
 13 Johan Mars Markbygdens OK 65.46 S  
 15 Per-Anders Axelsson Markbygdens OK 67.35 B

FK Friskus Medel 2014-04-18

H20 4180 meter 4 start  
 1 Pontus Karlsson Markbygdens OK 25.15 G

D18 3490 meter 6 start  
 1 Emma Nilsson OK Tranan 24.41  
 4 Hanna Karlsson Markbygdens OK 39.44

H18 3910 meter 8 start  
 1 Andreas Petersson Burseryds IF 24.08  
 2 Ivar Sörqvist Markbygdens OK 24.30 G

H60 3270 meter 11 start  
 1 Bo Herdersson Markbygdens OK 22.56 G

H65 3000 meter 24 start  
 1 Håkan Winnberg IK Trenne 21.30

|    |                    |                |       |   |
|----|--------------------|----------------|-------|---|
| 7  | Rolf Hermansson    | Markbygdens OK | 24.42 | S |
| 10 | Lars-Göran Molin   | Markbygdens OK | 25.47 | S |
| 14 | Per-Olof Andersson | Markbygdens OK | 29.40 | S |

H75 2710 meter 8 start

|   |                |                |       |   |
|---|----------------|----------------|-------|---|
| 1 | Ernie Broström | Halmstad OK    | 24.01 |   |
| 2 | Håkan Skogum   | Markbygdens OK | 24.40 | G |

H80 2670 meter 4 start

|   |                  |                |       |   |
|---|------------------|----------------|-------|---|
| 1 | Bertil Johansson | Markbygdens OK | 34.21 | G |
|---|------------------|----------------|-------|---|

Öppen 7 3000 meter 54 start

|    |                 |                |       |  |
|----|-----------------|----------------|-------|--|
| 1  | Stefan Nordin   | Ulricehamns OK | 19.11 |  |
| 47 | Gun-Britt Molin | Markbygdens OK | 43.57 |  |

Öppen 8 4700 meter 40 start

|    |               |                |       |  |
|----|---------------|----------------|-------|--|
| 1  | Sven Granfors | OK Landehof    | 30.59 |  |
| 30 | Magnus Wallin | Markbygdens OK | 45.58 |  |

IK Gandvik Sprint 2014-04-18

D16 2310 meter 21 start

|   |                |                |       |  |
|---|----------------|----------------|-------|--|
| 1 | Jonna Fors     | OK Grip        | 13.45 |  |
| 8 | Klara Axelsson | Markbygdens OK | 14.53 |  |

H16 2540 meter 25 start

|   |                |                |       |  |
|---|----------------|----------------|-------|--|
| 1 | Elias Jonsson  | Nydalens SK    | 13.22 |  |
| 3 | Felix Axelsson | Markbygdens OK | 13.39 |  |

D40 2350 meter 11 start

|   |                  |                  |       |  |
|---|------------------|------------------|-------|--|
| 1 | Maria Ossiansson | IK Hakarpspojkar | 16.18 |  |
| 2 | Marina Axelsson  | Markbygdens OK   | 16.26 |  |

H45 2520 meter 22 start

|    |                     |                  |       |  |
|----|---------------------|------------------|-------|--|
| 1  | Björn Mårtensson    | OK Skogsstjärnan | 13.31 |  |
| 20 | Per-Anders Axelsson | Markbygdens OK   | 17.30 |  |

H60 2360 meter 5 start

|   |                 |                |       |  |
|---|-----------------|----------------|-------|--|
| 1 | Kjell Nero      | Nässjö OK      | 16.02 |  |
| 2 | Håkan Andersson | Markbygdens OK | 16.19 |  |

U2 1690 meter 22 start

|    |                   |                |       |  |
|----|-------------------|----------------|-------|--|
| 1  | Tove den Braver   | OK Gränsen     | 11.22 |  |
| 13 | Albin S Andersson | Markbygdens OK | 18.35 |  |

Främmestads IK OK Kullingshof Lång 2014-04-19

H21 Elit 13450 meter 19 start

|    |                 |                |       |   |
|----|-----------------|----------------|-------|---|
| 1  | Henrik Laas     | IFK Göteborg   | 82.02 |   |
| 12 | Albin Andersson | Markbygdens OK | 94.04 | S |

H21 9580 meter 40 start

|   |               |                |       |   |
|---|---------------|----------------|-------|---|
| 1 | Erik Classon  | OK Orinto      | 60.24 |   |
| 5 | Simon Larsson | Markbygdens OK | 67.30 | S |

D16 4460 meter 30 start

|   |                  |                  |       |  |
|---|------------------|------------------|-------|--|
| 1 | Hanna Mårtensson | OK Skogsstjärnan | 36.20 |  |
| 4 | Klara Axelsson   | Markbygdens OK   | 38.24 |  |

H16 5390 meter 32 start

|    |                 |                |       |  |
|----|-----------------|----------------|-------|--|
| 1  | Otto Stuhlhofer | OK Landehof    | 34.39 |  |
| 3  | Felix Axelsson  | Markbygdens OK | 36.16 |  |
| 17 | Olle Sörqvist   | Markbygdens OK | 44.14 |  |

D40 5050 meter 23 start  
17 Olle Sörqvist Markbygdens OK 44.14 S  
7 Marina Axelsson Markbygdens OK 42.30 S

D45 4370 meter 32 start  
1 Jenny Nyman Vänersborgs SK 32.52  
31 Helena Andersson Markbygdens OK 71.20

H45 6360 meter 60 start  
1 Tore Bjørnerød OK Moss 39.02  
49 Per-Anders Axelsson Markbygdens OK 60.00 B

Öppen 8 4220 meter 04 start  
1 Mattias Johansson Stångenäs AIS 29.01  
14 Anders Lundell Markbygdens OK 36.58 B  
37 Niclas Andersson Markbygdens OK 43.25

FK Boken Lång 2014-04-19

D21 6730 meter 16 start  
1 Monika Depta OK Pan-Kristians 48.38  
16 Tove Udd Markbygdens OK 85.52

H21 9640 meter 19 start  
1 Mikael Kristensson Leksands OK 50.45  
19 Joel Udd Markbygdens OK 94.45

D50 4190 meter 20 start  
1 Britt-Marie Stensson Helsingborgs SOK 38.43  
2 Anne Udd Markbygdens OK 40.29 G

H55 5600 meter 18 start  
1 Mats Brorsson Tockarps IK 38.57  
15 Tor Udd Markbygdens OK 67.44

H65 4800 meter 29 start  
1 Agne Bengtsson OK Kompassen 37.08  
3 Torgny Pettersson Markbygdens OK 42.54 S

OK Nackhe Lång 2014-04-19

H21 9300 meter 24 start  
1 Ola Skepp Sävedalens AIK 57.32  
12 Simon Skogman Markbygdens OK 66.18 S

H14 3670 meter 12 start  
1 Tim Johansson FK Friskus-Varbe 32.06  
5 Axel Åkesson Markbygdens OK 37.17

D12 2940 meter 14 start  
1 Emma Ling Jönköpings OK 24.40  
4 Lisa Åkesson Markbygdens OK 31.22  
6 Erika Åkesson Markbygdens OK 34.23

H45 6520 meter 14 start  
1 Ingvar Åkesson IK Hakarpspojkar 40.33  
6 Martin Svensson Markbygdens OK 55.10 S

H50 6100 meter 11 start  
1 Ulf Magnusson Leksands OK 41.57  
2 Bertil Åkesson Markbygdens OK 45.44 G

H65 4370 meter 19 start  
1 Håkan Winnberg IK Trenne 34.20

|                             |                   |                  |       |   |
|-----------------------------|-------------------|------------------|-------|---|
| 13                          | Ronny Ragnarsson  | Markbygdens OK   | 49.56 | B |
| D70 3030 meter 8 start      |                   |                  |       |   |
| 1                           | Gunnel Svensson   | IK Ymer          | 33.33 |   |
| 4                           | Kerstin Johansson | Markbygdens OK   | 38.00 | S |
| H70 3780 meter 12 start     |                   |                  |       |   |
| 1                           | Gösta Lindqvist   | OK Löftan        | 39.23 |   |
| 11                          | Stig Johansson    | Markbygdens OK   | 61.02 |   |
| H75 3430 meter 8 start      |                   |                  |       |   |
| 1                           | Lennart Bernhed   | Tolered-Utby Ol- | 35.45 |   |
| 6                           | Stellan Helgesson | Markbygdens OK   | 51.25 | B |
| D80 2550 meter 3 start      |                   |                  |       |   |
| 1                           | Bernice Antonsson | FK Friskus-Varbe | 40.02 |   |
| 3                           | Gunvor Håkansson  | Markbygdens OK   | 45.49 | S |
| Öppen 4 4300 meter 15 start |                   |                  |       |   |
| 1                           | David             | Nyquist Triathlo | 36.43 |   |
| 5                           | Åsa Dryselius     | Markbygdens OK   | 43.52 | B |
| Öppen 8 5120 meter 47 start |                   |                  |       |   |
| 1                           | Martin Pettersson | Sävedalens AIK   | 31.23 |   |
| 8                           | Erik Persson      | Markbygdens OK   | 41.39 | B |
| 24                          | Filip Andersson   | Markbygdens OK   | 51.01 |   |
| 41                          | Lars Eriksson     | Markbygdens OK   | 63.46 |   |

#### Finspångs SOK Lång 2014-04-20

|                               |                   |                  |       |   |
|-------------------------------|-------------------|------------------|-------|---|
| D20 Elit 7750 meter 67 start  |                   |                  |       |   |
| 1                             | Frida Sandberg    | Säterbygdens OK  | 62.48 |   |
| 43                            | Elin Högstrand    | Markbygdens OK   | 80.16 | S |
| 46                            | Josefin Andersson | Markbygdens OK   | 83.11 | S |
| H20 Elit 12160 meter 68 start |                   |                  |       |   |
| 1                             | Anton Johansson   | OK Orion         | 73.12 |   |
| 29                            | Pontus Karlsson   | Markbygdens OK   | 88.06 | S |
| H18 Elit 8740 meter 63 start  |                   |                  |       |   |
| 1                             | Simon Imark       | Tullinge SK      | 57.44 |   |
| 30                            | Ivar Sörqvist     | Markbygdens OK   | 67.59 | S |
| H18 Elit 7420 meter 48 start  |                   |                  |       |   |
| 1                             | Joel Einarsson    | Tormestorps IF   | 54.51 |   |
| 16                            | Klas Udd          | Markbygdens OK   | 63.29 | S |
| H21 10950 meter 51 start      |                   |                  |       |   |
| 1                             | Niklas Olsson     | Skåneslättens OL | 80.24 |   |
| 15                            | Mikael Bergstedt  | Markbygdens OK   | 92.26 | S |
| D50 4170 meter 31 start       |                   |                  |       |   |
| 1                             | Helena Sellgren   | Göteborg-Majorna | 40.35 |   |
| 15                            | Marie Högstrand   | Markbygdens OK   | 53.33 | S |
| Öppen 7 3280 meter 08 start   |                   |                  |       |   |
| 1                             | Louise Göthfors   | Göteborg-Majorna | 27.30 |   |
| 42                            | Hanna Karlsson    | Markbygdens OK   | 45.17 |   |

#### Uddevalla OK Medel 2014-04-20

|                         |                |                |       |  |
|-------------------------|----------------|----------------|-------|--|
| D16 3320 meter 11 start |                |                |       |  |
| 1                       | Synne Strand   | Asker SK       | 36.56 |  |
| 3                       | Klara Axelsson | Markbygdens OK | 38.05 |  |

|     |                      |                  |         |
|-----|----------------------|------------------|---------|
| H16 | 3500 meter 18 start  |                  |         |
| 1   | Elias Bäcklund-Ekval | Trollhättans SOK | 31.10   |
| 2   | Felix Axelsson       | Markbygdens OK   | 31.12   |
| D40 | 3370 meter 6 start   |                  |         |
| 1   | Berit Sofie Wiklund  | Nydalens SK      | 36.50   |
| 3   | Marina Axelsson      | Markbygdens OK   | 45.37 S |
| H40 | 3980 meter 19 start  |                  |         |
| 1   | Gunnar Elveljung     | IFK Göteborg     | 33.19   |
| 11  | Anders Lundell       | Markbygdens OK   | 55.57   |
| H45 | 3630 meter 16 start  |                  |         |
| 1   | Tore Bjørnerød       | OK Moss          | 31.18   |
| 13  | Per-Anders Axelsson  | Markbygdens OK   | 58.14   |

#### Helsingborgs SOK Medel 2014-04-20

|         |                     |                 |         |
|---------|---------------------|-----------------|---------|
| H65     | 3070 meter 22 start |                 |         |
| 1       | Agne Bengtsson      | OK Kompassen 23 | 23.14   |
| 6       | Torgny Pettersson   | Markbygdens OK  | 29.20 S |
| Öppen 7 | 3040 meter 35 start |                 |         |
| 1       | Camilla Öhgren      | Sävedalens AIK  | 25.20   |
| 29      | Lizkulla Pettersson | Markbygdens OK  | 52.43   |

#### Fjärås AIK Lång 2014-04-21

|     |                      |                |         |
|-----|----------------------|----------------|---------|
| H21 | 10120 meter 39 start |                |         |
| 1   | Henrik Laas          | IFK Göteborg   | 65.23   |
| 24  | Albin Andersson      | Markbygdens OK | 83.38 S |
| H20 | 7340 meter 2 start   |                |         |
| 1   | Erik Persson         | Markbygdens OK | 79.37 G |
| H18 | 6540 meter 4 start   |                |         |
| 1   | Ivar Sörqvist        | Markbygdens OK | 61.39 G |
| H16 | 5580 meter 9 start   |                |         |
| 1   | Otto Stuhlhofer      | OK Landehof    | 43.28   |
| 8   | Olle Sörqvist        | Markbygdens OK | 90.20   |
| H14 | 3690 meter 19 start  |                |         |
| 1   | Adrian Vartia        | OK Löftan      | 32.49   |
| 8   | Axel Åkesson         | Markbygdens OK | 40.11   |
| 19  | Mattis Abrahamsson   | Markbygdens OK | 85.03   |
| D12 | 2320 meter 22 start  |                |         |
| 1   | Thea Fagerström      | IFK Göteborg   | 23.25   |
| 6   | Erika Åkesson        | Markbygdens OK | 26.53   |
| 9   | Lisa Åkesson         | Markbygdens OK | 29.09   |
| H12 | 22320 meter 19 start |                |         |
| 1   | Felix Drejmo         | OK Landehof    | 17.31   |
| 6   | Anton Blomqvist      | Markbygdens OK | 21.28   |
| D45 | 4330 meter 16 start  |                |         |
| 1   | Anette Bernhed       | Sävedalens AIK | 44.24   |
| 10  | Helena Andersson     | Markbygdens OK | 73.44   |
| 11  | Jeanette Sigensam    | Markbygdens OK | 74.59   |
| H45 | 6560 meter 23 start  |                |         |
| 1   | Nichlas Wallström    | Sävedalens AIK | 50.16   |

|                                |                      |                  |       |         |
|--------------------------------|----------------------|------------------|-------|---------|
| 10                             | Fredrik Ask          | Markbygdens OK   | 68.44 | S       |
| H50 5940 meter 16 start        |                      |                  |       |         |
| 1                              | Bertil Åkesson       | Markbygdens OK   | 49.29 | G       |
| H55 5410 meter 22 start        |                      |                  |       |         |
| 1                              | Anders Björklund     | Sävedalens AIK   | 51.54 |         |
| 10                             | Arne Persson         | Markbygdens OK   | 70.35 | S       |
| 12                             | Lars Eriksson        | Markbygdens OK   | 72.47 | S       |
| D60 3470 meter 13 start        |                      |                  |       |         |
| 1                              | Ing-Marie Brander-St | nd Göteborg-Majo | 34.34 |         |
| 11                             | Marita Larsson       | Markbygdens OK   | 61.57 |         |
| H65 4460 meter 30 start        |                      |                  |       |         |
| 1                              | Stefan G Larsson     | OK Njudungarna   | 43.41 |         |
| 15                             | Lars-Göran Molin     | Markbygdens OK   | 60.43 | S       |
| 19                             | Ronny Ragnarsson     | Markbygdens OK   | 67.07 |         |
| D70 2740 meter 15 start        |                      |                  |       |         |
| 1                              | Ingrid Hermansson    | IK Ymer          | 37.53 |         |
| 4                              | Kerstin Johansson    | Markbygdens OK   | 43.40 | S       |
| H75 2980 meter 14 start        |                      |                  |       |         |
| 1                              | Roland Brandshage    | Sävedalens AIK   | 37.38 |         |
| 14                             | Stellan Helgesson    | Markbygdens OK   | 80.20 |         |
| D80 2240 meter 2 start         |                      |                  |       |         |
| 1                              | Eva Falk             | IK Stern         | 49.05 |         |
| 2                              | Gunvor Håkansson     | Markbygdens OK   | 91.17 |         |
| H80 2680 meter 9 start         |                      |                  |       |         |
| 1                              | Leif Hjertqvist      | IK Stern         | 48.23 |         |
| 2                              | Bertil Johansson     | Markbygdens OK   | 51.28 | G       |
| Inskolning 1480 meter 32 start |                      |                  |       |         |
|                                | Elin Blomqvist       | Markbygdens OK   |       | Godkänd |
|                                | Noah Hedenblom       | Markbygdens OK   |       | Godkänd |
| Öppen 1 2420 meter 8 start     |                      |                  |       |         |
| 2                              | Bertil Johansson     | Markbygdens OK   | 51.28 | B       |
| 6                              | Marcus Ragnarsson    | Markbygdens OK   | 70.08 |         |
| Öppen 3 3250 meter 30 start    |                      |                  |       |         |
| 1                              | Anna Greilert        | Haninge SOK      | 31.09 |         |
| 10                             | Anna Timell          | Markbygdens OK   | 50.46 |         |
| 22                             | Ulla Ragnarsson      | Markbygdens OK   | 70.53 |         |
| Öppen 4 4930 meter 5 start     |                      |                  |       |         |
| 1                              | Åsa Dryselius        | Markbygdens OK   | 81.04 | B       |
| Öppen 5 3220 meter 58 start    |                      |                  |       |         |
| 1                              | Patrik Fredriksson   | FK Herkules      | 30.53 |         |
| 14                             | Charlotta Malm       | Markbygdens OK   | 49.17 |         |
| 30                             | Maria Svensson       | Markbygdens OK   | 61.13 |         |
| Öppen 6 5970 meter 18 start    |                      |                  |       |         |
| 1                              | Niklas Larsson       | IK Uven          | 66.29 |         |
| 4                              | Erik Wallin          | Markbygdens OK   | 78.00 | B       |
| 7                              | Magnus Wallin        | Markbygdens OK   | 90.31 |         |
| Öppen 7 3140 meter 85 start    |                      |                  |       |         |
| 1                              | Lennart Gustafsson   | Boxholm-Mjölby O | 33.49 |         |
| 10                             | Marie Högstrand      | Markbygdens OK   | 38.31 | B       |



|    |                  |                |       |   |
|----|------------------|----------------|-------|---|
| 20 | Per Knubbe       | Markbygdens OK | 42.02 | B |
| 27 | Jörgen Frisk     | Markbygdens OK | 45.02 |   |
| 34 | Helena Blomqvist | Markbygdens OK | 47.48 |   |
| 43 | Leif Rylander    | Markbygdens OK | 53.07 |   |
| 66 | Gun-Britt Molin  | Markbygdens OK | 62.52 |   |
| 80 | Ingrid Breilind  | Markbygdens OK | 82.50 |   |

Öppen 8 4490 meter 71 start

|    |                  |                |       |   |
|----|------------------|----------------|-------|---|
| 1  | Zdenek Rajnosek  | IK Uven        | 35.52 |   |
| 6  | Anders Lundell   | Markbygdens OK | 42.27 | B |
| 8  | Elin Högstrand   | Markbygdens OK | 43.30 | B |
| 12 | Nils Robertsson  | Markbygdens OK | 46.09 | B |
| 19 | Martin Frisk     | Markbygdens OK | 49.11 |   |
| 19 | Filip Andersson  | Markbygdens OK | 49.11 |   |
| 21 | Niclas Andersson | Markbygdens OK | 49.47 |   |
| 30 | Kristin Hansson  | Markbygdens OK | 52.24 |   |
| 32 | Anne Hansson     | Markbygdens OK | 52.54 |   |

Trollhättans SOK Medel 2014-04-21

D16 3500 meter 13 start

|   |                |                |       |  |
|---|----------------|----------------|-------|--|
| 1 | Synne Strand   | Asker SK       | 41.21 |  |
| 4 | Klara Axelsson | Markbygdens OK | 49.52 |  |

H16 3500 meter 24 start

|   |                |                |       |  |
|---|----------------|----------------|-------|--|
| 1 | Elias Jonsson  | Nydalens SK    | 31.14 |  |
| 8 | Felix Axelsson | Markbygdens OK | 41.07 |  |

D40 3370 meter 8 start

|   |                 |                |       |   |
|---|-----------------|----------------|-------|---|
| 1 | Johanna Asp     | IFK Göteborg   | 41.02 |   |
| 2 | Marina Axelsson | Markbygdens OK | 42.47 | G |

H45 3820 meter 34 start

|    |                     |                |       |   |
|----|---------------------|----------------|-------|---|
| 1  | Kjetil Bjørlo       | Halden SK      | 32.03 |   |
| 9  | Martin Svensson     | Markbygdens OK | 40.21 | S |
| 28 | Per-Anders Axelsson | Markbygdens OK | 66.09 |   |

H60 3280 meter 24 start

|   |                |                  |       |   |
|---|----------------|------------------|-------|---|
| 1 | Lennart Hålsjö | OK Skogshjortarn | 35.10 |   |
| 2 | Bo Herdersson  | Markbygdens OK   | 37.11 | G |

H70 2600 meter 31 start

|    |                 |                  |       |   |
|----|-----------------|------------------|-------|---|
| 1  | Kalle Johansson | OK Skogshjortarn | 25.34 |   |
| 10 | Rune Arvidsson  | Markbygdens OK   | 36.13 | S |

Helsingborgs SOK Lång 2014-04-21

H21 Ko 8180 meter 1 start

|   |          |                |       |   |
|---|----------|----------------|-------|---|
| 1 | Joel Udd | Markbygdens OK | 76.00 | G |
|---|----------|----------------|-------|---|

D50 4180 meter 8 start

|   |                  |                |       |   |
|---|------------------|----------------|-------|---|
| 1 | Ingrid Johansson | Laholms IF     | 40.22 |   |
| 2 | Anne Udd         | Markbygdens OK | 42.36 | G |

H55 5730 meter 19 start

|    |                 |                |       |  |
|----|-----------------|----------------|-------|--|
| 1  | Sten Gustafsson | Eds SK         | 38.55 |  |
| 15 | Tor Udd         | Markbygdens OK | 69.48 |  |

H65 4510 meter 26 start

|   |                   |                |       |   |
|---|-------------------|----------------|-------|---|
| 1 | Agne Bengtsson    | OK Kompassen   | 37.14 |   |
| 3 | Torgny Pettersson | Markbygdens OK | 41.38 | G |

Jönköpings OK Natt 2014-04-24

H65 2600 meter 8 start  
1 Bo Turesson OK Bävern 24.52  
2 Torgny Pettersson Markbygdens OK 24.54 G

H70 2600 meter 12 start  
1 Roland Nilsson Falköpings AIK 27.35  
4 Rune Arvidsson Markbygdens OK 32.34 S

Öppen 1 2570 meter 3 start  
1 Benjamin Claesson Jönköpings OK 12.45  
3 Lizkulla Pettersson Markbygdens OK 23.25

Hjärnarps GH OL Sprint 2014-04-26

D21 Elit 2870 meter 82 start  
1 Galina Vinogradova Alfta-Ösa OK 15.59  
77 Anne Hansson Markbygdens OK 23.05

H21 El 3100 meter 97 start  
1 Jerker Lysell Rehns BK 15.01  
19 Johan Högstrand Markbygdens OK 16.04

D20 Elit 1 2760 meter 64 start  
1 Sara Hagström Falköpings AIK 16.47  
50 Elin Högstrand Markbygdens OK 21.51

H20 Elit 1 2900 meter 62 start  
1 Piotr Parfianowicz Södertälje-Nykva 15.21  
32 Pontus Karlsson Markbygdens OK 17.38

D18 Elit 1 2760 meter 61 start  
1 Tilda Johansson OK Orion 16.32  
42 Klara Axelsson Markbygdens OK 20.36

H18 Elit 1 2900 meter 56 start  
1 Simon Hector Snättringe SK 15.47  
20 Ivar Sörqvist Markbygdens OK 17.58

H20 E2 2780 meter 20 start  
1 Anders Vedin Sundsvalls OK 17.17  
9 Erik Persson Markbygdens OK 19.56  
15 Niklas Frisk Markbygdens OK 21.14

D18 Elit 2 2550 meter 38 start  
1 Anna Hallmén OK Tisaren 18.01  
4 Klara Ask Markbygdens OK 19.25

H18 Elit 2 2750 meter 53 start  
1 Oscar Johansson OK Dacke 16.41  
23 Felix Axelsson Markbygdens OK 18.31  
35 Klas Udd Markbygdens OK 19.37

H16 2230 meter 11 start  
1 Simon Harden FK Boken 13.39  
3 Olle Sörqvist Markbygdens OK 14.35

D40 2230 meter 10 start  
1 Ulrika Kindlund OK Tranan 14.52  
6 Marina Axelsson Markbygdens OK 17.56

D45 2230 meter 22 start  
1 Åsa Wadensjö Leo Bredaryds 16.17  
5 Jeanette Sigenstam Markbygdens OK 17.18

H45 2430 meter 31 start  
1 Niklas Nilsson Härlövs IF 14.44  
9 Per-Anders Axelsson Markbygdens OK 17.18  
18 Fredrik Ask Markbygdens OK 18.46

D50 1860 meter 6 start  
1 Anne Udd Markbygdens OK 13.24

H60 1980 meter 7 start  
1 Ragnar Olsson Tibro OK 14.27  
4 Håkan Andersson Markbygdens OK 14.58

H70 1860 meter 6 start  
1 Raimo Salminen OK Pan-Kristians 15.57  
3 Pär-Erik Johansson Markbygdens OK 17.25

Öppen 4 2070 meter 29 start  
1 Fredrik Nilsson Akademi Båstad 16.21  
19 Marita Johansson Markbygdens OK 29.09  
22 Albin S Andersson Markbygdens OK 33.16

Öppen 7 2230 meter 52 start  
1 Björn Ljunggren OK Hammaren 14.02  
12 Martin Frisk Markbygdens OK 18.03

IK Trenne Medel 2014-04-26

H21 4600 meter 13 start  
1 Emil Jönsson OK Denseln 31.38  
7 Mikael Bergstedt Markbygdens OK 38.03 S

H14 3090 meter 10 start  
1 Adrian Vartia OK Löftan 26.55  
3 Petter Leibe-Bergste Markbygdens OK 34.08  
5 Olle Leibe-Bergstedt Markbygdens OK 37.27  
7 Axel Åkesson Markbygdens OK 47.05

D12 22380 meter 8 start  
1 Klara Persson Halmstad OK 25.56  
4 Erika Åkesson Markbygdens OK 32.15

H45 4110 meter 11 start  
1 Magnus Johansson OK Löftan 31.38  
4 Martin Svensson Markbygdens OK 37.49 S

H50 3650 meter 10 start  
1 Bertil Åkesson Markbygdens OK 26.56 G

H65 3060 meter 16 start  
1 Ingvar Bergman OK Tranan 28.40  
2 Lars-Göran Molin Markbygdens OK 35.17 S

H75 3110 meter 9 start  
1 Håkan Skogum Markbygdens OK 37.53 G

D80 2040 meter 3 start  
1 Gunvor Håkansson Markbygdens OK 49.26 G

H80 2560 meter 2 start  
1 Bertil Johansson Markbygdens OK 53.35 G

Öppen 8 4600 meter 21 start  
1 Egil Edvardsen Göteborg-Majorna 33.31  
9 Jan Olausson Markbygdens OK 48.18

10 Martin Andersson Markbygdens OK 49.49

OK Bävern Medel 2014-04-26

H70 3100 meter 24 start

1 Björn Lannersjö OK Orion 29.18  
9 Rune Arvidsson Markbygdens OK 39.09 S

IF Hagen Medel 2014-04-26

H65 3100 meter 7 start

1 Torgny Pettersson Markbygdens OK 25.51 G

Öppen 5 2680 meter 25 start

1 Linus Iseborn Främmestads IK 26.24  
18 Lizkulla Pettersson Markbygdens OK 61.00

Hjärnarps GH OL Lång 2014-04-27

D21 Elit 1 10690 meter 77 start

1 Emma Johansson Domnarvets GOIF 78.30  
62 Anne Hansson Markbygdens OK 123.42

H21 Elit 1 16520 meter 85 start

1 Gustav Bergman OK Ravinen 93.43  
8 Johan Högstrand Markbygdens OK 105.16 S

D20 Elit 1 8340 meter 67 start

1 Sara Hagström Falköpings AIK 67.26  
29 Elin Högstrand Markbygdens OK 85.42 S

H20 Elit 1 11720 meter 63 start

1 Anton Johansson OK Orion 77.42  
29 Pontus Karlsson Markbygdens OK 92.15 S  
53 Erik Persson Markbygdens OK 125.03

D18 Elit 1 6590 meter 61 start

1 Johanna Öberg Ryda SK 57.15  
25 Klara Axelsson Markbygdens OK 65.47 S

H18 Elit 1 9470 meter 60 start

1 Simon Hector Snättringe SK 63.07  
30 Ivar Sörqvist Markbygdens OK 75.59 S  
1 Kalle Johansson Halmstad OK 100.39

H20 Elit 2 9580 meter 22 start

1 Johan Sandlund OK Njudung 74.52  
16 Niklas Frisk Markbygdens OK 99.46 S

H18 Elit 2 7430 meter 42 start

1 Isak Prellner Skåneslättens OL 58.23  
17 Klas Udd Markbygdens OK 70.17 S

D16 4490 meter 39 start

1 Jenny Bredfelt Lunds OK 39.36  
8 Klara Ask Markbygdens OK 48.25

H16 5550 meter 28 start

1 Oscar Johansson OK Dacke 41.15  
2 Felix Axelsson Markbygdens OK 41.17  
14 Olle Sörqvist Markbygdens OK 52.02

D40 5070 meter 20 start

1 Ulrika Hermansson OK Orion 45.02

|                                  |                     |                  |       |   |
|----------------------------------|---------------------|------------------|-------|---|
| 3                                | Marina Axelsson     | Markbygdens OK   | 48.29 | G |
| D45 4500 meter 41 start          |                     |                  |       |   |
| 1                                | Anette Granstedt    | IK Hakarpspojkar | 36.10 |   |
| 17                               | Jeanette Sigenstam  | Markbygdens OK   | 50.08 | S |
| 39                               | Helena Andersson    | Markbygdens OK   | 75.19 |   |
| H45 6510 meter 53 start          |                     |                  |       |   |
| 1                                | Thomas Johannesson  | Ronneby OK       | 48.56 |   |
| 27                               | Fredrik Ask         | Markbygdens OK   | 63.45 | S |
| 38                               | Per-Anders Axelsson | Markbygdens OK   | 69.15 | B |
| D50 4140 meter 24 start          |                     |                  |       |   |
| 1                                | Helena Sellgren     | Göteborg-Majorna | 42.13 |   |
| 4                                | Anne Udd            | Markbygdens OK   | 46.46 | G |
| 9                                | Kristin Hansson     | Markbygdens OK   | 51.29 | S |
| 14                               | Marie Högstrand     | Markbygdens OK   | 55.31 | S |
| H55 5640 meter 40 start          |                     |                  |       |   |
| 1                                | Christer Skoog      | Kils OK          | 40.09 |   |
| 19                               | Arne Persson        | Markbygdens OK   | 58.13 | B |
| 36                               | Tor Udd             | Markbygdens OK   | 70.31 |   |
| H70 4190 meter 25 start          |                     |                  |       |   |
| 1                                | Kent Johansson      | Örkelljunga FK   | 44.28 |   |
| 10                               | Pär-Erik Johansson  | Markbygdens OK   | 56.04 | S |
| Öppen 3 2880 meter 45 start      |                     |                  |       |   |
| 1                                | Otto Berg           | IS Kullen        | 26.39 |   |
| 18                               | Marita Johansson    | Markbygdens OK   | 44.36 |   |
| Öppen 7 3250 meter 108 start     |                     |                  |       |   |
| 1                                | Daniel Nilsson      | Skåneslättens OL | 27.59 |   |
| 38                               | Jörgen Frisk        | Markbygdens OK   | 41.20 |   |
| 67                               | Hans Hansson        | Markbygdens OK   | 46.09 |   |
| Öppen 8 5140 meter 69 start      |                     |                  |       |   |
| 1                                | Erik Modig          | OK Pan-Kristians | 36.03 |   |
| 25                               | Jonas Karlsson      | Markbygdens OK   | 54.58 |   |
| Öppen 9 7620 meter 20 start      |                     |                  |       |   |
| 1                                | Johan Wennermark    | OK Skogsfalken   | 54.12 |   |
| 13                               | Martin Frisk        | Markbygdens OK   | 77.55 |   |
| <u>OK Bävern Lång 2014-04-27</u> |                     |                  |       |   |
| H70 4290 meter 22 start          |                     |                  |       |   |
| 1                                | Lars-Åke Claesson   | Skillingaryds FK | 42.08 |   |
| 10                               | Rune Arvidsson      | Markbygdens OK   | 57.41 | S |
| 14                               | Bengt Olsson        | Markbygdens OK   | 62.11 | B |
| <u>IF Hagen Lång 2014-04-27</u>  |                     |                  |       |   |
| H65 4540 meter 10 start          |                     |                  |       |   |
| 1                                | Torgny Pettersson   | Markbygdens OK   | 40.22 | G |
| U1 1660 meter 18 start           |                     |                  |       |   |
| 1                                | Liam Hogedal        | Vänersborgs SK   | 13.53 |   |
| 2                                | Elving Lomander     | Markbygdens OK   | 16.52 |   |
| Öppen 5 3680 meter 38 start      |                     |                  |       |   |
| 1                                | Jessica Holst       | OK Klyftamo      | 33.58 |   |
| 26                               | Lizkulla Pettersson | Markbygdens OK   | 58.22 |   |

### Stenungsunds OK Lång 2014-04-27

|       |                      |                |       |   |
|-------|----------------------|----------------|-------|---|
| H14   | 3640 meter           | 10 start       |       |   |
| 1     | Axel Blom            | Frölunda OL    | 35.24 |   |
| 5     | Petter Leibe-Bergste | Markbygdens OK | 57.13 |   |
| 9     | Olle Leibe-Bergstedt | Markbygdens OK | 90.46 |   |
| H35   | 7620 meter           | 3 start        |       |   |
| 1     | Mikael Bergstedt     | Markbygdens OK | 76.30 | G |
| Öppen | 4190 meter           | 40 start       |       |   |
| 1     | Mats Christiansson   | Uddevalla OK   | 37.03 |   |
| 12    | Anders Lundell       | Markbygdens OK | 50.46 |   |

### OK Råven När-OL 2014-04-29

|         |                    |                |       |  |
|---------|--------------------|----------------|-------|--|
| Öppen 3 | 2470 meter         | 3 start        |       |  |
| 1       | Ulla Ragnarsson    | Markbygdens OK | 38.35 |  |
| 2       | Totte Holm         | Markbygdens OK | 41.49 |  |
| 3       | Stellan Helgesson  | Markbygdens OK | 53.02 |  |
| Öppen 4 | 3200 meter         | 4 start        |       |  |
| 1       | Åsa Dryselius      | Markbygdens OK | 44.29 |  |
| 2       | Jonathan Bodén     | Markbygdens OK | 58.26 |  |
| 3       | Berit Svensson     | Markbygdens OK | 70.29 |  |
| 3       | Maria Svensson     | Markbygdens OK | 70.29 |  |
| Öppen 5 | 3330 meter         | 4 start        |       |  |
| 1       | Jeanette Sigenstam | Markbygdens OK | 37.44 |  |
| 2       | Ronny Ragnarsson   | Markbygdens OK | 46.07 |  |
| Öppen 6 | 4420 meter         | 4 start        |       |  |
| 1       | Mikael Bodén       | Markbygdens OK | 48.04 |  |
| 2       | Martin Udd         | Markbygdens OK | 49.34 |  |
| 4       | Jonas Karlsson     | Markbygdens OK | 73.44 |  |

### Ulricehamns OK Medel 2014-05-01

|     |                      |                  |       |   |
|-----|----------------------|------------------|-------|---|
| H21 | 5200 meter           | 24 start         |       |   |
| 1   | Sergej Fedatsenka    | Sävedalens AIK   | 32.03 |   |
| 13  | Albin Andersson      | Markbygdens OK   | 44.05 | S |
| D16 | 3710 meter           | 20 start         |       |   |
| 1   | Vilma Blennow        | Falköpings AIK   | 29.36 |   |
| 13  | Klara Axelsson       | Markbygdens OK   | 42.23 |   |
| H16 | 3730 meter           | 16 start         |       |   |
| 1   | Elias Bäcklund-Ekval | Trollhättans SOK | 25.25 |   |
| 6   | Olle Sörqvist        | Markbygdens OK   | 31.03 |   |
| 7   | Felix Axelsson       | Markbygdens OK   | 31.25 |   |
| H14 | 3120 meter           | 31 start         |       |   |
| 1   | Axel Olsson          | OK Skogsstjärnan | 23.30 |   |
| 13  | Petter Leibe-Bergste | Markbygdens OK   | 31.40 |   |
| 18  | Axel Åkesson         | Markbygdens OK   | 35.31 |   |
| 22  | Olle Leibe-Bergstedt | Markbygdens OK   | 37.22 |   |
| D12 | 2330 meter           | 20 start         |       |   |
| 1   | Moa Eriksson         | Trollhättans SOK | 21.15 |   |
| 2   | Lisa Åkesson         | Markbygdens OK   | 21.32 |   |
| 4   | Erika Åkesson        | Markbygdens OK   | 22.47 |   |
| H12 | 2330 meter           | 22 start         |       |   |
| 1   | Johan Mårtensson     | OK Skogsstjärnan | 15.29 |   |

|            |                      |                  |         |
|------------|----------------------|------------------|---------|
| 4          | Anton Blomqvist      | Markbygdens OK   | 20.04   |
| D40        | 3710 meter 12 start  |                  |         |
| 1          | Ulrika Kindlund      | OK Tranan        | 30.16   |
| 2          | Marina Axelsson      | Markbygdens OK   | 32.23 G |
| D45        | 3320 meter 15 start  |                  |         |
| 1          | Liselotte Falk       | Göteborg-Majorna | 34.26   |
| 10         | Jeanette Sigenstam   | Markbygdens OK   | 47.53 S |
| H45        | 4080 meter 20 start  |                  |         |
| 1          | Björn Kristiansson   | Trollhättans SOK | 30.15   |
| 2          | Mikael Bergstedt     | Markbygdens OK   | 30.55 G |
| 10         | Per-Anders Axelsson  | Markbygdens OK   | 38.26 S |
| 15         | Fredrik Ask          | Markbygdens OK   | 52.09   |
| H50        | 3710 meter 29 start  |                  |         |
| 1          | Bertil Åkesson       | Markbygdens OK   | 27.17 G |
| 14         | Bo Herdersson        | Markbygdens OK   | 36.31 S |
| H55        | 3730 meter 21 start  |                  |         |
| 1          | Mikael Johansson     | OK Gisle         | 31.15   |
| 19         | Lars Eriksson        | Markbygdens OK   | 45.04 B |
| H60        | 3540 meter 17 start  |                  |         |
| 1          | Roland Svensson      | Mariestads FK    | 32.45   |
| 13         | Håkan Andersson      | Markbygdens OK   | 44.19 S |
| H65        | 3320 meter 25 start  |                  |         |
| 1          | Carl-Henry Andersson | OK Orinto        | 29.53   |
| D70        | 2690 meter 13 start  |                  |         |
| 1          | Gunnel Svensson      | IK Ymer          | 32.33   |
| 2          | Kerstin Johansson    | Markbygdens OK   | 32.47 G |
| H70        | 2990 meter 28 start  |                  |         |
| 1          | Kalle Johansson      | OK Skogshjortarn | 28.21   |
| 15         | Pär-Erik Johansson   | Markbygdens OK   | 44.51   |
| D80        | 2690 meter 1 start   |                  |         |
| 1          | Gunvor Håkansson     | Markbygdens OK   | 55.34 G |
| Inskolning | 2130 meter 31 start  |                  |         |
|            | Elin Blomqvist       | Markbygdens OK   | Godkänd |
|            | Noah Hedenblom       | Markbygdens OK   | Godkänd |
| Öppen 3    | 3120 meter 34 start  |                  |         |
| 1          | Wejne Gustavsson     | Skillingaryds FK | 37.40   |
| 2          | Åsa Dryselius        | Markbygdens OK   | 40.03 B |
| 24         | Marita Johansson     | Markbygdens OK   | 65.27   |
| Öppen 7    | 3460 meter 56 start  |                  |         |
| 1          | Bengt Norrman        | Trollhättans SOK | 29.46   |
| 5          | Niclas Andersson     | Markbygdens OK   | 34.13 B |
| 24         | Urban Sörqvist       | Markbygdens OK   | 48.54   |
| 37         | Jörgen Frisk         | Markbygdens OK   | 56.34   |
| Öppen 8    | 4860 meter 35 start  |                  |         |
| 1          | Erik Öhlund          | Göteborg-Majorna | 30.43   |
| 15         | Jan Olausson         | Markbygdens OK   | 47.27   |

SOK Aneby Medel 2014-05-01

H70 2720 meter 25 start

|   |                |                |         |
|---|----------------|----------------|---------|
| 1 | Åke Eckerbom   | IFK Sävsjö     | 22.06   |
| 7 | Rune Arvidsson | Markbygdens OK | 28.22 S |

#### SOL Tranås Sprint 2014-05-02

|     |                |                |          |
|-----|----------------|----------------|----------|
| D20 | Elit 1         | 2760 meter     | 62 start |
| 1   | Sara Hagström  | Falköpings AIK | 14.24    |
| 37  | Elin Högstrand | Markbygdens OK | 17.26    |

|     |                 |                  |          |
|-----|-----------------|------------------|----------|
| H20 | Elit 1          | 3150 meter       | 77 start |
| 1   | Jonas Egger     | IK Hakarpspojkar | 13.55    |
| 44  | Pontus Karlsson | Markbygdens OK   | 15.55    |
| 69  | Erik Persson    | Markbygdens OK   | 18.31    |

|     |                |                |          |
|-----|----------------|----------------|----------|
| H18 | Elit 1         | 2860 meter     | 63 start |
| 1   | Simon Hector   | Snättringe SK  | 13.00    |
| 40  | Ivar Sörqvist  | Markbygdens OK | 14.45    |
| 46  | Felix Axelsson | Markbygdens OK | 14.55    |

|     |                     |                |       |
|-----|---------------------|----------------|-------|
| H21 | Elit 2              | 3070 meter     |       |
| 1   | Anastasia Kruglenia | Sävedalens AIK | 15.45 |
| 21  | Simon Skogman       | Markbygdens OK | 16.24 |

|     |                    |                |          |
|-----|--------------------|----------------|----------|
| H18 | Elit 2             | 2720 meter     | 55 start |
| 1   | Gregoire Chatelain | Täby OK        | 13.21    |
| 34  | Klas Udd           | Markbygdens OK | 15.20    |

#### 10-mila Budkavle 2014-05-04

|                  |                |                |        |
|------------------|----------------|----------------|--------|
| Herrar och Damer |                |                |        |
| 1                | Kalevan Rasti  | Kalevan Rasti  | 672.13 |
| 72               | Markbygdens OK | Markbygdens OK | 821.37 |

|                            |                 |                |       |
|----------------------------|-----------------|----------------|-------|
| Herrar och Damer Sträcka 1 |                 |                |       |
| 1                          | Antonio Pérez   | IK Vista       | 45.53 |
| 109                        | Pontus Karlsson | Markbygdens OK | 49.55 |

|                            |               |                |       |
|----------------------------|---------------|----------------|-------|
| Herrar och Damer Sträcka 2 |               |                |       |
| 1                          | Julian Dent   | IFK Lidingö    | 45.40 |
| 57                         | Ivar Sörqvist | Markbygdens OK | 50.16 |

|                            |                 |                |       |
|----------------------------|-----------------|----------------|-------|
| Herrar och Damer Sträcka 3 |                 |                |       |
| 1                          | Andreas Kyburz  | Tullinge SK    | 74.45 |
| 26                         | Johan Högstrand | Markbygdens OK | 79.39 |

|                            |                |                  |       |
|----------------------------|----------------|------------------|-------|
| Herrar och Damer Sträcka 4 |                |                  |       |
| 1                          | Håvard Lucasen | Vaajakosken Terä | 70.51 |
| 54                         | Simon Larsson  | Markbygdens OK   | 81.05 |

|                            |                |                |       |
|----------------------------|----------------|----------------|-------|
| Herrar och Damer Sträcka 5 |                |                |       |
| 1                          | Emil Wingstedt | Haldens SK     | 67.46 |
| 134                        | Erik Persson   | Markbygdens OK | 97.52 |

|                            |                 |                 |        |
|----------------------------|-----------------|-----------------|--------|
| Herrar och Damer Sträcka 6 |                 |                 |        |
| 1                          | Timo Sild       | Hiidenkiertäjät | 97.37  |
| 93                         | Albin Andersson | Markbygdens OK  | 126.39 |

|                            |                  |                |       |
|----------------------------|------------------|----------------|-------|
| Herrar och Damer Sträcka 7 |                  |                |       |
| 1                          | Erik Sandberg    | IFK Lidingö    | 49.44 |
| 216                        | Mikael Bergstedt | Markbygdens OK | 77.49 |

|                            |                   |                |       |
|----------------------------|-------------------|----------------|-------|
| Herrar och Damer Sträcka 8 |                   |                |       |
| 1                          | Thierry Gueorgiou | Kalevan Rasti  | 73.14 |
| 82                         | Klas Udd          | Markbygdens OK | 91.40 |



Herrar och Damer Sträcka 9  
1 Fredrik Johansson IFK Lidingö 83.27  
92 Simon Skogman Markbygdens OK 107.22

Herrar och Damer Sträcka 10  
1 Wojciech Kowalski IL Tyrving 41.13  
79 Bertil Åkesson Markbygdens OK 59.20

Damer  
1 OK Pan Århus OK Pan Århus 238.24  
135 Markbygdens OK Markbygdens OK 304.33

Damer Sträcka 1  
1 Göril Sund Frol IL 50.18  
174 Elin Högstrand Markbygdens OK 61.29

Damer Sträcka 2  
1 Kaisa Risby OK Kåre 49.33  
174 Marina Axelsson Markbygdens OK 66.03

Damer Sträcka 3  
1 Ida Bobach OK Pan Århus 29.54  
79 Klara Axelsson Markbygdens OK 36.20

Damer Sträcka 4  
1 Maja Alm OK Pan Århus 45.14  
144 Anne Hansson Markbygdens OK 65.02

Damer Sträcka 5  
1 Simone Niggli OK Tisaren 55.23  
135 Josefin Andersson Markbygdens OK 75.39

HD-16 Sträcka 2  
1 Morten Vikeraug Fet OL 19.05  
219 Erika Åkesson Markbygdens OK 26.04  
223 Lisa Åkesson Markbygdens OK 26.08

HD-16 Sträcka 3  
1 August Birkeland Haldens SK 24.11  
6 Olle Sörqvist Markbygdens OK 26.22  
144 Axel Åkesson Markbygdens OK 33.24

HD-16 Sträcka 4  
1 Aaro Julkunen MS Parma 35.50  
38 Felix Axelsson Markbygdens OK 41.50

#### 10-mila Öppna klasser 2014-05-04

Öppen 3 2920 meter 66 start  
1 Linus Nilsson OK Österåker 22.37  
52 Marita Johansson Markbygdens OK 46.13

Öppen 6 3540 meter 83 start  
1 Glenn Strömberg IF Rigor 21.31  
7 Jonas Karlsson Markbygdens OK 26.50 B  
10 Fredrik Ask Markbygdens OK 27.57 B  
44 Jeanette Sigenstam Markbygdens OK 40.49

Öppen 7 3130 meter 124 start  
1 Måns Lennermo Nässjö OK 18.57  
89 Pär-Erik Johansson Markbygdens OK 45.34

Gällstadbygden OK Medel 2014-05-04

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H40 3440 meter 7 start  
1 Daniel Olsson Dalsjöfors IF 25.41  
5 Jan Olausson Markbygdens OK 34.57 S  
7 Martin Udd Markbygdens OK 44.50

H45 3490 meter 6 start  
1 Anders Kindbom IF Hagen 30.40  
2 Martin Svensson Markbygdens OK 31.16 G

H55 3230 meter 19 start  
1 Hans Strid Ulricehamns OK 27.59  
11 Tore Gunnarsson Markbygdens OK 37.00 S  
19 Lars Eriksson Markbygdens OK 43.21

H60 2960 meter 21 start  
1 Björn-Olof Waldemars n OK Nackhe 27.25  
7 Håkan Andersson Markbygdens OK 30.57 G  
19 Stig-Ove Djurbäck Markbygdens OK 67.40

H65 2820 meter 29 start  
1 Carl-Henry Andersson OK Orinto 23.59  
4 Torgny Pettersson Markbygdens OK 27.45 S  
20 Leif Rylander Markbygdens OK 35.43 B  
21 Ronny Ragnarsson Markbygdens OK 36.33

D70 1940 meter 12 start  
1 Gunnel Svensson IK Ymer 24.32  
3 Kerstin Johansson Markbygdens OK 28.06 S

H75 2320 meter 16 start  
1 Roland Dahl IFK Göteborg 26.24  
3 Håkan Skogum Markbygdens OK 31.23 S  
15 Stellan Helgesson Markbygdens OK 68.48

D80 1940 meter 1 start  
1 Gunvor Håkansson Markbygdens OK 46.57 G

Öppen 3 2830 meter 26 start  
1 Weine Gustavsson Skillingaryds FK 26.42  
24 Berit Svensson Markbygdens OK 62.13

Öppen 7 2550 meter 34 start  
1 David Djurbäck Sävedalens AIK 28.16  
23 Charlotta Malm Markbygdens OK 46.38  
27 Lizkulla Pettersson Markbygdens OK 48.48

Öppen 8 3980 meter 46 start  
1 Felix Axelsson Markbygdens OK 31.47 B  
9 Marina Axelsson Markbygdens OK 40.36 B  
11 Klara Axelsson Markbygdens OK 43.36

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Bredareds IF När-OL 2014-05-06

Öppen 3 3060 meter 13 start  
1 Sven Gardell Bredareds IF 32.01  
9 Matz Sandström Markbygdens OK 65.52

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Göteborgs-Majornas OK När-OL 2014-05-07

D16 2290 meter 18 start  
1 Kerstin Wadman Göteborg-Majorna 14.32  
8 Klara Ask Markbygdens OK 16.53

D45 2190 meter 14 start  
1 Laila B Höglund FK Herkules 14.32  
4 Jeanette Sigenstam Markbygdens OK 16.38

H45 2380 meter 35 start  
1 Magnus Josefsson Sävedalens AIK 14.31  
5 Fredrik Ask Markbygdens OK 15.57

IK Hakarpspojarna JVM-test 2014-05-10

H17-20 10010 meter 79 start  
1 Anton Johansson OK Orion 69.26  
35 Pontus Karlsson Markbygdens OK 80.12 S

OK Skogsstjärnan Sprint 2014-05-10

D55 1830 meter 6 start  
1 Eva Rabe Magnusson IF 14.01  
5 Ulla Ragnarsson Markbygdens OK 24.37

H65 2050 meter 6 start  
1 Hans-Gösta Bernhard Mariestads FK 16.20  
6 Ronny Ragnarsson Markbygdens OK 24.55

OK Skogsstjärnan Medel 2014-05-10

H65 3020 meter 8 start  
1 Hans-Gösta Bernhard Mariestads FK 23.11  
7 Ronny Ragnarsson Markbygdens OK 32.57 S

Jönköpings OK Skogsflickorna När-OL 2014-05-10

D50 3800 meter 13 start  
1 Elisabeth Strandhage Göteborg-Majorna 40.04  
3 Anne Udd Markbygdens OK 43.49

D60 3400 meter 21 start  
1 Anne Kaill IK Omega 40.12  
20 Marita Larsson Markbygdens OK 76.29

D80 2600 meter 8 start  
1 Gunvor Göransson Laholms IF 48.35  
6 Gunvor Håkansson Markbygdens OK 68.06

OK Orinto Lång 2014-05-11

H21 8360 meter 34 start  
1 Eskil Kinneberg IFK Göteborg 53.39  
11 Albin Andersson Markbygdens OK 61.19 S

D20 5240 meter 5 start  
1 Elin Högstrand Markbygdens OK 51.54 G

H18 6300 meter 7 start  
1 Edvin Carlsson Markbygdens OK 48.11 G  
2 Ivar Sörqvist Markbygdens OK 49.36 G

D16 4550 meter 18 start  
1 Vilma Blennow Falköpings AIK 38.14  
7 Klara Axelsson Markbygdens OK 46.13

H16 5240 meter 22 start  
1 Victor Helgesson Hestra IF 37.39  
4 Felix Axelsson Markbygdens OK 42.24

|                         |                      |                  |         |
|-------------------------|----------------------|------------------|---------|
| 14                      | Olle Sörqvist        | Markbygdens OK   | 54.11   |
| H14 4130 meter 36 start |                      |                  |         |
| 1                       | Axel Olsson          | OK Skogsstjärnan | 32.39   |
| 18                      | Petter Leibe-Bergste | Markbygdens OK   | 46.53   |
| 23                      | Axel Åkesson         | Markbygdens OK   | 50.55   |
| 24                      | Olle Leibe-Bergstedt | Markbygdens OK   | 52.35   |
| 25                      | Hugo Lomander        | Markbygdens OK   | 52.57   |
| D12 2830 meter 18 start |                      |                  |         |
| 1                       | Elsa Karlsson        | OK Landehof      | 30.45   |
| 6                       | Erika Åkesson        | Markbygdens OK   | 34.46   |
| 8                       | Lisa Åkesson         | Markbygdens OK   | 35.33   |
| H12 2830 meter 29 start |                      |                  |         |
| 1                       | Arvid Björk          | Trollhättans SOK | 24.10   |
| 15                      | Anton Blomqvist      | Markbygdens OK   | 37.23   |
| D40 4700 meter 9 start  |                      |                  |         |
| 1                       | Ulrika Kindlund      | OK Tranan        | 43.34   |
| 5                       | Marina Axelsson      | Markbygdens OK   | 52.01 S |
| H40 7220 meter 26 start |                      |                  |         |
| 1                       | Johan Forssten       | Kungälvs OK      | 60.48   |
| 13                      | Jan Olausson         | Markbygdens OK   | 74.05 S |
| H45 6300 meter 26 start |                      |                  |         |
| 1                       | Ulrik Olsson         | Brattås CK       | 51.26   |
| 4                       | Mikael Bergstedt     | Markbygdens OK   | 54.03 G |
| 12                      | Johan Mars           | Markbygdens OK   | 65.23 S |
| 18                      | Per-Anders Axelsson  | Markbygdens OK   | 70.48 S |
| D50 4090 meter 18 start |                      |                  |         |
| 1                       | Britta Sahlin        | Vänersborgs SK   | 42.03   |
| 6                       | Marie Högstrand      | Markbygdens OK   | 49.36 S |
| H50 6200 meter 30 start |                      |                  |         |
| 1                       | Bertil Åkesson       | Markbygdens OK   | 49.49 G |
| H55 5780 meter 33 start |                      |                  |         |
| 1                       | Hans Strid           | Ulricehamns OK   | 52.52   |
| 17                      | Mikael Bodén         | Markbygdens OK   | 66.31 S |
| 18                      | Tore Gunnarsson      | Markbygdens OK   | 66.41 S |
| 23                      | Arne Persson         | Markbygdens OK   | 69.56 S |
| H60 5300 meter 20 start |                      |                  |         |
| 1                       | Bo Herdersson        | Markbygdens OK   | 53.00 G |
| 9                       | Håkan Andersson      | Markbygdens OK   | 65.15 S |
| 18                      | Bernt Robertsson     | Markbygdens OK   | 85.28   |
| H65 4400 meter 33 start |                      |                  |         |
| 1                       | Olle Adolfsson       | Lerums SOK       | 44.23   |
| 4                       | Lars-Göran Molin     | Markbygdens OK   | 52.31 S |
| H70 4060 meter 31 start |                      |                  |         |
| 1                       | Kalle Johansson      | OK Skogshjortarn | 39.31   |
| 10                      | Rune Arvidsson       | Markbygdens OK   | 49.58 S |
| 21                      | Pär-Erik Johansson   | Markbygdens OK   | 61.35   |
| H75 3540 meter 19 start |                      |                  |         |
| 1                       | Andre Alexandersson  | Kungälvs OK      | 46.42   |
| 3                       | Håkan Skogum         | Markbygdens OK   | 47.44 G |
| 18                      | Stellan Helgesson    | Markbygdens OK   | 90.45   |

Inskolning 1640 meter 45 start  
Cornelia Rosendahl Markbygdens OK Godkänd

U1 2210 meter 27 start  
1 Philip Ekberg Trollhättans SOK 20.04  
10 Elving Lomander Markbygdens OK 24.00

Öppen 3 2830 meter 26 start  
1 Johan Bengtsson Göteborg-Majorna 34.37  
9 Marita Johansson Markbygdens OK 51.44  
12 Jonathan Bodén Markbygdens OK 56.14

Öppen 4 4490 meter 10 start  
1 Helena Blomqvist Markbygdens OK 39.42 B

Öppen 5 3330 meter 49 start  
1 Daniel Torstensson Göteborgs SK 35.34  
45 Åke Ekberg Markbygdens OK 99.29

Öppen 6 5800 meter 6 start  
1 Niklas Larsson IK Uven 57.52  
2 Martin Andersson Markbygdens OK 58.25 B

Öppen 7 3160 meter 53 start  
1 Rolf Eckermark Göteborg-Majorna 29.55  
16 Kristin Hansson Markbygdens OK 43.02  
44 Gun-Britt Molin Markbygdens OK 68.42

Öppen 8 4700 meter 48 start  
1 Mattias Holmstrand IFK Göteborg 32.12  
11 Anders Skoglund Markbygdens OK 45.58  
12 Anne Hansson Markbygdens OK 48.11  
13 Malin Persson Markbygdens OK 48.31  
20 Niclas Andersson Markbygdens OK 51.17  
40 Lars Eriksson Markbygdens OK 67.13

Öppen 10 7600 meter 8 start  
1 Kristoffer Sjöholm Klubblös 58.33  
5 Åsa Dryselius Markbygdens OK 79.27

#### IK Hakarpspojarna JVM-test 2014-05-11

H17-20 4430 meter 72 start  
1 Emil Granqvist OK Ravinen 28.18  
42 Pontus Karlsson Markbygdens OK 33.50 S

#### Skene SoIS När-OL 2014-05-13

Öppen 3 2590 meter 1 start  
1 Ulla Ragnarsson Markbygdens OK 48.49

Öppen 4 4150 meter 5 start  
1 Rikard Österstam Skene SoIS 54.26  
2 Camilla Eriksson Markbygdens OK 54.42

Öppen 5 3130 meter 11 start  
1 Jonas Karlsson Markbygdens OK 35.57  
2 Henry Djurbäck Markbygdens OK 39.06  
3 Ronny Ragnarsson Markbygdens OK 41.08  
4 Olle Leibe-Bergstedt Markbygdens OK 42.55  
7 Rune Arvidsson Markbygdens OK 48.02  
9 Petter Leibe-Bergste Markbygdens OK 54.22  
10 Stig-Ove Djurbäck Markbygdens OK 56.12  
11 Ingrid Breлинд Markbygdens OK 59.02

Öppen 10 5580 meter 4 start  
1 Mikael Bergstedt Markbygdens OK 47.14  
2 Mikael Bodén Markbygdens OK 53.58

Hestra IF När-OL 2014-05-13

Öppen 3 3150 meter 23 start  
1 Oskar Lundberg Hestra IF 27.00  
10 Matz Sandström Markbygdens OK 48.49

Göteborg-Majornas OK När-OL 2014-05-13

D16 2180 meter 15 start  
1 Klara Djerf Lerums SOK 17.58  
2 Klara Ask Markbygdens OK 19.30

D45 2180 meter 17 start  
1 Laila B Höglund FK Herkules 20.03  
5 Jeanette Sigenstam Markbygdens OK 21.43

Hagaby GoIF Lång 2014-05-17

OK Kåre Medel 2014-05-17

H65 2950 meter 32 start  
1 Torgny Pettersson Markbygdens OK 25.03 G

Öppen 3 2850 meter 36 start  
1 Alma Birkin OK Kåre 28.53  
8 Lizkulla Pettersson Markbygdens OK 39.21

Hagaby GoIF Medel 2014-05-18

H70 3030 meter 40 start  
1 Kalle Johansson OK Skogshjortarn 32.42  
9 Rune Arvidsson Markbygdens OK 38.46 S

OK Kåre Lång 2014-05-18

H65 4560 meter 33 start  
1 Bengt Stenerhag Västerbergslagen 36.00  
7 Torgny Pettersson Markbygdens OK 42.04 S

Öppen 5 3470 meter 30 start  
1 Helena Wallman Västerbergslagen 27.46  
26 Lizkulla Pettersson Markbygdens OK 55.00

Göteborg-Majornas OK När-OL 2014-05-21

D16 1910 meter 11 start  
1 Klara Djerf Lerums SOK 13.27  
9 Klara Ask Markbygdens OK 18.54

D45 1910 meter 21 start  
1 Laila B Höglund FK Herkules 14.27  
3 Jeanette Sigenstam Markbygdens OK 14.56

OK Renen Silva League Sprint 2014-05-23

D20 Elit 2690 meter 44 start  
1 Frida Jönsson Södertälje-Nykva 13.40  
27 Josefin Andersson Markbygdens OK 16.51

H20 Elit 3110 meter 58 start  
1 Anton Johansson OK Orion 12.52  
28 Pontus Karlsson Markbygdens OK 14.31

H18 Elit 3110 meter 73 start  
1 Olli Ojanaho Ounasvaaran Hiih 13.06  
53 Klas Udd Markbygdens OK 16.34

Rydboholm SK Skogskarlsmatch När-OL 2014-05-23

H80 2500 meter 6 anmälda  
1 Leif Hjertqvist SKK Göteborg 36.48  
3 Bertil Johansson Markbygdens OK 38.01

H70 3000 meter 28 anmälda  
1 Lars Johansson SKK Västergötlan 31.08  
9 Rune Arvidsson Markbygdens OK 39.17  
15 Bengt Olsson Markbygdens OK 43.12  
24 Lars-Erik Fägersten Markbygdens OK 57.10

H65 4000 meter 25 anmälda  
1 Carl-Henry Andersson SKK Västergötlan 37.40  
7 Lars-Göran Molin Markbygdens OK 49.51

H60 4100 meter 18 anmälda  
1 Bo Herdersson Markbygdens OK 38.05

H55 4100 meter 15 anmälda  
1 Ulf Palmer SKK Västergötlan 35.03  
7 Lennart Karlsson Markbygdens OK 47.01  
12 Lars Eriksson Markbygdens OK 68.58

H40 4900 meter 5 anmälda  
1 Anders Lövgård SKK Göteborg 43.59  
3 Martin Svensson Markbygdens OK 47.38

OK Löftan När-OL 2014-05-24

D16 3400 meter 6 start  
1 Klara Axelsson Markbygdens OK 27.00

H16 4580 meter 5 start  
1 Olle Josarp FK Friskus-Varbe 32.46  
3 Felix Axelsson Markbygdens OK 36.29

Öppen 5 4580 meter 27 start  
1 Mattias Carlsson IK Trenne Ullare 28.45  
15 Per-Anders Axelsson Markbygdens OK 52.21

IFK Mora Medel 2014-05-24

H65 3340 meter 29 start  
1 Hans Käck Dalaportens OL 26.17  
2 Torgny Pettersson Markbygdens OK 26.59 G

Öppen 5 3410 meter 46 start  
1 Lars Fellbrink OK Kåre 31.17  
29 Lizkulla Pettersson Markbygdens OK 51.45

OK Renen Silva League Medel 2014-05-24

H20 Elit 5110 meter 61 start  
1 Anton Johansson OK Orion 33.30  
22 Pontus Karlsson Markbygdens OK 43.42 S

H18 Elit 4910 meter 79 start  
1 Olli Ojanaho Ounasvaaran 32.36  
31 Ivar Sörqvist Markbygdens OK 47.37 B  
55 Klas Udd Markbygdens OK 54.59

D21 Elit 4750 meter 64 start  
1 Tove Alexandersson Stora Tuna OK 32.10  
55 Anne Hansson Markbygdens OK 62.34

IS Kullen Sprint 2014-05-24

H60 2240 meter 6 start  
1 Stig Gustafsson Lunds OK 13.21  
4 Håkan Andersson Markbygdens OK 16.52

Göteborgs SK När-OL 2014-05-24

Inskolning 1310 meter 59 start  
Noah Hedenblom Markbygdens OK Godkänd

OK Gipen Medel 2014-05-25

D55 1950 meter 13 start  
1 Eva Karlsson Uddevalla OK 17.17  
13 Ulla Ragnarsson Markbygdens OK 23.40 S

H65 2030 meter 12 start  
1 Carl-Henry Andersson OK Orinto 15.45  
10 Ronny Ragnarsson Markbygdens OK 21.56 S

OK Gipen Medel 2014-05-25

D55 2150 meter 13 start  
1 Lisa Annersand OK Tyr 17.23  
13 Ulla Ragnarsson Markbygdens OK 25.29 B

H65 2160 meter 12 start  
1 Hans Carlsson IFK Göteborg 15.19  
10 Ronny Ragnarsson Markbygdens OK 20.28 S

IFK Mora Lång 2014-05-25

H65 4540 meter 24 start  
1 Bengt Stenerhag Västerbergslagen 39.21  
2 Torgny Pettersson Markbygdens OK 41.22 G

Öppen 3 3070 meter 15 start  
1 Kristina Holmgren Västerås SOK 29.31  
9 Lizkulla Pettersson Markbygdens OK 41.35

OK Renen Silva League Lång 2014-05-25

D21 Elit 10320 meter 55 start  
1 Tove Alexandersson Stora Tuna 72.25  
46 Anne Hansson Markbygdens OK 107.30 B

H20 Elit 10900 meter 58 start  
1 Emil Granqvist OK Ravinen 71.51  
23 Pontus Karlsson Markbygdens OK 80.29 S

H18 Elit 8810 meter 79 start  
1 Simon Hector Snättringe SK 55.55  
29 Ivar Sörqvist Markbygdens OK 67.02 S



60 Klas Udd Markbygdens OK 76.23 S

Falköpings AIK Sprint 2014-05-31

D40 2750 meter 13 start

1 Jeanette Sigenstam Markbygdens OK 21.23

H60 2150 meter 16 start

1 Lars Grehn Mullsjö SOK 20.26

2 Torgny Pettersson Markbygdens OK 20.35

D16 2750 meter 9 start

1 Wilma Jansson Vänersborgs SK 19.52

3 Klara Ask Markbygdens OK 20.18

Öppen 1 13 start

1 Linus Ahlén IF Hagen 15.35

9 Jarvis Hansson Markbygdens OK 35.10

OK Linné SM Sprint 2014-05-31

H20 kval A 2940 meter 32 start

1 Anton Johansson OK Orion 13.52

9 Pontus Karlsson Markbygdens OK 15.20

27 Erik Persson Markbygdens OK 18.34

H21 kval A 3190 meter 32 start

1 Gustav Bergman OK Ravinen 14.05

26 Simon Skogman Markbygdens OK 17.28

H21 kval C 3260 meter 31 start

1 Ralph Street Södertälje-Nykva 14.28

30 Filip Andersson Markbygdens OK 25.20

Norge Unionsmatch Utland 2014-05-31

D 15-16 4300 meter 45 start

1 Klara Djerf Göteborg 39.49

25 Klara Axelsson Markbygdens OK 51.34

H 15-16 4 900 m, 44 startende deltakere Strekketider

1 Vegard Gulbrandsen Akershus 33.11

42 Felix Axelsson Markbygdens OK 60.28

Norge Unionsmatch Budkavle 2014-06-01

HD 14-16 Sträcka 1

1 Victoria Björnstad Akershus 38.30

33 Klara Axelsson Markbygdens OK 49.06

HD 14-16 Sträcka 4

1 Vegard Gulbrandsen Akershus 37.59

22 Felix Axelsson Markbygdens OK 48.31

OK Linné SM Sprint 2014-06-01

H20 A-final 2620 meter 30 start

1 Anton Johansson OK Orion 15.00

15 Pontus Karlsson Markbygdens OK 16.36

H20 B-final 2300 meter 31 start

1 Anton Nilsson OK Tranan 14.46

20 Erik Persson Markbygdens OK 18.11

|             |                 |                |  |       |
|-------------|-----------------|----------------|--|-------|
| H21 C-final | 2550 meter      | 17 start       |  |       |
| 1           | Jesper Lysell   | Rehns BK       |  | 14.59 |
| 6           | Simon Skogman   | Markbygdens OK |  | 17.20 |
| 16          | Filip Andersson | Markbygdens OK |  | 23.12 |

#### Skene SoIS Sprint 2014-06-03

|     |            |                |  |       |
|-----|------------|----------------|--|-------|
| D16 | 2430 meter | 1 start        |  |       |
| 1   | Klara Ask  | Markbygdens OK |  | 16.19 |

|     |               |                |  |       |
|-----|---------------|----------------|--|-------|
| H16 | 2430 meter    | 2 start        |  |       |
| 1   | Emil Karlsson | Hestra IF      |  | 13.14 |
| 2   | Hugo Lom      | Markbygdens OK |  | 15.57 |

|     |              |                |  |       |
|-----|--------------|----------------|--|-------|
| H14 | 2150 meter   | 4 start        |  |       |
| 1   | Axel Åkesson | Markbygdens OK |  | 13.08 |
| 2   | Arvid Hall   | Markbygdens OK |  | 16.18 |
| 3   | Rasmus Ask   | Markbygdens OK |  | 21.09 |

|     |               |                |  |       |
|-----|---------------|----------------|--|-------|
| D12 | 1440 meter    | 4 start        |  |       |
| 1   | Lisa Åkesson  | Markbygdens OK |  | 9.23  |
| 2   | Erika Åkesson | Markbygdens OK |  | 9.53  |
| 4   | Ella Eriksson | Markbygdens OK |  | 17.10 |

|     |                   |                |  |       |
|-----|-------------------|----------------|--|-------|
| H12 | 1460 meter        | 2 start        |  |       |
| 1   | Anton Blomqvist   | Markbygdens OK |  | 10.02 |
| 2   | Marcus Ragnarsson | Markbygdens OK |  | 10.30 |

|     |               |                |  |       |
|-----|---------------|----------------|--|-------|
| H10 | 1440 meter    | 1 start        |  |       |
| 1   | Axel Eckhardt | Markbygdens OK |  | 11.32 |

|                    |                    |                |  |       |
|--------------------|--------------------|----------------|--|-------|
| Öppen Motion Damer | 2620 meter         | 6 start        |  |       |
| 1                  | Jeanette Sigenstam | Markbygdens OK |  | 16.16 |
| 2                  | Helena Blomqvist   | Markbygdens OK |  | 18.26 |
| 4                  | Ulla Ragnarsson    | Markbygdens OK |  | 25.58 |
| 5                  | Ingrid Breлинд     | Markbygdens OK |  | 26.08 |
| 6                  | Elena Eckhardt     | Markbygdens OK |  | 29.48 |

|                     |                 |                |  |       |
|---------------------|-----------------|----------------|--|-------|
| Öppen Motion herrar | 2950 meter      | 10 start       |  |       |
| 1                   | Johan Högstrand | Markbygdens OK |  | 13.00 |
| 2                   | Albin Andersson | Markbygdens OK |  | 13.49 |
| 3                   | Pontus Karlsson | Markbygdens OK |  | 13.58 |
| 4                   | Edvin Carlsson  | Markbygdens OK |  | 14.53 |
| 5                   | Martin Frisk    | Markbygdens OK |  | 17.41 |
| 6                   | Fredrik Ask     | Markbygdens OK |  | 17.49 |
| 10                  | Jörgen Frisk    | Markbygdens OK |  | 27.19 |

#### Kinnaströms SK Sprint 2014-06-04

|     |               |                |  |       |
|-----|---------------|----------------|--|-------|
| D12 |               |                |  |       |
| 1   | Lisa Åkesson  | Markbygdens OK |  | 11.42 |
| 2   | Erika Åkesson | Markbygdens OK |  | 12.53 |

|     |                   |                |  |       |
|-----|-------------------|----------------|--|-------|
| H12 |                   |                |  |       |
| 1   | Anton Blomqvist   | Markbygdens OK |  | 13.55 |
| 2   | Marcus Ragnarsson | Markbygdens OK |  | 15.28 |

|     |              |                |  |       |
|-----|--------------|----------------|--|-------|
| H14 |              |                |  |       |
| 1   | Arvid Hall   | Markbygdens OK |  | 14.48 |
| 2   | Axel Åkesson | Markbygdens OK |  | 14.55 |
| 3   | Rasmus Ask   | Markbygdens OK |  | 21.17 |

|    |              |          |  |       |
|----|--------------|----------|--|-------|
| U1 |              |          |  |       |
| 1  | Jonatan Vall | OK Råven |  | 14.09 |

9 Nitai Österstam Markbygdens OK 29.52

Öppen Motion Damer

1 Klara Axelsson Markbygdens OK 15.53  
2 Marina Axelsson Markbygdens OK 18.48  
4 Ingrid Brelind Markbygdens OK 32.45

Öppen Motion Herrar

1 Pontus Karlsson Markbygdens OK 11.36  
2 Albin Andersson Markbygdens OK 11.43  
3 Rasmus Arnell Markbygdens OK 14.24  
4 Felix Axelsson Markbygdens OK 14.35  
5 Niklas Frisk Markbygdens OK 16.12  
6 Martin Frisk Markbygdens OK 16.38  
7 Viktor Arnell Markbygdens OK 20.46  
9 Pär-Erik Johansson Markbygdens OK 24.42  
11 Jörgen Frisk Markbygdens OK 25.24  
12 Stellan Helgesson Markbygdens OK 33.57

Västerås SOK Medel 2014-06-05

Öppen B 3810 meter 49 start

1 Stig Thorsson Södertälje-Nykva 33.35  
6 Rune Arvidsson Markbygdens OK 38.47 B

IK Uven Sprint 2014-06-05

D16 2350 meter 22 start

1 Kerstin Wadman Göteborg-Majorna 14.20  
2 Klara Axelsson Markbygdens OK 15.06

H16 2500 meter 15 start

1 Otto Stuhlhofer OK Landehof 12.50  
2 Felix Axelsson Markbygdens OK 13.39

D40 2030 meter 13 start

1 Marina Axelsson Markbygdens OK 14.08

H45 2480 meter 15 start

1 Odd Wallum Sävedalens AIK 13.56  
12 Per-Anders Axelsson Markbygdens OK 18.48

H60 2030 meter 8 start

1 Kent Kardell Ljungskile FK 14.40  
5 Håkan Andersson Markbygdens OK 18.06

Öppen 5 2210 meter 31 start

1 Karl Eneland Frösö IF 13.41  
26 Marita Larsson Markbygdens OK 24.52

OK Klyftamo Sprint1 2014-06-07

D16 2110 meter 31 start

1 Sanna Fasth Eksjö SOK 12.30  
6 Klara Axelsson Markbygdens OK 13.41

H16 2390 meter 31 start

1 Simon Larsson OK Hällen 14.15  
3 Felix Axelsson Markbygdens OK 14.59  
18 Olle Sörqvist Markbygdens OK 17.44

H14 2190 meter 56 start

1 Simon Harden FK Boken 12.20  
24 Axel Åkesson Markbygdens OK 15.57

D12 1840 meter 52 start  
1 Klara Åkerman Västerås SOK 12.31  
27 Lisa Åkesson Markbygdens OK 18.44  
32 Erika Åkesson Markbygdens OK 19.10

D40 1900 meter 26 start  
1 Ulrika Kindlund OK Tranan 11.22  
2 Marina Axelsson Markbygdens OK 12.09

D45 1790 meter 32 start  
1 Jenny Nyman Vänersborgs SK 11.39

H45 2390 meter 45 start  
1 Robert Palm Västerås SOK 16.01  
8 Fredrik Ask Markbygdens OK 17.05

OK Klyftamo Sprint2 2014-06-07

D16 1980 meter 31 start  
1 Jonna Fors OK Grip 15.42  
2 Klara Axelsson Markbygdens OK 15.49  
9 Klara Ask Markbygdens OK 19.16

H16 2410 meter 31 start  
1 Simon Larsson OK Hällen 15.24  
2 Felix Axelsson Markbygdens OK 15.51  
19 Olle Sörqvist Markbygdens OK 20.57

H14 2210 meter 56 start  
1 Lukas Olm Kils OK 16.18  
31 Axel Åkesson Markbygdens OK 22.28

D12 1750 meter 52 start  
1 Emma Ling Jönköpings OK 12.22  
14 Erika Åkesson Markbygdens OK 15.42

D40 1820 meter 26 start  
1 Ulrika Kindlund OK Tranan 14.20  
4 Marina Axelsson Markbygdens OK 15.54

D45 1790 meter 32 start  
1 Jenny Nyman Vänersborgs SK 14.26  
7 Jeanette Sigenstam Markbygdens OK 17.26

H45 2350 meter 44 start  
1 Anders Kindbom IF Hagen 16.04  
22 Per-Anders Axelsson Markbygdens OK 19.37  
23 Fredrik Ask Markbygdens OK 19.42

Hamar OK Sprint Utland 2014-06-07

D17C 2530 meter 19 start  
1 Stine Holmen Hamar OK 19.33  
17 Marita Johansson Markbygdens OK 43.26

H70 3090 meter 13 start  
1 Trond Feiring Hamar OK 30.38  
4 Pär-Erik Johansson Markbygdens OK 35.11

Hamar OK Lång Utland 2014-06-08

D17C 3260 meter 19 start  
1 Kristin Ulveseth Vang OL 37.08

15 Marita Johansson Markbygdens Ok 65.05  
H70 3170 meter 19 start  
1 Anders Taraldrud Indre Østfold OK 26.45  
8 Pär-Erik Johansson Markbygdens Ok 36.11

IK Gandvik Sprint 2014-06-08

D11 1530 meter 97 start  
1 Klara Åkerman Västerås SOK 9.55  
11 Lisa Åkesson Markbygdens OK 12.16  
56 Erika Åkesson Markbygdens OK 20.01

H11 1710 meter 93 start  
1 Arvid Björk Trollhättans SOK 9.24  
45 Anton Blomqvist Markbygdens OK 18.30

D40 2370 meter 75 start  
1 Ulrika Kindlund OK Tranan 15.32  
9 Marina Axelsson Markbygdens OK 17.53

H45 2490 meter 76 start  
1 Peter Jacobsson IK Hakarpspojkar 12.59  
33 Per-Anders Axelsson Markbygdens OK 18.23

Inskolning 1170 meter 104 start  
Elin Blomqvist Markbygdens OK Godkänd

Öppen 3080 meter 74 start  
1 Mattias Gunnarsson Bredaryds SOK 18.12  
45 Helena Blomqvist Markbygdens OK 29.35

D-xtr 3070 meter 49 start  
1 Hanna Mårtensson OK Skogsstjärnan 21.19  
3 Klara Axelsson Markbygdens OK 21.28

H-xtr 3070 meter 83 start  
1 Hugo Ström Ulricehamns OK 21.51  
39 Axel Åkesson Markbygdens OK 37.20

H-xtr 3070 meter 63 start  
1 Oliwer Lundberg OK Bävorn 18.45  
5 Felix Axelsson Markbygdens OK 21.26  
23 Olle Sörqvist Markbygdens OK 26.22

Hamar OK Medel Utland 2014-06-09

D17C 2490 meter 18 start  
1 Eli Ringstad Lien Gjø-Vard OL 22.41  
14 Marita Johansson Markbygdens Ok 51.15

H70 2910 meter 11 start  
1 Anders Taraldrud Indre Østfold OK 33.13  
5 Pär-Erik Johansson Markbygdens Ok 38.46

Fritsla VIK Sprint 2014-06-10

U1 1100 meter 12 start  
1 Edvin Broms OK Råven 9.47  
6 Nitai Österstam Markbygdens OK 18.42

H10 1170 meter 2 start  
1 William Bengtsson Markbygdens OK 18.21

D12 1480 meter 4 start  
1 Lisa Åkesson Markbygdens OK 12.21  
2 Erika Åkesson Markbygdens OK 14.25

H12 1480 meter 2 start  
1 Anton Blomqvist Markbygdens OK 16.54  
2 Marcus Ragnarsson Markbygdens OK 21.24

H14 1570 meter 7 start  
1 Rasmus Ask Markbygdens OK 13.33  
2 Arvid Hall Markbygdens OK 15.13  
3 Petter Hedlund Markbygdens OK 16.28  
4 Otto Bornefalk Markbygdens OK 16.41  
5 Loke Lundell Markbygdens OK 20.02

Öppen Damer 1980 meter 18 start  
1 Marina Axelsson Markbygdens OK 13.18  
2 Klara Ask Markbygdens OK 14.07  
3 Jeanette Sigenstam Markbygdens OK 14.33  
4 Klara Axelsson Markbygdens OK 14.36  
5 Anne Hansson Markbygdens OK 16.36  
7 Helena Blomqvist Markbygdens OK 17.52  
9 Johanna Skogum Markbygdens OK 20.12  
10 Elin Högstrand Markbygdens OK 22.41  
11 Ulla Ragnarsson Markbygdens OK 24.46  
12 Ingrid Brelind Markbygdens OK 26.41

Öppen Herrar 2570 meter 21 start  
1 Johan Högstrand Markbygdens OK 13.15  
2 Pontus Karlsson Markbygdens OK 15.08  
3 Felix Axelsson Markbygdens OK 16.13  
4 Erik Persson Markbygdens OK 16.38  
6 Niklas Frisk Markbygdens OK 18.31  
7 Martin Frisk Markbygdens OK 19.44  
10 Fredrik Turesson Markbygdens OK 23.23  
11 Michael Magnusson Markbygdens OK 23.59  
14 Stellan Helgesson Markbygdens OK 39.16

#### Jukolakavlen Budkavle Utland 2014-06-14

Herrar  
1 Kalevan Rasti Kalevan Rasti 479.01  
302 Markbygdens OK Markbygdens OK 704.26

Herrar Sträcka 1 10100 meter 1590 start  
1 Carl Kaas Bäckelagets SK 66.56  
54 Pontus Karlsson Markbygdens OK 71.58

Herrar Sträcka 2 11500 meter 1573 start  
1 Björn Ekeberg IL Tyrving 74.43  
5 Johan Högstrand Markbygdens OK 77.22

Herrar Sträcka 3 10200 meter 1550 start  
1 Severi Kymäläinen Tampereen Pyrint 66.02  
400 Ivar Sörqvist Markbygdens OK 99.34

Herrar Sträcka 4 7600 meter 1525 start  
1 Erik Sandberg IFK Lidingö SOK 51.35  
758 Anne Hansson Markbygdens OK 92.13

Herrar Sträcka 5 7700 meter 1498 start  
1 Scott Fraser Södertälje Nykva 48.49  
901 Tove Udd Markbygdens OK 107.57

Herrar Sträcka 6 10700 meter 1462 start  
1 Timo Sild Hiidenkiertäjät 67.20  
768 Joel Udd Markbygdens OK 131.15

Herrar Sträcka 7 14000 meter 1417 start  
1 Thierry Gueorgiou Kalevan Rasti 84.06  
193 Albin Andersson Markbygdens OK 124.05

Idrefjällens OK Lång 2014-06-22

H65 4630 meter 27 start  
1 Carl-Henry Andersson OK Orinto 45.07  
8 Torgny Pettersson Markbygdens OK 51.41 S

D70 3080 meter 9 start  
1 Birgitta Johansson Kristinehamns OK 37.52  
4 Kerstin Johansson Markbygdens OK 44.47 S

H70 4110 meter 18 start  
1 Runo Johansson Kristinehamns OK 41.12  
6 Pär-Erik Johansson Markbygdens OK 50.17 S

Öppen 1 2600 meter 5 start  
1 Annelie Westerberg Okänd 17.39  
3 Lizkulla Pettersson Markbygdens OK 26.27

Idrefjällens OK Sprint 2014-06-23

D70 1240 meter 12 start  
1 Birgitta Arlebo KFUM Örebro OK 13.40  
8 Kerstin Johansson Markbygdens OK 26.03

H70 1390 meter 15 start  
1 Lars Tuvevsson Ulricehamns OK 15.18  
3 Pär-Erik Johansson Markbygdens OK 16.42

Öppen 3 1230 meter 25 start  
1 Emma Bergman Tierps SOK 13.00  
18 Marita Johansson Markbygdens OK 33.43

Öppen jubileumsklass 4220 meter 100 start  
73 Erika Åkesson Markbygdens OK 49.35

Idrefjällens OK 3-dagars E1 Lång 2014-06-24

D12 3120 meter 13 start  
1 Nora Holmgård Kils OK 29.09  
8 Erika Åkesson Markbygdens OK 44.30  
9 Lisa Åkesson Markbygdens OK 46.07

H50 6640 meter 18 start  
1 Mikael Ingelsson Ockelbo OK 48.46  
2 Bertil Åkesson Markbygdens OK 48.57 G

D70 3500 meter 12 start  
1 Birgitta Johansson Kristinehamns OK 33.44  
5 Kerstin Johansson Markbygdens OK 40.48 S

H70 4310 meter 25 start  
1 Lars Tuvevsson Ulricehamns OK 38.33  
17 Pär-Erik Johansson Markbygdens OK 61.30

Öppen 3 3120 meter 38 start  
1 Marie Eriksson Linköping OK 39.15

16 Marita Johansson Markbygdens OK 53.11

Öppen 10 7290 meter 11 start

1 Johan Haglund KFUM Örebro 60.49  
4 Åsa Dryselius Markbygdens OK 136.58

Mullsjö SOK Lång När-OL 2014-06-24

Öppen Mellan 4430 meter 44 start

1 Adam Fredén Falköpings AIK 32.13  
3 Caroline Lennartsson Markbygdens OK 37.17  
19 Axel Åkesson Markbygdens OK 53.01

Öppen Lång 6250 meter 40 start

1 Markus Hederskog IK Hakarpspojkar 40.58  
29 Axel Lomander Markbygdens OK 64.28

Sävedalens AIK Sprint När-OL 2014-06-25

D1699 1990 meter 3 start

1 Emma Renberg Sävedalens AIK 15.18  
2 Klara Axelsson Markbygdens OK 16.43

D35 1490 meter 9 start

1 Ellinor Johansson OK Alehof 26.48  
4 Marina Axelsson Markbygdens OK 32.40

H45 1430 meter 8 start

1 Andrew Lago Göteborg-Majorna 17.28  
6 Per-Anders Axelsson Markbygdens OK 42.09

Idrefjällens OK 3-dagars E2 Medel 2014-06-25

D12 3290 meter 12 start

1 Lovisa Gustafsson KFUM Örebro 40.31  
3 Erika Åkesson Markbygdens OK 42.03  
5 Lisa Åkesson Markbygdens OK 43.44

H50 3130 meter 17 start

1 Bertil Åkesson Markbygdens OK 33.46 G

D70 2200 meter 11 start

1 Lena Leandersson Älvdalens IF 36.13  
2 Kerstin Johansson Markbygdens OK 41.01 S

H70 2760 meter 25 start

1 Runo Johansson Kristinehamns OK 41.07  
8 Pär-Erik Johansson Markbygdens OK 61.03 B

Öppen 3 3290 meter 31 start

1 Emma Bergman Tierps SOK 34.28  
22 Marita Johansson Markbygdens OK 67.04

Idrefjällens OK 3-dagars Totalt 2014-06-26

D12 11 start

1 Therese Nilsson OK Österåker 109.59  
3 Erika Åkesson Markbygdens OK 118.05  
4 Lisa Åkesson Markbygdens OK 118.09

D70 11 start

1 Birgitta Johansson Kristinehamns OK 120.25  
4 Kerstin Johansson Markbygdens OK 134.43



H50 16 start  
1 Bertil Åkesson Markbygdens OK 135.14

H70 23 start  
1 Lars Tuvevesson Ulricehamns OK 144.15  
11 Pär-Erik Johansson Markbygdens OK 197.00

Idrefjällens OK 3-dagars E3 Lång 2014-06-26

Öppen 1 2160 meter 8 start  
1 Daniel Persson Ockelbo OK 22.29  
5 Marita Johansson Markbygdens OK 35.47

Helsingborgs SOK Sprint 2014-06-27

H21 3730 meter 57 start  
1 Mikael Kristensson Leksands OK 19.40  
17 Simon Larsson Markbygdens OK 22.49

H14 2250 meter 9 start  
1 Lukas Granstedt IK Hakarpspojkar 12.41  
8 Marcus Ragnarsson Markbygdens OK 27.41

D55 2650 meter 21 start  
1 Christina Segerslätt Skåneslättens OL 23.29  
17 Ulla Ragnarsson Markbygdens OK 38.51

H55 2760 meter 32 start  
1 Mats Brorsson Tockarps IK 15.59  
18 Tor Udd Markbygdens OK 21.16

D60 1970 meter 25 start  
1 Ulla Engelby OK Pan-Kristians 14.15  
23 Marita Larsson Markbygdens OK 25.35

H65 2540 meter 39 start  
1 Agne Bengtsson OK Kompassen 17.44  
23 Ronny Ragnarsson Markbygdens OK 24.01

Helsingborgs SOK Medel Utland 2014-06-28

H21 3450 meter 59 start  
1 Mikael Kristensson Leksands OK 15.46  
10 Simon Larsson Markbygdens OK 18.29

H14 2200 meter 8 start  
1 Lukas Granstedt IK Hakarpspojkar 13.06  
7 Marcus Ragnarsson Markbygdens OK 34.55

D50 2375 meter 16 start  
1 Lena Olsson Skåneslättens OL 18.54  
2 Anne Udd Markbygdens OK 20.11

H55 2700 meter 32 start  
1 Sten Gustafsson Eds SK 16.26  
19 Tor Udd Markbygdens OK 24.13

D60 2025 meter 26 start  
1 Lena Söderberg OK Skogsfalken 17.43  
16 Marita Larsson Markbygdens OK 25.42

H65 2500 meter 38 start  
1 Leif Sandgren Frosta OK 17.58  
14 Ronny Ragnarsson Markbygdens OK 26.24

## Helsingborgs SOK Sprint 2014-06-28

H21 3490 meter 57 start  
1 Gernot Kerschbaumer OK Pan-Kristians 17.00  
13 Simon Larsson Markbygdens OK 20.43

H14 2150 meter 9 start  
1 Lukas Granstedt IK Hakarpspojkar 11.19  
6 Marcus Ragnarsson Markbygdens OK 26.28

D50 2410 meter 16 start  
1 Ingrid Johansson Laholms IF 19.53  
4 Anne Udd Markbygdens OK 22.04

D60 1960 meter 25 start  
1 Ulla Engelby OK Pan-Kristians 15.51  
14 Marita Larsson Markbygdens OK 23.22

H65 2380 meter 38 start  
1 Leif Sandgren Frosta OK 17.30  
26 Ronny Ragnarsson Markbygdens OK 24.59

## Idefjordens SK Medel 2014-06-28

H18 3990 meter 9 start  
1 Ivar Sörqvist Markbygdens OK 30.36 G

D16 2790 meter 10 start  
1 Kerstin Wadman Göteborg-Majorna 27.34  
2 Klara Axelsson Markbygdens OK 27.37  
8 Klara Ask Markbygdens OK 47.47

H16 3030 meter 12 start  
1 Rasmus Lundberg OK Bävern 24.40  
5 Felix Axelsson Markbygdens OK 28.45  
7 Olle Sörqvist Markbygdens OK 36.02

D40 3130 meter 6 start  
1 Ellen Kathrine Svendsby Halden 29.54  
5 Marina Axelsson Markbygdens OK 41.16 S

D45 2940 meter 19 start  
1 Anette Granstedt IK Hakarpspojkar 30.04  
11 Jeanette Sigenstam Markbygdens OK 43.24 S

H45 3550 meter 20 start  
1 Ola Wallinder Göteborg-Majorna 35.58  
10 Fredrik Ask Markbygdens OK 42.54 S  
11 Urban Sörqvist Markbygdens OK 42.57 S  
15 Per-Anders Axelsson Markbygdens OK 46.28 S

H60 2980 meter 18 start  
1 Hans Huseby Sarpsborg OL 27.47  
3 Bo Herdersson Markbygdens OK 32.15 S

Inskolning 2050 meter 8 start  
Einar Sörqvist Markbygdens OK Godkänd

Öppen 7 2300 meter 9 start  
1 Elin Lundqvist Kils OK 35.03  
9 Gun-Britt Molin Markbygdens OK 72.01

## Helsingborgs SOK Sprint 2014-06-29

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H21 3970 meter 51 start  
1 Adam Granstedt IK Hakarpspojkar 21.10  
32 Simon Larsson Markbygdens OK 27.02

H14 2280 meter 9 start  
1 Lukas Granstedt IK Hakarpspojkar 14.46  
9 Marcus Ragnarsson Markbygdens OK 44.09

D50 2360 meter 17 start  
1 Lena Olsson Skåneslättens OL 19.33  
3 Anne Udd Markbygdens OK 20.25

D55 2360 meter 22 start  
1 Lotta Linsefors Lunds OK 17.33  
21 Ulla Ragnarsson Markbygdens OK 36.23

H55 2720 meter 32 start  
1 Arne Klintberg Eksjö SOK 17.22  
25 Tor Udd Markbygdens OK 26.04

D60 2210 meter 25 start  
1 Ingela Nelsén Falkenberg OK 17.51  
21 Marita Larsson Markbygdens OK 29.39

H65 2360 meter 36 start  
1 Tommy Olsson OK Dacke 19.42  
16 Ronny Ragnarsson Markbygdens OK 24.28

Idefjordens SK Lång Gemensam 2014-06-29

H18 6400 meter 8 start  
1 Ivar Sörqvist Markbygdens OK 45.30

D16 4440 meter 10 start  
1 Klara Axelsson Markbygdens OK 46.10  
6 Klara Ask Markbygdens OK 57.32

H16 5030 meter 11 start  
1 Oliwer Lundberg OK Bävorn 37.46  
2 Felix Axelsson Markbygdens OK 38.04  
6 Olle Sörqvist Markbygdens OK 45.51

D40 4910 meter 6 start  
1 Linn Nilsson OK Tyr 45.52  
2 Marina Axelsson Markbygdens OK 47.28

D45 4640 meter 19 start  
1 Anette Granstedt IK Hakarpspojkar 42.30  
6 Jeanette Sigenstam Markbygdens OK 54.09

H45 6390 meter 17 start  
1 Anders Yngström Göteborg-Majorna 51.06  
13 Urban Sörqvist Markbygdens OK 73.49  
14 Per-Anders Axelsson Markbygdens OK 74.23

H60 4830 meter 16 start  
1 Ken Ragnarsson OK Kompassen 40.36  
2 Bo Herdersson Markbygdens OK 41.59

H65 4640 meter 15 start  
1 Jimmy Nordli Trøsken IL 49.12  
5 Lars-Göran Molin Markbygdens OK 55.33

Inskolning 1740 meter 13 start  
Einar Sörqvist Markbygdens OK Godkänd

Öppen 3 2550 meter 19 start  
1 Ann Larsson Sundsvall OK 18.38  
16 Gun-Britt Molin Markbygdens OK 49.12

Västerviks OK Lång 2014-07-01

D21 Kort 5130 meter 4 start  
1 Justyna Kuzba UKS Siodemka 74.39  
4 Malin Ljunggren Markbygdens OK 100.00 S

D55 3940 meter 9 start  
1 Ann-Christin Nero Forsman Ronneby 47.57  
7 Leila Ljunggren Markbygdens OK 74.17

H65 4640 meter 42 start  
1 Kenneth Johansson Eskilstuna OL 41.40  
3 Torgny Pettersson Markbygdens OK 45.13 G

H70 4190 meter 47 start  
1 Åke Eckerbom IFK Sävsjö 42.35  
6 Rune Arvidsson Markbygdens OK 54.27 S  
10 Bengt Olsson Markbygdens OK 58.10 S

Öppen 3 3130 meter 31 start  
1 Jiri Dejnozka OOB TJ 27.38  
17 Lizkulla Pettersson Markbygdens OK 55.48

OK Tranan Medel 2014-07-01

H55 4790 meter 7 start  
1 Ulf Palmér Ulricehamns OK 39.31  
5 Mikael Bodén Markbygdens OK 48.08 S

Västerviks OK Lång 2014-07-02

D55 4460 meter 9 start  
1 Lena Rosander Finspångs SOK 55.42  
7 Leila Ljunggren Markbygdens OK 77.11 S

H65 4770 meter 37 start  
1 Christer Sandh OK Roxen 40.15  
3 Torgny Pettersson Markbygdens OK 44.12 G

H70 4020 meter 46 start  
1 Roland Alsén OK Roxen 42.27  
6 Rune Arvidsson Markbygdens OK 50.02 S  
29 Bengt Olsson Markbygdens OK 65.23

Karlshamns OK Sprint 2014-07-03

H16 1580 meter 13 start  
1 Henrik Johannesson Ronneby OK 12.42  
3 Felix Axelsson Markbygdens OK 16.16

D40 1660 meter 27 start  
1 Annika Johansson OK Tranan 17.33  
3 Marina Axelsson Markbygdens OK 19.32

H40 1790 meter 28 start  
1 Thomas Johannesson Ronneby OK 15.49  
15 Per-Anders Axelsson Markbygdens OK 24.13

Öppen 2 960 meter 16 start  
1 Love Carlsson OK Orion 9.21  
7 Ulla Ragnarsson Markbygdens OK 14.54

Öppen 5 1240 meter 15 start  
1 Ronny Ragnarsson Markbygdens OK 17.48

Karlshamns OK Medel 2014-07-03

D16 4500 meter 8 start  
1 Lisa Johansson OK Tranan 35.01  
3 Klara Axelsson Markbygdens OK 42.58

H16 5500 meter 8 start  
1 Henrik Johannesson Ronneby OK 38.11  
2 Felix Axelsson Markbygdens OK 46.20

D40 5100 meter 17 start  
1 Ulrika Hermansson OK Orion 42.38  
7 Marina Axelsson Markbygdens OK 58.05 S

H45 6700 meter 15 start  
1 Thomas Johannesson Ronneby OK 54.14  
11 Per-Anders Axelsson Markbygdens OK 97.04

Öppen 3 3100 meter 17 start  
1 Annika Granqvist 36:05 36.05  
7 Ulla Ragnarsson Markbygdens OK 43.49

Öppen 5 3800 meter 28 start  
1 Ann-Sofie Brink Markaryds FK 36.41  
9 Ronny Ragnarsson Markbygdens OK 44.07 B

Ärla IF Medel 2014-07-04

H70 2990 meter 48 start  
1 Jerry Holm Eskilstuna OL 27.01  
28 Rune Arvidsson Markbygdens OK 39.41 B

Östersunds OK Sprint 2014-07-04

H21 40 start  
1 Emil Svensk Stora Tuna OK 15.29  
3 Johan Högstrand Markbygdens OK 16.28

Östersunds OK Medel 2014-07-05

H21 39 start  
1 Johan Högstrand Markbygdens OK 49.58 G

Lessebo OK Tjoget Budkavle 2014-07-05

Öppen efter 7 sträckor  
1 OK Orion OK Orion 688.58  
16 Markbygdens OK Markbygdens OK 832.48

Öppen Sträcka 1 6360 meter  
1 Oscar Björck Halmstad OK 38.10  
14 Edvin Carlsson Markbygdens OK 38.55

Öppen Sträcka 2 3780 meter  
1 Adam Segerslätt Skåneslättens OL 23.23  
6 Olle Sörqvist Markbygdens OK 24.37

|                             |                      |                  |       |
|-----------------------------|----------------------|------------------|-------|
| Öppen Sträcka 3 2030 meter  |                      |                  |       |
| 1                           | Povel Hedberg        | Lunds OK         | 11.01 |
| 21                          | Erika Åkesson        | Markbygdens OK   | 12.24 |
| 36                          | Erika Åkesson        | Markbygdens OK   | 13.21 |
| Öppen Sträcka 4 7430 meter  |                      |                  |       |
| 1                           | David Bejbom         | Halmstad OK      | 45.31 |
| 6                           | Ivar Sörqvist        | Markbygdens OK   | 48.38 |
| Öppen Sträcka 5 2280 meter  |                      |                  |       |
| 1                           | Mathias Blomster     | Ronneby OK       | 12.13 |
| 20                          | Axel Åkesson         | Markbygdens OK   | 14.49 |
| Öppen Sträcka 6 5480 meter  |                      |                  |       |
| 1                           | Philip Persson       | OK Orion         | 31.53 |
| 5                           | Felix Axelsson       | Markbygdens OK   | 34.30 |
| Öppen Sträcka 7 4400 meter  |                      |                  |       |
| 1                           | Tilda Johansson      | OK Orion         | 32.10 |
| 9                           | Klara Axelsson       | Markbygdens OK   | 35.23 |
| Öppen Sträcka 8 8310 meter  |                      |                  |       |
| 1                           | Erik Martinsson      | Linköpings OK    | 53.45 |
| 39                          | Albin Andersson      | Markbygdens OK   | 63.43 |
| Öppen Sträcka 9 5400 meter  |                      |                  |       |
| 1                           | Olof Sandgren        | OK Orion         | 35.03 |
| 7                           | Simon Larsson        | Markbygdens OK   | 37.51 |
| Öppen Sträcka 10 4710 meter |                      |                  |       |
| 1                           | Henrik Berlin        | OK Orion         | 34.35 |
| 4                           | Per-Anders Axelsson  | Markbygdens OK   | 38.17 |
| Öppen Sträcka 11 6780 meter |                      |                  |       |
| 1                           | Erik Modig           | OK Pan           | 46.35 |
| 23                          | Mikael Bergstedt     | Markbygdens OK   | 57.12 |
| Öppen Sträcka 12 2800 meter |                      |                  |       |
| 1                           | Olof Ljunggren       | Linköpings OK    | 18.42 |
| 60                          | Henry Djurbäck       | Markbygdens OK   | 35.58 |
| Öppen Sträcka 13 5850 meter |                      |                  |       |
| 1                           | Peter Aronsson       | Linköpings OK    | 36.23 |
| 44                          | Urban Sörqvist       | Markbygdens OK   | 57.00 |
| Öppen Sträcka 14 3490 meter |                      |                  |       |
| 1                           | Jesper Johansson     | OK Löftan        | 24.36 |
| 38                          | Petter Leibe-Bergste | Markbygdens OK   | 32.24 |
| 40                          | Tor Udd              | Markbygdens OK   | 32.27 |
| 49                          | Olle Leibe-Bergstedt | Markbygdens OK   | 33.15 |
| Öppen Sträcka 15 4660 meter |                      |                  |       |
| 1                           | Viktoria Ernstsson   | Göteborg-Majorna | 32.24 |
| 62                          | Filip Andersson      | Markbygdens OK   | 58.06 |
| Öppen Sträcka 16 8150 meter |                      |                  |       |
| 1                           | Anton Johansson      | OK Orion         | 44.09 |
| 17                          | Pontus Karlsson      | Markbygdens OK   | 56.56 |
| Öppen Sträcka 17 6220 meter |                      |                  |       |
| 1                           | Erik Andersson       | OK Orion         | 35.06 |
| 21                          | Joel Udd             | Markbygdens OK   | 51.31 |

Öppen Sträcka 18 3160 meter  
1 Frida Andersson Falkenbergs OK 20.01  
54 Anne Udd Markbygdens OK 35.29

Öppen Sträcka 19 5260 meter  
1 Henrik Tosteberg Linköpings OK 34.07  
17 Marina Axelsson Markbygdens OK 41.42

Öppen Sträcka 20 8080 meter  
1 Måns Sandgren OK Orion 47.03  
13 Bertil Åkesson Markbygdens OK 56.32

Ärla IF Lång 2014-07-06

H70 3940 meter 47 start  
1 Per-Ivar Möllberg Arboga OK 36.49  
22 Rune Arvidsson Markbygdens OK 49.18 S

Italiens 5-dagars E1 Utland 2014-07-06

H50 3200 meter 97 start  
1 Håkan Svensson Bredaryds SOK 25.06  
36 Niclas Andersson Markbygdens OK 39.19

H55 2800meter 95 start  
1 Jon Bjorgum Kristiansand OK 30.13  
42 Carl Johan Högstrand Markbygdens OK 43.35

D45 3000 meter 56 start  
1 Anette Granstedt IK Hakarpspojkar 25.54  
43 Helena Andersson Markbygdens OK 67.33

D50 2900 meter 69 start  
1 Gunilla Thunstedt Järfälla OK 31.41  
17 Marie Högstrand Markbygdens OK 43.24

Östersunds OK Lång 2014-07-06

H21 35 start  
1 Johan Högstrand Markbygdens OK 72.43 G

Italiens 5-dagars E2 Utland 2014-07-08

H50 2200 meter 97 start  
1 Håkan Svensson Bredaryds SOK 11.20  
61 Niclas Andersson Markbygdens OK 16.17

H55 2100 meter 96 start  
1 Jon Bjorgum Kristiansand OK 12.35  
65 Carl Johan Högstrand Markbygdens OK 18.32

D45 2100 meter 63 start  
1 Catarina Öberg Stora Tuna OK 12.18  
57 Helena Andersson Markbygdens OK 23.28

D50 2000 meter 79 start  
1 Isabelle Hellmüller OLG St. Gallen 13.00  
32 Marie Högstrand Markbygdens OK 17.42

Italiens 5-dagars E3 Utland 2014-07-09

H50 4000 meter 106 start  
1 Martin Bagness Warrior OC 31.17  
67 Niclas Andersson Markbygdens OK 53.51

H55 3600 meter 101 start  
1 Robert Zdrahal Hana Orienteerin 30.10  
41 Carl Johan Högstrand Markbygdens OK 42.30

D45 3400 meter 64 start  
1 Anette Granstedt IK Hakarpspojkar 30.53  
52 Helena Andersson Markbygdens OK 86.00

D50 3100 meter 74 start  
1 Inger Berg Linköpings OK 30.59  
23 Marie Högstrand Markbygdens OK 40.54

Italiens 5-dagars E4 Utland 2014-07-10

H50 5600 meter 104 start  
1 Håkan Svensson Bredaryds SOK 36.31  
46 Niclas Andersson Markbygdens OK 57.09

H55 5200 meter 98 start  
1 Sören Jonsson Nydalens Skiklub 38.52  
35 Carl Johan Högstrand Markbygdens OK 54.40

D45 4800 meter 62 start  
1 Anette Granstedt IK Hakarpspojkar 33.20  
54 Helena Andersson Markbygdens OK 100.51

D50 4300 meter 72 start  
1 Inger Berg Linköpings OK 36.55  
21 Marie Högstrand Markbygdens OK 50.48

Hallands 3-dagars E1 Medel 2014-07-11

H20 3550 meter 6 start  
1 Pontus Karlsson Markbygdens OK 31.20 G

H18 3370 meter 24 start  
1 Oskar Lindqvist Sävedalens AIK 24.06  
3 Ivar Sörqvist Markbygdens OK 24.48 G

H16 3270 meter 34 start  
1 Oliwer Lundberg OK Bavern 22.57  
10 Olle Sörqvist Markbygdens OK 27.24

H45 3630 meter 72 start  
1 Jens Maarup Copenhagen 28.19  
46 Urban Sörqvist Markbygdens OK 45.26

D55 2650 meter 24 start  
1 Monica Knutsson Sävedalens AIK 31.55  
18 Leila Ljunggren Markbygdens OK 50.50  
22 Ulla Ragnarsson Markbygdens OK 60.41

D60 2510 meter 25 start  
1 Ingela Nelsén Falkenberg OK 27.12  
13 Ingrid Bre Lind Markbygdens OK 47.40

H65 2890 meter 59 start  
1 Carl-Henry Andersson OK Orinto 27.02  
2 Torgny Pettersson Markbygdens OK 28.10 G  
45 Ronny Ragnarsson Markbygdens OK 45.20

H70 2790 meter 58 start  
1 Sören Andersson IK Dran 25.57



|   |                     |                  |       |         |
|---|---------------------|------------------|-------|---------|
| 18  | Rune Arvidsson      | Markbygdens OK   | 35.18 | S       |
| 19  | Pär-Erik Johansson  | Markbygdens OK   | 35.24 | S       |
| H80 2520 meter 10 start                     |                     |                  |       |         |
| 1   | Sven-Erik Lund      | Anderstorps OK   | 37.01 |         |
| 6   | Bertil Johansson    | Markbygdens OK   | 51.56 | S       |
| D60 Motion 2660 meter 8 start               |                     |                  |       |         |
| 1   | Inga-Lill Evaldsson | SK Graal         | 59.20 |         |
| 2   | Marita Johansson    | Markbygdens OK   | 70.54 | S       |
| Inskolning 1420 meter 38 start              |                     |                  |       |         |
|   | Einar Sörqvist      | Markbygdens OK   |       | Godkänd |
| Öppen 5 3330 meter 79 start                 |                     |                  |       |         |
| 1   | Daniel Severinsson  | Halmstad         | 36.46 |         |
| 65  | Stellan Helgesson   | Markbygdens OK   | 80.44 |         |
| Öppen 7 3190 meter 00 start                 |                     |                  |       |         |
| 1   | Nils Wallentin      | Halmstads OK     | 25.18 |         |
| 4   | Leif Rylander       | Markbygdens OK   | 32.24 | B       |
| Öppen 8 4400 meter 86 start                 |                     |                  |       |         |
| 1   | Martin Ivarsson     | OK Skogshjortarn | 30.51 |         |
| 50  | Magnus Wallin       | Markbygdens OK   | 55.13 |         |
| <u>Hallands 3-dagars E2 Lång 2014-07-12</u> |                     |                  |       |         |
| H20 6560 meter 6 start                      |                     |                  |       |         |
| 1   | Pontus Karlsson     | Markbygdens OK   | 47.55 | G       |
| H18 5630 meter 23 start                     |                     |                  |       |         |
| 1   | Oskar Lindqvist     | Sävedalens AIK   | 35.30 |         |
| 10  | Ivar Sörqvist       | Markbygdens OK   | 43.50 | S       |
| H16 4690 meter 34 start                     |                     |                  |       |         |
| 1   | Oliwer Lundberg     | OK Bavern        | 29.45 |         |
| 19  | Olle Sörqvist       | Markbygdens OK   | 39.32 |         |
| H45 5320 meter 71 start                     |                     |                  |       |         |
| 1   | Jens Maarup         | Copenhagen       | 36.30 |         |
| 29  | Urban Sörqvist      | Markbygdens OK   | 50.49 | S       |
| D55 3170 meter 26 start                     |                     |                  |       |         |
| 1   | Kerstin Andersson   | Ryda SK          | 32.17 |         |
| 22  | Leila Ljunggren     | Markbygdens OK   | 55.21 |         |
| 26  | Ulla Ragnarsson     | Markbygdens OK   | 68.53 |         |
| H65 3640 meter 58 start                     |                     |                  |       |         |
| 1   | Leif Sandgren       | Frosta OK        | 31.31 |         |
| 7   | Torgny Pettersson   | Markbygdens OK   | 36.34 | S       |
| 37  | Ronny Ragnarsson    | Markbygdens OK   | 47.44 | B       |
| H70 3450 meter 58 start                     |                     |                  |       |         |
| 1   | Sören Andersson     | IK Dran          | 31.58 |         |
| 16  | Pär-Erik Johansson  | Markbygdens OK   | 39.41 | S       |
| 29  | Rune Arvidsson      | Markbygdens OK   | 46.03 | B       |
| H80 2730 meter 10 start                     |                     |                  |       |         |
| 1   | Sven-Erik Lund      | Anderstorps OK   | 35.59 |         |
| 3   | Bertil Johansson    | Markbygdens OK   | 45.47 | S       |
| Inskolning                                  |                     |                  |       |         |
|   | Einar Sörqvist      | Markbygdens OK   |       | Godkänd |

D60 Motion 3060 meter 8 start  
1 Inga-Lill Evaldsson SK Graal 52.22  
2 Marita Johansson Markbygdens OK 52.34 G

Öppen 8 4480 meter 11 start  
1 Jan Lager Halmstad OK 33.48  
11 Per Arnell Markbygdens OK 41.49 B  
47 Anne Udd Markbygdens OK 52.38  
65 Leif Rylander Markbygdens OK 59.45  
82 Lars Eriksson Markbygdens OK 65.10  
83 Tor Udd Markbygdens OK 65.15

Öppen 9 7590 meter 37 start  
1 Tobias Noborn IFK Göteborg 44.31  
2 Johan Högstrand Markbygdens OK 46.29 B  
29 Martin Frisk Markbygdens OK 79.56

Italiens 5-dagars Totalt Utland 2014-07-12

H50 111 start  
1 Håkan Svensson Bredaryds SOK 132.44  
37 Niclas Andersson Markbygdens OK 209.09

H55 105 start  
1 Jon Bjorgum Kristiansand OK 141.48  
32 Carl Johan Högstrand Markbygdens OK 200.17

D45 68 start  
1 Anette Granstedt IK Hakarpspojkar 131.18  
43 Helena Andersson Markbygdens OK 338.59

D50 77 start  
1 Kjersti Rønning Hamar OK 156.16  
16 Marie Högstrand Markbygdens OK 195.22

Hallands 3-dagars Totalt 2014-07-13

H20 5 start  
1 Pontus Karlsson Markbygdens OK 126.34

H18 22 start  
1 Oskar Lindqvist Sävedalens AIK 98.59  
4 Ivar Sörqvist Markbygdens OK 108.28

H16 31 start  
1 Oliwer Lundberg OK Bavern 91.06  
17 Olle Sörqvist Markbygdens OK 121.39

H45 65 start  
1 Jens Maarup Copenhagen 107.38  
49 Urban Sörqvist Markbygdens OK 181.58

D55 20 start  
1 Kerstin Andersson Ryda SK 100.16  
17 Leila Ljunggren Markbygdens OK 164.42

H65 53 start  
1 Carl-Henry Andersson OK Orinto 94.43  
3 Torgny Pettersson Markbygdens OK 105.39  
41 Ronny Ragnarsson Markbygdens OK 149.57

H70 48 start  
1 Sören Andersson IK Dran 91.05

14 Rune Arvidsson Markbygdens OK 120.17  
15 Pär-Erik Johansson Markbygdens OK 120.34

H80 8 start

1 Göran Larsson Södertälje-Nykva120.52  
3 Bertil Johansson Markbygdens OK 144.40

D60 Motion 4 start

1 Inga-Lill Evaldsson SK Graal 171.37  
2 Marita Johansson Markbygdens OK 182.12

Inskolning 1610 meter 27 start

Einar Sörqvist Markbygdens OK Godkänd

Hallands 3-dagars E3 Lång 2014-07-13

Öppen 7 2900 meter 43 start

1 Olle Windelius Frosta OK 27.58  
4 Hanna Karlsson Markbygdens OK 30.01 B

Öppen 9 7280 meter 33 start

1 Martin Ivarsson OK Skogshjortarn 48.30  
31 Magnus Wallin Markbygdens OK 100.18

Andrarums IF Medel 2014-07-14

D16 3660 meter 17 start

1 Jonna Jungåker Korsnäs IF 25.31  
11 Klara Ask Markbygdens OK 48.02

D45 3140 meter 23 start

1 Josefine Albinsson OK Skogsfalken 26.32  
3 Jeanette Sigenstam Markbygdens OK 28.25 G

H45 4060 meter 33 start

1 Niklas Bratt OK Orion 23.38  
11 Fredrik Ask Markbygdens OK 31.48 S

D60 2820 meter 20 start

1 Lena Söderberg OK Skogsfalken 28.06  
11 Lizkulla Pettersson Markbygdens OK 43.56

H65 3150 meter 32 start

1 Leif Sandgren Frosta OK 24.25  
2 Torgny Pettersson Markbygdens OK 28.03 S

D70 2590 meter 19 start

1 Helen Andertoft Markaryds FK 32.25  
7 Kerstin Johansson Markbygdens OK 46.46 B

H70 2960 meter 38 start

1 Lars Johansson OK Skogshjortarn 27.12  
16 Rune Arvidsson Markbygdens OK 37.21 S

H75 2960 meter 19 start

1 Arne Gustafsson Malmö OK 31.07  
14 Lennart Östanbäck Markbygdens OK 59.33

Andrarums IF Medel 2014-07-15

D16 3550 meter 17 start

1 Ronja Jungåker Korsnäs IF 25.41  
6 Klara Ask Markbygdens OK 29.18

|     |                     |                  |         |
|-----|---------------------|------------------|---------|
| D45 | 3240 meter 22 start |                  |         |
| 1   | Josefine Albinsson  | OK Skogsfalken   | 25.20   |
| 17  | Jeanette Sigenstam  | Markbygdens OK   | 36.47 B |
| H45 | 4240 meter 33 start |                  |         |
| 1   | Niklas Bratt        | OK Orion         | 27.32   |
| 8   | Fredrik Ask         | Markbygdens OK   | 34.44 S |
| D60 | 2580 meter 21 start |                  |         |
| 1   | Lena Söderberg      | OK Skogsfalken   | 24.46   |
| 14  | Lizkulla Pettersson | Markbygdens OK   | 38.00   |
| H65 | 3470 meter 33 start |                  |         |
| 1   | Leif Sandgren       | Frosta OK        | 25.37   |
| 12  | Torgny Pettersson   | Markbygdens OK   | 34.33 S |
| D70 | 2410 meter 19 start |                  |         |
| 1   | Birgitta Johansson  | Kristinehamns OK | 24.27   |
| 3   | Kerstin Johansson   | Markbygdens OK   | 29.09 S |
| H70 | 3470 meter 35 start |                  |         |
| 1   | Kalle Johansson     | OK Skogshjortarn | 25.35   |
| 7   | Rune Arvidsson      | Markbygdens OK   | 34.48 S |
| H75 | 3280 meter 18 start |                  |         |
| 1   | Kjell Mjöberg       | Hallstahammars O | 33.56   |
| 8   | Lennart Östanbäck   | Markbygdens OK   | 42.59 S |

#### Andrarums IF Medel 2014-07-16

|     |                     |                  |         |
|-----|---------------------|------------------|---------|
| D16 | 3710 meter 19 start |                  |         |
| 1   | Synne Strand        | Asker SK         | 25.37   |
| 14  | Klara Ask           | Markbygdens OK   | 38.19   |
| D45 | 3300 meter 23 start |                  |         |
| 1   | Josefine Albinsson  | OK Skogsfalken   | 27.35   |
| 2   | Jeanette Sigenstam  | Markbygdens OK   | 27.46 G |
| H45 | 4270 meter 34 start |                  |         |
| 1   | Niklas Bratt        | OK Orion         | 27.50   |
| 13  | Fredrik Ask         | Markbygdens OK   | 32.44 S |
| D60 | 2610 meter 19 start |                  |         |
| 1   | Ulla Engelby        | OK Pan           | 26.11   |
| 14  | Lizkulla Pettersson | Markbygdens OK   | 41.12   |
| H65 | 3510 meter 31 start |                  |         |
| 1   | Torgny Pettersson   | Markbygdens OK   | 25.46 G |
| D70 | 2430 meter 18 start |                  |         |
| 1   | Birgitta Olsson     | Ronneby OK       | 24.39   |
| 10  | Kerstin Johansson   | Markbygdens OK   | 39.43   |
| H70 | 3510 meter 38 start |                  |         |
| 1   | Göran Andersson     | Stigmännen       | 29.08   |
| 7   | Rune Arvidsson      | Markbygdens OK   | 34.50 S |
| H75 | 3210 meter 19 start |                  |         |
| 1   | Kjell Mjöberg       | Hallstahammars O | 31.53   |
| 11  | Lennart Östanbäck   | Markbygdens OK   | 45.10 B |

#### O-ringen När-OL 2014-07-18

Öppen 8 4410 meter 131 start

|    |                  |                |       |
|----|------------------|----------------|-------|
| 1  | Jonas Gustafsson | OK Kåre        | 25.44 |
| 12 | Fredrik Ask      | Markbygdens OK | 30.45 |

#### 5-dagars Etapp 1 Lång 2014-07-20

##### H21 Elit 3340 meter 79 start

|    |                   |                  |         |
|----|-------------------|------------------|---------|
| 1  | Jonas Leandersson | Södertälje-Nykva | 13.21   |
| 27 | Johan Högstrand   | Markbygdens OK   | 14.31 G |

##### H20 Elit 9830 meter 117 start

|    |                 |                |         |
|----|-----------------|----------------|---------|
| 1  | Anton Nilsson   | OK Tranan      | 68.54   |
| 35 | Pontus Karlsson | Markbygdens OK | 84.29 S |

##### H18 Elit 7700 meter 116 start

|   |                    |                |         |
|---|--------------------|----------------|---------|
| 1 | Aleksandr Pavlenko | Socol Perm     | 56.25   |
| 9 | Ivar Sörqvist      | Markbygdens OK | 59.45 G |

##### D21 6230 meter 214 start

|    |                      |                |         |
|----|----------------------|----------------|---------|
| 1  | Josefin Bengtsson    | Långhundra IF  | 55.08   |
| 40 | Caroline Lennartsson | Markbygdens OK | 68.15 S |
| 72 | Anne Hansson         | Markbygdens OK | 72.25 S |

##### H21 9020 meter 255 start

|    |                  |                |         |
|----|------------------|----------------|---------|
| 1  | Markus Johansson | IFK Göteborg   | 62.09   |
| 22 | Albin Andersson  | Markbygdens OK | 71.48 S |
| 38 | Simon Larsson    | Markbygdens OK | 74.02 S |

##### D21 Kort 4730 meter 214 start

|     |                  |                |       |
|-----|------------------|----------------|-------|
| 1   | Martina Karlsson | Stora Tuna OK  | 44.12 |
| 132 | Tove Udd         | Markbygdens OK | 78.17 |
| 158 | Rebecca Djurbäck | Markbygdens OK | 86.25 |

##### H21 Kort 7210 meter 295 start

|     |                      |                  |        |
|-----|----------------------|------------------|--------|
| 1   | Rasmus Thrane Hansen | Järla Orienterin | 47.34  |
| 98  | Johan Knubbe         | Markbygdens OK   | 72.18  |
| 126 | Joel Udd             | Markbygdens OK   | 77.43  |
| 229 | Filip Andersson      | Markbygdens OK   | 107.07 |

##### D20 Lång 6490 meter 23 start

|   |                   |                |         |
|---|-------------------|----------------|---------|
| 1 | Josefin Andersson | Markbygdens OK | 65.13 G |
|---|-------------------|----------------|---------|

##### D20 4640 meter 46 start

|   |                |                |         |
|---|----------------|----------------|---------|
| 1 | Sara Nilsson   | OK Tranan      | 59.13   |
| 4 | Johanna Skogum | Markbygdens OK | 61.56 G |

##### H18 Lång 6790 meter 110 start

|    |                  |                |         |
|----|------------------|----------------|---------|
| 1  | Daniel Andersson | OK Löftan      | 54.27   |
| 14 | Edvin Carlsson   | Markbygdens OK | 61.17 S |

##### D18 4460 meter 92 start

|    |                |                |         |
|----|----------------|----------------|---------|
| 1  | Julia Hed      | OK Skogsfalken | 50.28   |
| 12 | Hanna Karlsson | Markbygdens OK | 58.23 S |

##### D15 4490 meter 188 start

|    |                |                |       |
|----|----------------|----------------|-------|
| 1  | Jenny Wegebro  | Umeå OK        | 34.06 |
| 6  | Klara Axelsson | Markbygdens OK | 40.02 |
| 26 | Klara Ask      | Markbygdens OK | 46.56 |

##### H15 5360 meter 195 start

|    |                 |                |       |
|----|-----------------|----------------|-------|
| 1  | Oscar Johansson | OK Dacke       | 38.49 |
| 13 | Felix Axelsson  | Markbygdens OK | 44.38 |
| 59 | Olle Sörqvist   | Markbygdens OK | 55.29 |

##### H13 3810 meter 199 start

|                                 |                      |                  |         |
|---------------------------------|----------------------|------------------|---------|
| 1                               | Viktor Svensk        | Stora Tuna OK    | 27.13   |
| 74                              | Olle Leibe-Bergstedt | Markbygdens OK   | 47.58   |
| 75                              | Petter Leibe-Bergste | Markbygdens OK   | 48.23   |
| H10 2350 meter 242 start        |                      |                  |         |
| 1                               | Olle Ringi           | OK Kåre          | 17.13   |
| 186                             | Elving Lomander      | Markbygdens OK   | 43.02   |
| D40 5450 meter 115 start        |                      |                  |         |
| 1                               | Gunilla Svärd        | IF Thor          | 45.03   |
| 27                              | Marina Axelsson      | Markbygdens OK   | 56.31 S |
| D40 Kort 3960 meter 262 start   |                      |                  |         |
| 1                               | Lena Turesson        | OK Renen         | 33.29   |
| 28                              | Malin Persson        | Markbygdens OK   | 45.28 S |
| 228                             | Sofia Sörqvist       | Markbygdens OK   | 80.59   |
| H40 Kort-2 6030 meter 144 start |                      |                  |         |
| 1                               | Björn Ljunggren      | OK Hammaren      | 45.53   |
| 103                             | Johan Lundblad       | Markbygdens OK   | 84.06   |
| H45-1 6650 meter 167 start      |                      |                  |         |
| 1                               | Johan Ivarsson       | Freidig          | 48.41   |
| 71                              | Mikael Bergstedt     | Markbygdens OK   | 68.35 S |
| D45 Kort 3560 meter 270 start   |                      |                  |         |
| 1                               | Eva Pettersson       | OK Dacke         | 37.14   |
| 48                              | Jeanette Sigenstam   | Markbygdens OK   | 49.34 S |
| H45 Kort-2 5090 meter 156 start |                      |                  |         |
| 1                               | Robert Palm          | Västerås SOK     | 38.43   |
| 21                              | Fredrik Ask          | Markbygdens OK   | 47.31 S |
| 45                              | Johan Mars           | Markbygdens OK   | 52.38 S |
| 86                              | Per-Anders Axelsson  | Markbygdens OK   | 59.32   |
| 87                              | Urban Sörqvist       | Markbygdens OK   | 59.37   |
| D50 4200 meter 53 start         |                      |                  |         |
| 1                               | Katarina Borg        | Södertälje-Nykva | 35.36   |
| 25                              | Anne Udd             | Markbygdens OK   | 53.02 B |
| 101                             | Marie Högstrand      | Markbygdens OK   | 71.56   |
| H50-2 6280 meter 161 start      |                      |                  |         |
| 1                               | Bjørn Haavengen      | Kongsberg OL     | 45.43   |
| 90                              | Jonas Karlsson       | Markbygdens OK   | 79.25   |
| D55 3950 meter 121 start        |                      |                  |         |
| 1                               | Barbro Lönnkvist     | Tullinge SK      | 42.17   |
| 22                              | Ulla Niklasson       | Markbygdens OK   | 53.34 S |
| H55 Kort 4280 meter 178 start   |                      |                  |         |
| 1                               | Leif Bylars          | Forsa OK         | 40.36   |
| 36                              | Arne Persson         | Markbygdens OK   | 51.37 S |
| 40                              | Carl Johan Högstrand | Markbygdens OK   | 51.56 S |
| 54                              | Mikael Bodén         | Markbygdens OK   | 53.39 S |
| D60 Kort 2850 meter 91 start    |                      |                  |         |
| 1                               | Anne Kaill           | IK Omega         | 37.33   |
| 22                              | Marita Larsson       | Markbygdens OK   | 51.41 S |
| 38                              | Ingrid Brelind       | Markbygdens OK   | 58.21   |
| 42                              | Lizkulla Pettersson  | Markbygdens OK   | 59.56   |
| H60 Kort 3770 meter 167 start   |                      |                  |         |
| 1                               | Tommy Eriksson       | Tullinge SK      | 38.13   |
| 79                              | Bernt Robertsson     | Markbygdens OK   | 55.24 B |

|                                 |                    |                  |         |
|---------------------------------|--------------------|------------------|---------|
| 136                             | Stig-Ove Djurbäck  | Markbygdens OK   | 78.18   |
| H65 4700 meter 152 start        |                    |                  |         |
| 1                               | Gert Lundquist     | Gotlands Bro OK  | 43.14   |
| 16                              | Torgny Pettersson  | Markbygdens OK   | 51.31 S |
| 46                              | Henry Djurbäck     | Markbygdens OK   | 56.29 S |
| 121                             | Anders Davidsson   | Markbygdens OK   | 67.56   |
| H65 Kort 3370 meter 175 start   |                    |                  |         |
| 1                               | Jan Fogelberg      | Västvärmlands OK | 31.21   |
| 20                              | Ronny Ragnarsson   | Markbygdens OK   | 44.24 S |
| H70 3930 meter 163 start        |                    |                  |         |
| 1                               | Sören Andersson    | IK Dran          | 39.11   |
| 41                              | Rune Arvidsson     | Markbygdens OK   | 51.42 S |
| 53                              | Pär-Erik Johansson | Markbygdens OK   | 54.00 S |
| 94                              | Bengt Olsson       | Markbygdens OK   | 64.13   |
| H75 3370 meter 146 start        |                    |                  |         |
| 1                               | Jon Tyldum         | Rudsbygd IL      | 40.25   |
| 86                              | Stellan Helgesson  | Markbygdens OK   | 76.14   |
| D80 2560 meter 14 start         |                    |                  |         |
| 1                               | Bernice Antonsson  | FK Friskus-Varbe | 53.59   |
| 6                               | Gunvor Håkansson   | Markbygdens OK   | 96.09   |
| H35 Motion 5780 meter 20 start  |                    |                  |         |
| 1                               | Johan Stropp       | Gävle OK         | 57.17   |
| 3                               | Martin Andersson   | Markbygdens OK   | 59.50 G |
| H50 Motion 5100 meter 84 start  |                    |                  |         |
| 1                               | Willi Tiefenböck   | Naturfreunde Wie | 53.20   |
| 62                              | Ove Johansson      | Markbygdens OK   | 114.34  |
| D55 Motion 2870 meter 69 start  |                    |                  |         |
| 1                               | Eva Emanuelsson    | Helsingborgs SOK | 32.50   |
| 20                              | Ulla Ragnarsson    | Markbygdens OK   | 45.22 S |
| D65 Motion 2860 meter 57 start  |                    |                  |         |
| 1                               | Gunilla Glanshed   | IFK Enskede      | 43.56   |
| 4                               | Marita Johansson   | Markbygdens OK   | 46.10 G |
| Inskolning 1900 meter 297 start |                    |                  |         |
|                                 | Einar Sörqvist     | Markbygdens OK   | Godkänd |
| Öppen 3 2930 meter 446 start    |                    |                  |         |
| 1                               | Matti Ågren        | Lunds OK         | 26.52   |
| 38                              | Jonas Lomander     | Markbygdens OK   | 45.36   |
| 146                             | Marcus Ragnarsson  | Markbygdens OK   | 60.16   |
| 231                             | Berit Svensson     | Markbygdens OK   | 69.43   |
| Öppen 5 3560 meter 501 start    |                    |                  |         |
| 1                               | Jonas Andersson    | klubblös         | 34.25   |
| 245                             | Kurt Svensson      | Markbygdens OK   | 62.50   |
| Öppen 8 4310 meter 284 start    |                    |                  |         |
| 1                               | Kalle Bergman      | OK Ravinen       | 31.15   |
| 54                              | Bo Herdersson      | Markbygdens OK   | 47.52   |
| Öppen 9 7040 meter 102 start    |                    |                  |         |
| 1                               | Sindre Östhagen    | Fredrikstad SK   | 48.33   |
| 48                              | Anna Lygnebrandt   | Markbygdens OK   | 77.54   |
| 79                              | Jan Olausson       | Markbygdens OK   | 97.39   |

Öppen 10 4170 meter 105 start  
1 Tommy Stenkvisst Ryda SK 41.42  
34 Maria Svensson Markbygdens OK 63.19

5-dagars Etapp 2 Lång 2014-07-21

H21 Elit 15460 meter 79 start  
1 Thierry Gueorgiou Kalevan Rasti 92.56  
20 Johan Högstrand Markbygdens OK 104.46 S

H20 Elit 10440 meter 125 start  
1 Ludwig Ljungqvist IK Hakarpspojkar 71.01  
14 Pontus Karlsson Markbygdens OK 78.32 G

H18 Elit 8920 meter 120 start  
1 Oskar Sandberg Säterbygdens OK 59.53  
4 Ivar Sörqvist Markbygdens OK 63.31 G

D21 6280 meter 214 start  
1 Josefin Bengtsson Långhundra IF 48.09  
79 Anne Hansson Markbygdens OK 68.31 S  
103 Caroline Lennartsson Markbygdens OK 71.48 B

H21 9110 meter 255 start  
1 Eirik Rustad Raumar Orientereri 64.27  
6 Albin Andersson Markbygdens OK 66.25 G  
35 Simon Larsson Markbygdens OK 75.24 S

D21 Kort 4560 meter 214 start  
1 Charlotte Williksen Fossum IF 37.37  
147 Tove Udd Markbygdens OK 66.11  
160 Rebecca Djurbäck Markbygdens OK 68.46

H21 Kort 7520 meter 295 start  
1 Rasmus Thrane Hansen Järla Orientereri 48.33  
99 Joel Udd Markbygdens OK 75.22  
137 Johan Knubbe Markbygdens OK 83.55  
203 Filip Andersson Markbygdens OK 102.33

D20 Lång 6550 meter 23 start  
1 Jorunn Kvakland NTNUI 58.46  
2 Josefin Andersson Markbygdens OK 64.56 G

D20 5210 meter 46 start  
1 Anikken Gjerde Alnæs Raumar Orientereri 45.19  
3 Johanna Skogum Markbygdens OK 56.29 S

H18 Lång 7230 meter 110 start  
1 Leonid Tcvetkov NiNo-Oteam 56.07  
8 Edvin Carlsson Markbygdens OK 60.46 G

D18 4860 meter 92 start  
1 Viktorija Gedgaudait Ilales SM 48.14  
15 Hanna Karlsson Markbygdens OK 54.29 S

D15 4630 meter 188 start  
1 Synne Strand Asker SK 36.16  
2 Klara Axelsson Markbygdens OK 38.14  
62 Klara Ask Markbygdens OK 50.49

H15 5410 meter 195 start  
1 Ludvig Ek Nyköpings OK 36.30  
20 Felix Axelsson Markbygdens OK 43.13  
57 Olle Sörqvist Markbygdens OK 49.35



|                                 |                          |                  |         |
|---------------------------------|--------------------------|------------------|---------|
| 89                              | Axel Lomander            | Markbygdens OK   | 57.22   |
| H13 3780 meter 199 start        |                          |                  |         |
| 1                               | Morten Örnhagen Jørg sen | OK Sna           | 25.06   |
| 65                              | Petter Leibe-Bergste     | Markbygdens OK   | 43.49   |
| 84                              | Olle Leibe-Bergstedt     | Markbygdens OK   | 46.29   |
| 145                             | Hugo Lomander            | Markbygdens OK   | 63.23   |
| H10 2330 meter 242 start        |                          |                  |         |
| 1                               | Arvid Skepp              | Sävedalens AIK   | 13.13   |
| 120                             | Elving Lomander          | Markbygdens OK   | 28.58   |
| D40 5550 meter 115 start        |                          |                  |         |
| 1                               | Yvonne Gunell            | Pargas IF        | 42.35   |
| 37                              | Marina Axelsson          | Markbygdens OK   | 57.07 S |
| D40 Kort 3990 meter 262 start   |                          |                  |         |
| 1                               | Lena Turesson            | OK Renen         | 32.31   |
| 27                              | Malin Persson            | Markbygdens OK   | 40.14 S |
| 180                             | Sofia Sörqvist           | Markbygdens OK   | 62.08   |
| H40 Kort-2 6650 meter 144 start |                          |                  |         |
| 1                               | Örjan Ravndal            | Ålgård OK        | 43.48   |
| 101                             | Johan Lundblad           | Markbygdens OK   | 90.22   |
| H45-1 7370 meter 167 start      |                          |                  |         |
| 1                               | Johan Ivarsson           | Freidig          | 52.22   |
| 37                              | Mikael Bergstedt         | Markbygdens OK   | 64.51 S |
| D45 Kort 3950 meter 270 start   |                          |                  |         |
| 1                               | Marie Hedar              | OK Tor           | 33.42   |
| 3                               | Jeanette Sigenstam       | Markbygdens OK   | 34.38 G |
| H45 Kort-2 5780 meter 156 start |                          |                  |         |
| 1                               | Robert Palm              | Västerås SOK     | 42.29   |
| 40                              | Fredrik Ask              | Markbygdens OK   | 59.14 S |
| 61                              | Per-Anders Axelsson      | Markbygdens OK   | 62.44 B |
| 77                              | Johan Mars               | Markbygdens OK   | 65.23   |
| 115                             | Urban Sörqvist           | Markbygdens OK   | 76.23   |
| D50 4340 meter 53 start         |                          |                  |         |
| 1                               | Katarina Borg            | Södertälje-Nykva | 32.21   |
| 30                              | Anne Udd                 | Markbygdens OK   | 48.43 B |
| 104                             | Marie Högstrand          | Markbygdens OK   | 65.56   |
| H50-2 6980 meter 161 start      |                          |                  |         |
| 1                               | Bjørn Haavengen          | Kongsberg OL     | 49.27   |
| 136                             | Jonas Karlsson           | Markbygdens OK   | 116.02  |
| D55 4200 meter 121 start        |                          |                  |         |
| 1                               | Ina Lindeberg            | Skåneslättens OL | 40.49   |
| 30                              | Ulla Niklasson           | Markbygdens OK   | 50.29 S |
| H55 Kort 4400 meter 178 start   |                          |                  |         |
| 1                               | Per-Olov Sjöström        | Västerås SOK     | 32.04   |
| 16                              | Arne Persson             | Markbygdens OK   | 43.40 S |
| 58                              | Carl Johan Högstrand     | Markbygdens OK   | 50.35   |
| 78                              | Tor Udd                  | Markbygdens OK   | 54.15   |
| 124                             | Mikael Bodén             | Markbygdens OK   | 67.08   |
| D60 Kort 3150 meter 91 start    |                          |                  |         |
| 1                               | Anne Kaill               | IK Omega         | 38.58   |
| 21                              | Marita Larsson           | Markbygdens OK   | 53.24 S |
| 42                              | Lizkulla Pettersson      | Markbygdens OK   | 62.47   |

|                                 |                     |                  |         |
|---------------------------------|---------------------|------------------|---------|
| 54                              | Ingrid Breлинд      | Markbygdens OK   | 68.12   |
| H60 Kort 4170 meter 167 start   |                     |                  |         |
| 1                               | Peter Sundgren      | Vallentuna-Össeb | 33.39   |
| 84                              | Bernt Robertsson    | Markbygdens OK   | 50.51 B |
| 118                             | Stig-Ove Djurbäck   | Markbygdens OK   | 57.13   |
| H65 4910 meter 152 start        |                     |                  |         |
| 1                               | Matti Kattilakoski  | Kaustisen Pohjan | 39.49   |
| 28                              | Torgny Pettersson   | Markbygdens OK   | 50.43 S |
| 115                             | Henry Djurbäck      | Markbygdens OK   | 66.00   |
| 144                             | Anders Davidsson    | Markbygdens OK   | 69.56   |
| H65 Kort 3580 meter 175 start   |                     |                  |         |
| 1                               | Kjell Erlandsson    | OK Lindéna       | 35.54   |
| 46                              | Ronny Ragnarsson    | Markbygdens OK   | 49.19 S |
| H70 4230 meter 182 start        |                     |                  |         |
| 1                               | Sören Andersson     | IK Dran          | 38.19   |
| 20                              | Rune Arvidsson      | Markbygdens OK   | 48.11 S |
| 29                              | Pär-Erik Johansson  | Markbygdens OK   | 50.41 S |
| 94                              | Bengt Olsson        | Markbygdens OK   | 63.59   |
| H75 3440 meter 167 start        |                     |                  |         |
| 1                               | Roland Karlsson     | Ronneby OK       | 37.59   |
| 67                              | Stellan Helgesson   | Markbygdens OK   | 64.12   |
| D80 2420 meter 14 start         |                     |                  |         |
| 1                               | Maja-Lisa Bergström | Selånger SOK     | 49.37   |
| 10                              | Gunvor Håkansson    | Markbygdens OK   | 102.11  |
| H35 Motion 5940 meter 20 start  |                     |                  |         |
| 1                               | Fredrik Johansson   | OK Älme          | 57.43   |
| 2                               | Martin Andersson    | Markbygdens OK   | 59.38 G |
| H50 Motion 4830 meter 84 start  |                     |                  |         |
| 1                               | Hans Mandahl        | Östra Almby FK   | 48.24   |
| 74                              | Ove Johansson       | Markbygdens OK   | 114.29  |
| D55 Motion 2770 meter 69 start  |                     |                  |         |
| 1                               | Eva Emanuelsson     | Helsingborgs SOK | 35.34   |
| 19                              | Ulla Ragnarsson     | Markbygdens OK   | 57.34   |
| D65 Motion 2570 meter 57 start  |                     |                  |         |
| 1                               | Marita Johansson    | Markbygdens OK   | 44.14 G |
| Inskolning 1790 meter 297 start |                     |                  |         |
|                                 | Einar Sörqvist      | Markbygdens OK   | Godkänd |
| Öppen 3 2650 meter 442 start    |                     |                  |         |
| 1                               | Erik Åkesson        | Växjö OK         | 27.09   |
| 49                              | Elsa Carlsson       | Markbygdens OK   | 42.03   |
| 266                             | Marcus Ragnarsson   | Markbygdens OK   | 66.12   |
| 278                             | Berit Svensson      | Markbygdens OK   | 68.24   |
| Öppen 4                         |                     |                  |         |
| 1                               | Björn Axelsson      | Finspångs SOK    | 46.22   |
| 105                             | Anja Lomander       | Markbygdens OK   | 104.22  |
| Öppen 5                         |                     |                  |         |
| 1                               | Carl Strandby       | SOK Träff        | 27.38   |
| 286                             | Kurt Svensson       | Markbygdens OK   | 66.41   |
| Öppen 8 4540 meter 270 start    |                     |                  |         |

|     |                 |                |       |
|-----|-----------------|----------------|-------|
| 1   | Kalle Bergman   | OK Ravinen     | 27.35 |
| 36  | Jan Olausson    | Markbygdens OK | 41.55 |
| 200 | Kristin Hansson | Markbygdens OK | 68.21 |

Öppen 9 7680 meter 97 start

|    |             |                |       |
|----|-------------|----------------|-------|
| 1  | Isak Åberg  | Korsnäs IF OK  | 46.53 |
| 73 | Erik Wallin | Markbygdens OK | 95.09 |

Damer Challenge Lång 9920 meter

|    |                      |                  |        |
|----|----------------------|------------------|--------|
| 1  | Karin Björnlinger    | IK Hakarpspojkar | 85.25  |
| 19 | Katja Leibe Bergsted | Markbygdens OK   | 160.11 |

Herrar Challenge Lång 9920 meter

|    |               |                |        |
|----|---------------|----------------|--------|
| 1  | Laure Coupat  | LOUP           | 26.42  |
| 50 | Magnus Wallin | Markbygdens OK | 132.36 |

5-dagars Etapp 3 Medel 2014-07-22

H21 El 7670 meter 77 start

|    |                   |                |         |
|----|-------------------|----------------|---------|
| 1  | Thierry Gueorgiou | Kalevan Rasti  | 36.18   |
| 27 | Johan Högstrand   | Markbygdens OK | 41.41 S |

H20 Elit 6800 meter 110 start

|    |                 |                  |         |
|----|-----------------|------------------|---------|
| 1  | Elias Kuukka    | Tampereen Pyrint | 36.47   |
| 29 | Pontus Karlsson | Markbygdens OK   | 44.21 S |

H18 Elit 5900 meter 113 start

|   |                |                |         |
|---|----------------|----------------|---------|
| 1 | Oskar Leinonen | OK Kolmården   | 30.56   |
| 4 | Ivar Sörqvist  | Markbygdens OK | 33.00 G |

D21 3610 meter 205 start

|    |              |                |         |
|----|--------------|----------------|---------|
| 1  | Jenni Simola | Finspångs SOK  | 24.49   |
| 71 | Anne Hansson | Markbygdens OK | 34.11 S |

H21 5580 meter 242 start

|    |                 |                |         |
|----|-----------------|----------------|---------|
| 1  | Jakob Edsen     | OK Pan Århus   | 30.57   |
| 18 | Simon Larsson   | Markbygdens OK | 35.53 S |
| 68 | Albin Andersson | Markbygdens OK | 39.48 S |

D21 Kort 3050 meter 205 start

|     |                  |                |       |
|-----|------------------|----------------|-------|
| 1   | Linnéa Holmqvist | Hagaby GOIF    | 22.11 |
| 81  | Tove Udd         | Markbygdens OK | 36.01 |
| 179 | Rebecca Djurbäck | Markbygdens OK | 56.11 |

H21 Kort 3930 meter 280 start

|     |                      |                  |         |
|-----|----------------------|------------------|---------|
| 1   | Rasmus Thrane Hansen | Järla Orienterin | 19.35   |
| 66  | Joel Udd             | Markbygdens OK   | 29.16 B |
| 110 | Johan Knubbe         | Markbygdens OK   | 31.49   |
| 224 | Filip Andersson      | Markbygdens OK   | 47.04   |

D20 Lång 4200 meter 221 start

|   |                   |                |         |
|---|-------------------|----------------|---------|
| 1 | Jorunn Kvakland   | NTNUI          | 35.07   |
| 3 | Josefin Andersson | Markbygdens OK | 38.44 G |

D20 3310 meter 42 start

|   |                |                  |         |
|---|----------------|------------------|---------|
| 1 | Anikken Gjerde | Raumar Orienteri | 26.38   |
| 4 | Johanna Skogum | Markbygdens OK   | 30.15 S |

H18 Lång 4550 meter 102 start

|    |                |                |       |
|----|----------------|----------------|-------|
| 1  | Aleksi Sorsa   | Espoon Suunta  | 27.50 |
| 61 | Edvin Carlsson | Markbygdens OK | 42.19 |

D18 3080 meter 87 start

|   |                    |          |       |
|---|--------------------|----------|-------|
| 1 | Fredrika von Essen | OK Linné | 27.20 |
|---|--------------------|----------|-------|

|                               |                      |                  |       |   |
|-------------------------------|----------------------|------------------|-------|---|
| 4                             | Hanna Karlsson       | Markbygdens OK   | 28.25 | G |
| D15 3270 meter 182 start      |                      |                  |       |   |
| 1                             | Jenny Wegebro        | Umeå OK          | 23.23 |   |
| 30                            | Klara Ask            | Markbygdens OK   | 29.47 |   |
| 92                            | Klara Axelsson       | Markbygdens OK   | 39.54 |   |
| H15 3730 meter 190 start      |                      |                  |       |   |
| 1                             | Oscar Johansson      | OK Dacke         | 20.48 |   |
| 37                            | Olle Sörqvist        | Markbygdens OK   | 27.17 |   |
| 49                            | Felix Axelsson       | Markbygdens OK   | 29.03 |   |
| 117                           | Axel Lomander        | Markbygdens OK   | 37.46 |   |
| H13 3290 meter 192 start      |                      |                  |       |   |
| 1                             | Viktor Svensk        | Stora Tuna OK    | 17.07 |   |
| 109                           | Olle Leibe-Bergstedt | Markbygdens OK   | 29.52 |   |
| 116                           | Petter Leibe-Bergste | Markbygdens OK   | 30.55 |   |
| 151                           | Hugo Lomander        | Markbygdens OK   | 37.41 |   |
| H10 2080 meter 235 start      |                      |                  |       |   |
| 1                             | Simon Nordlander     | Sundsvalls OK    | 13.19 |   |
| 217                           | Elving Lomander      | Markbygdens OK   | 51.25 |   |
| D40 3240 meter 112 start      |                      |                  |       |   |
| 1                             | Yvonne Gunell        | Pargas IF        | 23.17 |   |
| 12                            | Marina Axelsson      | Markbygdens OK   | 27.34 | S |
| D40 Kort 2970 meter 257 start |                      |                  |       |   |
| 1                             | Louise Göthfors      | Göteborg-Majorna | 20.45 |   |
| 31                            | Malin Persson        | Markbygdens OK   | 29.06 | S |
| 203                           | Sofia Sörqvist       | Markbygdens OK   | 50.27 |   |
| H40 Kort 3760 meter 136 start |                      |                  |       |   |
| 1                             | Björn Ljunggren      | OK Hammaren      | 21.46 |   |
| 80                            | Johan Lundblad       | Markbygdens OK   | 39.53 |   |
| H45-1 4550 meter 160 start    |                      |                  |       |   |
| 1                             | Kjetil Bjørlo        | Halden SK        | 26.53 |   |
| 31                            | Mikael Bergstedt     | Markbygdens OK   | 33.26 | S |
| D45 Kort 2650 meter 261 start |                      |                  |       |   |
| 1                             | Helena Gunnarsson    | IK Hakarpspojkar | 21.56 |   |
| 104                           | Jeanette Sigenstam   | Markbygdens OK   | 37.43 |   |
| H45 Kort 3700 meter 181 start |                      |                  |       |   |
| 1                             | Tore Bjørnerød       | OK Moss          | 24.01 |   |
| 34                            | Johan Mars           | Markbygdens OK   | 31.33 | S |
| 63                            | Fredrik Ask          | Markbygdens OK   | 34.59 | S |
| 73                            | Urban Sörqvist       | Markbygdens OK   | 36.45 | B |
| D50 3240 meter 151 start      |                      |                  |       |   |
| 1                             | Katarina Borg        | Södertälje-Nykva | 20.31 |   |
| 28                            | Anne Udd             | Markbygdens OK   | 28.20 | S |
| 69                            | Marie Högstrand      | Markbygdens OK   | 32.53 |   |
| H50-2 4080 meter 158 start    |                      |                  |       |   |
| 1                             | Lasse Jansson        | Gävle OK         | 24.13 |   |
| 98                            | Jonas Karlsson       | Markbygdens OK   | 47.45 |   |
| D55 3050 meter 118 start      |                      |                  |       |   |
| 1                             | Ina Lindeberg        | Skåneslättens OL | 20.23 |   |
| 81                            | Ulla Niklasson       | Markbygdens OK   | 37.37 |   |
| H55 Kort 3160 meter 174 start |                      |                  |       |   |

|     |                      |                |         |
|-----|----------------------|----------------|---------|
| 1   | Stefan Nyberg        | Avesta OK      | 21.25   |
| 15  | Arne Persson         | Markbygdens OK | 27.21 S |
| 51  | Carl Johan Högstrand | Markbygdens OK | 31.28 B |
| 53  | Mikael Bodén         | Markbygdens OK | 31.34 B |
| 154 | Tor Udd              | Markbygdens OK | 56.35   |

D60 Kort 2310 meter 89 start

|    |                     |                  |         |
|----|---------------------|------------------|---------|
| 1  | Ing-Marie Hjert     | Falköpings AIK O | 24.27   |
| 24 | Marita Larsson      | Markbygdens OK   | 35.55 B |
| 25 | Ingrid Breлинд      | Markbygdens OK   | 36.07 B |
| 39 | Lizkulla Pettersson | Markbygdens OK   | 40.26   |

H60 Kort 3080 meter 161 start

|     |                    |                |       |
|-----|--------------------|----------------|-------|
| 1   | Sven-Inge Svensson | Hässleholms OK | 23.29 |
| 84  | Leif Rylander      | Markbygdens OK | 37.07 |
| 89  | Bernt Robertsson   | Markbygdens OK | 37.56 |
| 140 | Stig-Ove Djurbäck  | Markbygdens OK | 59.46 |

H65 3690 meter 236 start

|     |                   |                |         |
|-----|-------------------|----------------|---------|
| 1   | Etienne Bousser   | CSAG METZ      | 26.03   |
| 45  | Torgny Pettersson | Markbygdens OK | 32.51 S |
| 64  | Henry Djurbäck    | Markbygdens OK | 34.57 S |
| 105 | Anders Davidsson  | Markbygdens OK | 38.49 B |

H65 Kort 3000 meter 169 start

|    |                  |                  |         |
|----|------------------|------------------|---------|
| 1  | Jan Fogelberg    | Västvärmlands OK | 25.22   |
| 49 | Ronny Ragnarsson | Markbygdens OK   | 38.22 B |

H70 3310 meter 157 start

|    |                    |                |         |
|----|--------------------|----------------|---------|
| 1  | Peter Gagarin      | Cambridge      | 25.55   |
| 22 | Pär-Erik Johansson | Markbygdens OK | 30.47 S |
| 54 | Bengt Olsson       | Markbygdens OK | 36.16 S |
| 64 | Rune Arvidsson     | Markbygdens OK | 37.13 B |

H75 3040 meter 135 start

|    |                   |                |       |
|----|-------------------|----------------|-------|
| 1  | Roland Karlsson   | Ronneby OK     | 25.08 |
| 58 | Stellan Helgesson | Markbygdens OK | 44.59 |

D80 1990 meter 14 start

|   |                  |                |       |
|---|------------------|----------------|-------|
| 1 | Ebba-Lisa Flygar | Tullinge SK    | 25.18 |
| 7 | Gunvor Håkansson | Markbygdens OK | 50.27 |

H35 Motion 3430 meter 18 start

|   |                  |                |         |
|---|------------------|----------------|---------|
| 1 | Martin Andersson | Markbygdens OK | 25.20 G |
|---|------------------|----------------|---------|

H50 Motion 3060 meter 81 start

|    |               |                 |       |
|----|---------------|-----------------|-------|
| 1  | Erik Peterson | Älvdalens IF OK | 22.41 |
| 71 | Ove Johansson | Markbygdens OK  | 51.34 |

D55 Motion 2420 meter 67 start

|    |                 |                  |       |
|----|-----------------|------------------|-------|
| 1  | Birgitta Lööf   | Göteborg-Majorna | 24.55 |
| 40 | Ulla Ragnarsson | Markbygdens OK   | 48.31 |

D65 Motion 2060 meter 54 start

|    |                  |                |         |
|----|------------------|----------------|---------|
| 1  | Gunilla Glanshed | IFK Enskede    | 27.17   |
| 15 | Marita Johansson | Markbygdens OK | 35.36 S |

Inskolning 1740 meter 279 start

|  |                |                |         |
|--|----------------|----------------|---------|
|  | Einar Sörqvist | Markbygdens OK | Godkänd |
|--|----------------|----------------|---------|

Öppen 3 3100 meter 495 start

|     |                    |                |       |
|-----|--------------------|----------------|-------|
| 1   | Viktor Ludvigsson  | Tibro OK       | 20.33 |
| 51  | Mattis Abrahamsson | Markbygdens OK | 31.03 |
| 331 | Berit Svensson     | Markbygdens OK | 51.36 |

340 Jonas Lomander Markbygdens OK 52.19  
406 Pernilla Abrahamsson Markbygdens OK 60.50

Öppen 5 3850 meter 479 start

1 Hans Larsson Eds SK 26.36  
315 Kurt Svensson Markbygdens OK 63.07

Öppen 7 3270 meter 438 start

1 Johan Israelsson Stora Tuna OK 18.02  
84 Kristin Hansson Markbygdens OK 30.49

Öppen 8 4760 meter 355 start

1 Janne Heikka Hiidenkiertäjät 28.09  
26 Jan Olausson Markbygdens OK 36.53 B

Öppen 9 7470 meter 118 start

1 Anton Lif Försvarsmakten 24.51  
62 Anna Lygnebrandt Markbygdens OK 64.17  
98 Erik Wallin Markbygdens OK 93.53

5-dagars Etapp 4 Lång 2014-07-24

H21 Elit 14750 meter 75 start

1 Thierry Gueorgiou Kalevan Rasti 80.28  
23 Johan Högstrand Markbygdens OK 91.44 S

H20 Elit 10550 meter 108 start

1 Ludwig Ljungqvist IK Hakarpspojkar 63.09  
33 Pontus Karlsson Markbygdens OK 75.41 S

H18 Elit 8360 meter 113 start

1 Per Lindman Finspångs SOK 50.49  
19 Ivar Sörqvist Markbygdens OK 56.25 S

D21 6280 meter 204 start

1 Siri Ulvestad Nydalens SK 49.03  
116 Anne Hansson Markbygdens OK 72.09 B

H21 8860 meter 239 start

1 Jakob Edsen OK Pan Århus 52.17  
21 Albin Andersson Markbygdens OK 60.07 S  
30 Simon Larsson Markbygdens OK 61.56 S

D21 Kort 4640 meter 203 start

1 Carin Rosander Finspångs SOK 38.04  
141 Tove Udd Markbygdens OK 59.23  
167 Rebecca Djurbäck Markbygdens OK 66.46

H21 Kort 7190 meter 272 start

1 Emil Folino Nielsen OK Denseln 44.45  
103 Joel Udd Markbygdens OK 66.52 B  
119 Johan Knubbe Markbygdens OK 69.49  
238 Filip Andersson Markbygdens OK 106.55

D20 Lång 6300 meter 20 start

1 Jorunn Kvakland NTNUI 1:01:14 61.14  
2 Josefin Andersson Markbygdens OK 64.08 G

D20 4960 meter 42 start

1 Maria Andersson Västerbergslagen 41.59  
4 Johanna Skogum Markbygdens OK 51.54 S

H18 Lång 6830 meter 98 start

1 Johan Wennermark OK Skogsfalken 44.29

|                                 |                      |                |         |
|---------------------------------|----------------------|----------------|---------|
| 63                              | Edvin Carlsson       | Markbygdens OK | 69.51   |
| D18 4510 meter 84 start         |                      |                |         |
| 1                               | Julia Hed            | OK Skogsfalken | 43.17   |
| 17                              | Hanna Karlsson       | Markbygdens OK | 54.46 S |
| D15 4220 meter 177 start        |                      |                |         |
| 1                               | Jenny Wegebro        | Umeå OK        | 28.36   |
| 25                              | Klara Axelsson       | Markbygdens OK | 36.25   |
| 141                             | Klara Ask            | Markbygdens OK | 59.05   |
| H15 5320 meter 190 start        |                      |                |         |
| 1                               | Oscar Johansson      | OK Dacke       | 29.27   |
| 27                              | Felix Axelsson       | Markbygdens OK | 37.17   |
| 42                              | Olle Sörqvist        | Markbygdens OK | 39.23   |
| 65                              | Axel Lomander        | Markbygdens OK | 41.50   |
| H13 4040 meter 190 start        |                      |                |         |
| 1                               | Viktor Svensk        | Stora Tuna OK  | 22.56   |
| 62                              | Petter Leibe-Bergste | Markbygdens OK | 37.10   |
| 120                             | Olle Leibe-Bergstedt | Markbygdens OK | 45.45   |
| 135                             | Hugo Lomander        | Markbygdens OK | 51.02   |
| H10 2550 meter 229 start        |                      |                |         |
| 1                               | Linus Wernström      | Ronneby OK     | 14.04   |
| 184                             | Elving Lomander      | Markbygdens OK | 31.18   |
| D40 5400 meter 112 start        |                      |                |         |
| 1                               | Yvonne Gunell        | Pargas IF      | 36.00   |
| 23                              | Marina Axelsson      | Markbygdens OK | 45.27 S |
| D40 Kort 3960 meter 257 start   |                      |                |         |
| 1                               | Lena Turesson        | OK Renen       | 31.44   |
| 44                              | Malin Persson        | Markbygdens OK | 44.27 S |
| 237                             | Sofia Sörqvist       | Markbygdens OK | 98.19   |
| H40 Kort 6030 meter 129 start   |                      |                |         |
| 1                               | Jimmy Birklin        | Malungs OK     | 38.40   |
| 103                             | Johan Lundblad       | Markbygdens OK | 77.35   |
| H45-1 7030 meter 158 start      |                      |                |         |
| 1                               | Gjermund Urset       | Bul-Tromsø IL  | 46.06   |
| 72                              | Mikael Bergstedt     | Markbygdens OK | 65.46 S |
| D45 Kort 3650 meter 258 start   |                      |                |         |
| 1                               | Eva Pettersson       | OK Dacke       | 32.04   |
| 34                              | Jeanette Sigenstam   | Markbygdens OK | 40.39 S |
| H45 Kort-2 5310 meter 179 start |                      |                |         |
| 1                               | Lars-Ola Larsson     | OK Orion       | 39.20   |
| 30                              | Johan Mars           | Markbygdens OK | 47.52 S |
| 43                              | Fredrik Ask          | Markbygdens OK | 50.53 S |
| 81                              | Urban Sörqvist       | Markbygdens OK | 58.16 B |
| 85                              | Per-Anders Axelsson  | Markbygdens OK | 59.01 B |
| D50 4460 meter 148 start        |                      |                |         |
| 1                               | Sara Snogerup Linse  | Lunds OK       | 34.25   |
| 44                              | Anne Udd             | Markbygdens OK | 50.51 B |
| 71                              | Marie Högstrand      | Markbygdens OK | 57.45   |
| H50-2 6570 meter 155 start      |                      |                |         |
| 1                               | Joakim Ingelsson     | OK Hammaren    | 44.52   |
| 79                              | Jonas Karlsson       | Markbygdens OK | 66.53 B |

|            |                      |                  |           |   |
|------------|----------------------|------------------|-----------|---|
| D55        | 4300 meter           | 116 start        |           |   |
| 1          | Karin Gunnarsson     | Stora Tuna OK    | 36.20     |   |
| 29         | Ulla Niklasson       | Markbygdens OK   | 48.57     | S |
| H55        | Kort                 | 4450 meter       | 173 start |   |
| 1          | Stefan Nyberg        | Avesta OK        | 35.04     |   |
| 33         | Arne Persson         | Markbygdens OK   | 48.38     | S |
| 95         | Carl Johan Högstrand | Markbygdens OK   | 59.23     |   |
| 117        | Tor Udd              | Markbygdens OK   | 65.00     |   |
| D60        | Kort                 | 2830 meter       | 87 start  |   |
| 1          | Eva Tykesson         | Skåneslättens OL | 27.15     |   |
| 29         | Lizkulla Pettersson  | Markbygdens OK   | 40.20     | B |
| 32         | Marita Larsson       | Markbygdens OK   | 40.38     | B |
| 74         | Ingrid Breilind      | Markbygdens OK   | 53.54     |   |
| H60        | Kort                 | 3920 meter       | 160 start |   |
| 1          | Per-Erik Fogel       | OK Kåre 37:53    | 37.53     |   |
| 67         | Bernt Robertsson     | Markbygdens OK   | 52.09     | S |
| 74         | Leif Rylander        | Markbygdens OK   | 54.16     | B |
| 150        | Stig-Ove Djurbäck    | Markbygdens OK   | 107.16    |   |
| H65        | 4940 meter           | 234 start        |           |   |
| 1          | Matti Kattilakoski   | Kaustisen Pohjan | 37.56     |   |
| 14         | Torgny Pettersson    | Markbygdens OK   | 45.20     | S |
| 97         | Henry Djurbäck       | Markbygdens OK   | 59.57     |   |
| 130        | Anders Davidsson     | Markbygdens OK   | 64.23     |   |
| H65        | Kort                 | 3630 meter       | 166 start |   |
| 1          | Lars-Ivar Svensson   | Rehns BK         | 37.26     |   |
| 54         | Ronny Ragnarsson     | Markbygdens OK   | 53.05     | S |
| H70        | 3950 meter           | 154 start        |           |   |
| 1          | Kalle Johansson      | OK Skogshjortarn | 32.19     |   |
| 62         | Rune Arvidsson       | Markbygdens OK   | 43.40     | S |
| 79         | Bengt Olsson         | Markbygdens OK   | 46.37     | B |
| 91         | Pär-Erik Johansson   | Markbygdens OK   | 48.45     | B |
| H75        | 3460 meter           | 134 start        |           |   |
| 1          | Jon Tyldum           | Rudsbygd IL      | 33.40     |   |
| 82         | Stellan Helgesson    | Markbygdens OK   | 52.29     |   |
| D80        | 2480 meter           | 14 start         |           |   |
| 1          | Ebba-Lisa Flygar     | Tullinge SK      | 34.46     |   |
| 9          | Gunvor Håkansson     | Markbygdens OK   | 63.10     |   |
| H35        | Motion               | 5840 meter       | 18 start  |   |
| 1          | Fredrik Johansson    | OK Älme 46:07    | 46.07     |   |
| 3          | Martin Andersson     | Markbygdens OK   | 52.45     | S |
| H50        | Motion               | 4540 meter       | 80 start  |   |
| 1          | Sven Mikkelsen       | SOK Viljan       | 39.14     |   |
| 52         | Ove Johansson        | Markbygdens OK   | 71.27     |   |
| D55        | Motion               | 2710 meter       | 67 start  |   |
| 1          | Liselott Sigby       | IK Vista         | 30.06     |   |
| 23         | Ulla Ragnarsson      | Markbygdens OK   | 42.59     | S |
| D65        | Motion               | 2470 meter       | 51 start  |   |
| 1          | Märta Widenbrant     | Enebybergs IF    | 33.38     |   |
| 24         | Marita Johansson     | Markbygdens OK   | 47.15     | S |
| Inskolning | 1550 meter           | 324 start        |           |   |
|            | Einar Sörqvist       | Markbygdens OK   | Godkänd   |   |



Öppen 3 3090 meter 520 start

|     |                 |                 |         |
|-----|-----------------|-----------------|---------|
| 1   | Bertil Karlsson | IFK Hedemora OK | 24.24   |
| 35  | Elsa Carlsson   | Markbygdens OK  | 32.23 B |
| 1   | Matti Ågren     | Lunds OK        | 37.48   |
| 114 | Anja Lomander   | Markbygdens OK  | 81.06   |

Öppen 6 5910 meter 129 start

|    |                  |                |       |
|----|------------------|----------------|-------|
| 1  | Adrian Bergström | Älvsby IF OK   | 44.02 |
| 82 | Jonas Lomander   | Markbygdens OK | 82.14 |

Öppen 7 2990 meter 403 start

|     |                   |                |       |
|-----|-------------------|----------------|-------|
| 1   | Prince Raastad    | Nydalens SK    | 19.07 |
| 114 | Marita Skogum     | Markbygdens OK | 37.13 |
| 126 | Michael Magnusson | Markbygdens OK | 38.05 |

Öppen 8 4270 meter 359 start

|     |                 |                |       |
|-----|-----------------|----------------|-------|
| 1   | Lars Forsberg   | OK Ravinen     | 20.17 |
| 134 | Lena Karlsson   | Markbygdens OK | 43.47 |
| 186 | Kristin Hansson | Markbygdens OK | 47.55 |
| 201 | Per Knubbe      | Markbygdens OK | 49.20 |
| 272 | Lars Eriksson   | Markbygdens OK | 57.52 |

Öppen 9 7340 meter 151 start

|     |              |                |       |
|-----|--------------|----------------|-------|
| 1   | Isak Åberg   | Korsnäs IF OK  | 36.07 |
| 107 | Martin Frisk | Markbygdens OK | 80.43 |

Damer Challenge 9930 meter 22 start

|    |                      |                  |        |
|----|----------------------|------------------|--------|
| 1  | Karin Björnlinger    | IK Hakarpspojkar | 70.11  |
| 16 | Katja Leibe Bergsted | Markbygdens OK   | 125.17 |

Herrar Challenge 9930 meter 57 start

|    |                  |                |       |
|----|------------------|----------------|-------|
| 1  | Anders Österlund | Västerås SOK   | 55.00 |
| 45 | Magnus Wallin    | Markbygdens OK | 95.31 |

Damer 2-dagars 4900 meter 57 start

|    |                  |                |       |
|----|------------------|----------------|-------|
| 1  | Amilia Björklund | Sävedalens AIK | 35.04 |
| 14 | Elin Högstrand   | Markbygdens OK | 45.23 |

5-dagars Totalt 2014-07-25

H21 Elit

|    |                   |                |        |
|----|-------------------|----------------|--------|
| 1  | Thierry Gueorgiou | Kalevan Rasti  | 305.12 |
| 21 | Johan Högstrand   | Markbygdens OK | 340.25 |

H20 Elit

|    |                   |                  |        |
|----|-------------------|------------------|--------|
| 1  | Ludwig Ljungqvist | IK Hakarpspojkar | 308.36 |
| 16 | Pontus Karlsson   | Markbygdens OK   | 348.53 |

H18 Elit

|   |                |                 |        |
|---|----------------|-----------------|--------|
| 1 | Oskar Sandberg | Säterbygdens OK | 259.35 |
| 2 | Ivar Sörqvist  | Markbygdens OK  | 263.20 |

H10

|     |                 |                |        |
|-----|-----------------|----------------|--------|
| 1   | Linus Wernström | Ronneby OK     | 72.04  |
| 160 | Elving Lomander | Markbygdens OK | 186.31 |

D20

|   |                 |                  |        |
|---|-----------------|------------------|--------|
| 1 | Maria Andersson | Västerbergslagen | 242.28 |
| 2 | Johanna Skogum  | Markbygdens OK   | 243.57 |

D21

|    |                |                |        |
|----|----------------|----------------|--------|
| 1  | Tatiana Mendel | Posad          | 239.46 |
| 86 | Anne Hansson   | Markbygdens OK | 311.36 |

|            |                      |                   |        |
|------------|----------------------|-------------------|--------|
| H21        |                      |                   |        |
| 1          | Jakob Edsen          | OK Pan Århus      | 268.29 |
| 11         | Albin Andersson      | Markbygdens OK    | 290.58 |
| 30         | Simon Larsson        | Markbygdens OK    | 304.51 |
| D40        |                      |                   |        |
| 1          | Yvonne Gunell        | Pargas IF         | 183.19 |
| 24         | Marina Axelsson      | Markbygdens OK    | 227.52 |
| H45-1      |                      |                   |        |
| 1          | Johan Ivarsson       | Freidig           | 224.02 |
| 53         | Mikael Bergstedt     | Markbygdens OK    | 295.00 |
| D50        |                      |                   |        |
| 1          | Katarina Borg        | Södertälje-Nykval | 161.15 |
| 22         | Anne Udd             | Markbygdens OK    | 226.07 |
| 81         | Marie Högstrand      | Markbygdens OK    | 276.29 |
| H50-2      |                      |                   |        |
| 1          | Björn Håvengen       | Kongsberg OL      | 211.50 |
| 90         | Jonas Karlsson       | Markbygdens OK    | 379.22 |
| D55        |                      |                   |        |
| 1          | Barbro Lönnkvist     | Tullinge SK       | 185.20 |
| 31         | Ulla Niklasson       | Markbygdens OK    | 242.56 |
| H65        |                      |                   |        |
| 1          | Matti Kattilakoski   | Pohjan-Veikot     | 197.27 |
| 16         | Torgny Pettersson    | Markbygdens OK    | 226.13 |
| 56         | Henry Djurbäck       | Markbygdens OK    | 263.39 |
| H65 Kort   |                      |                   |        |
| 1          | Jan Fogelberg        | Västvärmlands OK  | 164.47 |
| 113        | Anders Davidsson     | Markbygdens OK    | 296.10 |
| H70        |                      |                   |        |
| 1          | Kalle Johansson      | OK Skogshjortarn  | 175.53 |
| 35         | Rune Arvidsson       | Markbygdens OK    | 224.47 |
| 41         | Pär-Erik Johansson   | Markbygdens OK    | 234.40 |
| 64         | Bengt Olsson         | Markbygdens OK    | 257.14 |
| H75        |                      |                   |        |
| 1          | Roland Karlsson      | Ronneby OK        | 189.54 |
| 63         | Stellan Helgesson    | Markbygdens OK    | 318.45 |
| H55 Kort   |                      |                   |        |
| 1          | Stefan Nyberg        | Avesta OK         | 172.17 |
| 28         | Arne Persson         | Markbygdens OK    | 220.00 |
| 52         | Carl Johan Högstrand | Markbygdens OK    | 234.48 |
| H60 Kort   |                      |                   |        |
| 1          | Stanislav Lesnikov   | Azimut            | 182.00 |
| 74         | Bernt Robertsson     | Markbygdens OK    | 249.10 |
| 116        | Stig-Ove Djurbäck    | Markbygdens OK    | 351.41 |
| D20 Lång   |                      |                   |        |
| 1          | Jorunn Kvakland      | NTNUI             | 279.03 |
| 2          | Josefin Andersson    | Markbygdens OK    | 295.01 |
| D65 Motion |                      |                   |        |
| 1          | Siw Berggren         | Växjö AIS         | 195.34 |
| 5          | Marita Johansson     | Markbygdens OK    | 213.23 |

|                |                     |                  |        |
|----------------|---------------------|------------------|--------|
| H45 Kort-2     |                     |                  |        |
| 1              | Robert Palm         | Västerås SOK     | 185.41 |
| 34             | Fredrik Ask         | Markbygdens OK   | 235.08 |
| 43             | Johan Mars          | Markbygdens OK   | 242.27 |
| 77             | Urban Sörqvist      | Markbygdens OK   | 273.22 |
| Damer 2-dagars |                     |                  |        |
| 1              | Amilia Björklund    | Sävedalens AIK   | 69.31  |
| 13             | Elin Högstrand      | Markbygdens OK   | 88.16  |
| D60 Kort       |                     |                  |        |
| 1              | Anne Kaill          | IK Omega         | 163.21 |
| 19             | Marita Larsson      | Markbygdens OK   | 217.26 |
| 33             | Lizkulla Pettersson | Markbygdens OK   | 245.35 |
| 44             | Ingrid Breлинд      | Markbygdens OK   | 255.05 |
| H21 Kort       |                     |                  |        |
| 1              | Rasmus Hansen       | Järla Orienterin | 202.43 |
| 94             | Joel Udd            | Markbygdens OK   | 316.10 |
| 102            | Johan Knubbe        | Markbygdens OK   | 321.24 |
| 198            | Filip Andersson     | Markbygdens OK   | 450.00 |
| 114            | Tove Udd            | Markbygdens OK   | 290.02 |
| D21 Kort       |                     |                  |        |
| 1              | Johanna Erlandsson  | Stora Tuna OK    | 185.36 |
| 148            | Rebecca Djurbäck    | Markbygdens OK   | 326.59 |
| D15            |                     |                  |        |
| 1              | Jenny Wegebro       | Umeå OK          | 166.48 |
| 14             | Klara Axelsson      | Markbygdens OK   | 190.19 |
| 61             | Klara Ask           | Markbygdens OK   | 226.24 |
| H15            |                     |                  |        |
| 1              | Oscar Johansson     | OK Dacke         | 166.47 |
| 20             | Felix Axelsson      | Markbygdens OK   | 197.37 |
| 47             | Olle Sörqvist       | Markbygdens OK   | 224.14 |
| D45 Kort       |                     |                  |        |
| 1              | Eva Pettersson      | OK Dacke         | 156.38 |
| 41             | Jeanette Sigenstam  | Markbygdens OK   | 196.52 |
| D40 Kort       |                     |                  |        |
| 1              | Lena Turesson       | OK Renen         | 151.36 |
| 21             | Malin Persson       | Markbygdens OK   | 192.22 |
| 210            | Sofia Sörqvist      | Markbygdens OK   | 355.08 |
| H65 Kort       |                     |                  |        |
| 1              | Jan Fogelberg       | Västvärmlands OK | 164.47 |
| 26             | Ronny Ragnarsson    | Markbygdens OK   | 220.48 |
| D55 Motion     |                     |                  |        |
| 1              | Birgitta Lööf       | Göteborg-Majorna | 157.37 |
| 26             | Ulla Ragnarsson     | Markbygdens OK   | 256.41 |
| H50 Motion     |                     |                  |        |
| 1              | Hans Mandahl        | Östra Almby FK   | 215.57 |
| 65             | Ove Johansson       | Markbygdens OK   | 430.11 |
| D80            |                     |                  |        |
| 1              | Bernice Antonsson   | FK Friskus-Varbe | 217.03 |
| 5              | Gunvor Håkansson    | Markbygdens OK   | 352.07 |
| H40 Kort-2     |                     |                  |        |
| 1              | Björn Ljunggren     | OK Hammaren      | 188.58 |

84 Johan Lundblad Markbygdens OK 346.54

H18 Lång

1 Johan Wennermark OK Skogsfalken 231.47  
23 Edvin Carlsson Markbygdens OK 281.47

H13

1 Morten Örnhammen OK Snab 117.57  
82 Olle Leibe-Bergstedt Markbygdens OK 205.21  
83 Petter Leibe-Bergste Markbygdens OK 206.32

Inskolning

Einar Sörqvist Markbygdens OK Godkänd

H35 Motion

1 Fredrik Johansson OK Älme 240.59  
2 Martin Andersson Markbygdens OK 245.00

5-dagars Etapp 5 Gemensam 2014-07-25

H60 Kort

1 Stanislav Lesnikov Azimut 31.14  
94 Leif Rylander Markbygdens OK 47.17

H55 Kort

1 Leif Bylars Forsa OK 34.47  
134 Tor Udd Markbygdens OK 58.14

H45 Kort-2

1 Tore Björneröd OK Moss 35.28  
48 Per-Anders Axelsson Markbygdens OK 43.59

Öppen 4

1 Johan Zetterlund Nybro OK 33.20  
73 Anja Lomander Markbygdens OK 52.06

Öppen 8

1 Petter Eriksson Ärla IF 22.35  
286 Lars Eriksson Markbygdens OK 59.07

Öppen 9

1 Anton Östlin Malungs OK 37.26  
100 Martin Frisk Markbygdens OK 66.56

Damer Challenge 10

1 Therese Sahlin Sportsgym 64.44  
17 Katja Leibe Bergstedt Markbygdens OK 109.52

Herrar Challenge 10

1 Anders Österlung Västerås SOK 46.01  
45 Magnus Wallin Markbygdens OK 89.49

IFK Göteborg När-OL 2014-07-30

Öppen Svår 65 start

1 Måns Östman Göteborg-Majorna 30.24  
7 Simon Larsson Markbygdens OK 33.05

Ungdomens 10-mila Budkavle 2014-08-01

HD12 109 start

1 Stora Tuna OK Stora Tuna OK 66.06  
66 Markbygdens OK Markbygdens OK 77.29

HD12 Sträcka 1 109 start  
1 Fredrik Junevik Leksands OK 2 19.11  
7 Albin Blomqvist Markbygdens OK 19.25

HD12 Sträcka 2 109 start  
1 Erik Ling Jönköpings OK 14.42  
15 Erika Åkesson Markbygdens OK 15.17

HD12 Sträcka 3 222 start  
1 Alvin Craig OK Ravinen 2 13.36  
70 Elving Lomander Markbygdens OK 20.36

HD12 Sträcka 4 109 start  
1 Mattias Östberg Stora Tuna OK 15.52  
48 Lisa Åkesson Markbygdens OK 22.11

HD18 Sträcka 1 63 start  
1 Aleksi Sorsa Espoon Suunta 41.17  
12 Ivar Sörqvist Markbygdens OK 44.23

HD18 Sträcka 2 63 start  
1 Topi Syrjäläinen Helsingin Sunist 37.47  
37 Klas Udd Markbygdens OK 54.18

HD18 Sträcka 3 63 start  
1 Gustav Öhgren OK Kåre 25.50  
28 Klara Axelsson Markbygdens OK 31.23

HD18 Sträcka 4 63 start  
1 Simon Hector Snättringe SK 41.36  
20 Felix Axelsson Markbygdens OK 52.25

HD18 Sträcka 5 153 start  
1 Lauri Heinaro Espoon Suunta 17.12  
148 Tilde Johansson Markbygdens OK 71.23

HD18 Sträcka 7 63 start  
1 Adam Persson Eksjö SOK 17.06  
27 Axel Åkesson Markbygdens OK 20.47

HD18 Sträcka 8 63 start  
1 Vili Mustonen Tampereen Pyrint 22.05  
16 Olle Sörqvist Markbygdens OK 26.32

HD18 Sträcka 9 63 start  
1 Mathieu Perrin OK Roxen 20.42  
31 Klara Ask Markbygdens OK 28.05

HD18 Sträcka 10 63 start  
1 Oskar Leinonen OK Kolmården 46.50  
17 Edvin Carlsson Markbygdens OK 54.35

#### Markdubbeln Medel 2014-08-02

H18 3560 meter 26 start  
1 Simon Hector Snättringe SK 20.52  
2 Ivar Sörqvist Markbygdens OK 22.05 G

D16 3690 meter 30 start  
1 Sanni Norrbacka Hyvinkään Rasti 34.22  
4 Klara Axelsson Markbygdens OK 36.59

H16 3690 meter 33 start  
1 Isac von Krusenstierna OK 22.32

|                                |                   |                  |         |
|--------------------------------|-------------------|------------------|---------|
| 5                              | Felix Axelsson    | Markbygdens OK   | 28.52   |
| 12                             | Olle Sörqvist     | Markbygdens OK   | 33.26   |
| H75 2870 meter 16 start        |                   |                  |         |
| 1                              | Roland Karlsson   | Ronneby OK       | 35.23   |
| 3                              | Håkan Skogum      | Markbygdens OK   | 41.47 S |
| Inskolning 1930 meter 11 start |                   |                  |         |
|                                | Lisa Svensson     | Markbygdens OK   | Godkänd |
| Öppen 3 2770 meter 41 start    |                   |                  |         |
| 1                              | Peter Fransson    | Jönköpings OK    | 29.32   |
| 8                              | Ellen Evertsson   | Markbygdens OK   | 35.15 B |
| 14                             | Marcus Ragnarsson | Markbygdens OK   | 40.12   |
| Öppen 8 4300 meter 52 start    |                   |                  |         |
| 1                              | Fredrik Stuesson  | Göteborg-Majorna | 29.46   |
| 21                             | Anders Henriksson | Markbygdens OK   | 47.26   |

#### Markdubbeln Lång 2014-08-03

|                             |                  |                |         |
|-----------------------------|------------------|----------------|---------|
| H18 6420 meter 37 start     |                  |                |         |
| 1                           | Markus Larsson   | Hestra IF      | 43.36   |
| 4                           | Ivar Sörqvist    | Markbygdens OK | 47.33 G |
| D16 4370 meter 36 start     |                  |                |         |
| 1                           | Johanna Hagström | Falköpings AIK | 36.15   |
| 8                           | Klara Axelsson   | Markbygdens OK | 39.40   |
| H16 5410 meter 46 start     |                  |                |         |
| 1                           | Rickard Olsson   | Tibro OK       | 35.29   |
| 11                          | Felix Axelsson   | Markbygdens OK | 42.15   |
| 21                          | Olle Sörqvist    | Markbygdens OK | 45.01   |
| Öppen 7 3080 meter 40 start |                  |                |         |
| 1                           | Brett Weihart    | OK Orinto      | 27.03   |
| 19                          | Hanna Karlsson   | Markbygdens OK | 47.28   |

#### Hjobygdens OK Medel 2014-08-09

|                             |                      |                  |         |
|-----------------------------|----------------------|------------------|---------|
| D21 3670 meter 41 start     |                      |                  |         |
| 1                           | Bodil Halvarsson     | Göteborg-Majorna | 28.29   |
| 24                          | Caroline Lennartsson | Markbygdens OK   | 37.16 S |
| D60 2480 meter 29 start     |                      |                  |         |
| 1                           | Anneli Lindkvist     | Gustavsbergs OK  | 27.19   |
| 19                          | Lizkulla Pettersson  | Markbygdens OK   | 41.48 B |
| H65 3120 meter 59 start     |                      |                  |         |
| 1                           | Christer Sandh       | OK Roxen         | 25.49   |
| 6                           | Torgny Pettersson    | Markbygdens OK   | 29.28 S |
| H70 3130 meter 41 start     |                      |                  |         |
| 1                           | Kalle Johansson      | OK Skogshjortarn | 29.33   |
| 23                          | Pär-Erik Johansson   | Markbygdens OK   | 44.22 B |
| H75 2920 meter 26 start     |                      |                  |         |
| 1                           | Ingemar Svensson     | Lunds OK         | 37.36   |
| H80 2480 meter 6 start      |                      |                  |         |
| 1                           | Lennart Stenberg     | OK Älvsjö-Örby   | 44.21   |
| 4                           | Bertil Johansson     | Markbygdens OK   | 61.08 S |
| Öppen 3 2830 meter 42 start |                      |                  |         |

|    |                  |                |       |
|----|------------------|----------------|-------|
| 1  | Veronica Sahlin  | Nässjö OK      | 25.01 |
| 19 | Marita Johansson | Markbygdens OK | 38.42 |

#### Hjobygdens OK Lång 2014-08-10

D21 17230 meter 29 start

|   |                  |                  |       |
|---|------------------|------------------|-------|
| 1 | Anette Granstedt | IK Hakarpspojkar | 59.59 |
|---|------------------|------------------|-------|

H65 4450 meter 49 start

|   |                      |                |         |
|---|----------------------|----------------|---------|
| 1 | Carl-Henry Andersson | OK Orinto      | 37.27   |
| 3 | Torgny Pettersson    | Markbygdens OK | 38.57 G |

H70 4000 meter 49 start

|    |                    |                  |         |
|----|--------------------|------------------|---------|
| 1  | Kalle Johansson    | OK Skogshjortarn | 34.31   |
| 12 | Pär-Erik Johansson | Markbygdens OK   | 42.21 S |

H75 3440 meter 28 start

|   |                   |                  |         |
|---|-------------------|------------------|---------|
| 1 | Lennart Bernhed   | Tolered-Utby Ol- | 36.01   |
| 2 | Lennart Östanbäck | Markbygdens OK   | 40.49 G |

H80 3020 meter 5 start

|   |                  |                |         |
|---|------------------|----------------|---------|
| 1 | Lennart Stenberg | OK Älvsjö-Örby | 45.30   |
| 3 | Bertil Johansson | Markbygdens OK | 57.05 S |

Öppen 3 3090 meter 51 start

|    |                  |                |       |
|----|------------------|----------------|-------|
| 1  | Martin Skaar     | Jönköpings OK  | 18.58 |
| 19 | Marita Johansson | Markbygdens OK | 42.09 |

Öppen 5 3900 meter 35 start

|    |                     |                |       |
|----|---------------------|----------------|-------|
| 1  | Martin Magnerfelt   | Falköpings AIK | 42.16 |
| 21 | Lizkulla Pettersson | Markbygdens OK | 67.53 |

#### Tjeckien Student-VM Sprint Budkavle 2014-08-10

H21 Sträcka 2

|   |                 |                |      |
|---|-----------------|----------------|------|
| 1 | Albin Ridefelt  | Sverige        | 8.20 |
| 8 | Johan Högstrand | Markbygdens OK | 8.51 |

#### Tjeckien Student-VM Sprint Budkavle 2014-08-12

HD21 Sträcka 2

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Martin Hubmann  | Schweiz        | 12.16 |
| 9 | Johan Högstrand | Markbygdens OK | 13.34 |

#### Tjeckien Student-VM Lång Utland 2014-08-13

H21 12400 meter 97 start

|    |                    |                |       |
|----|--------------------|----------------|-------|
| 1  | Frederic Tranchand | Frankrike      | 79.14 |
| 25 | Johan Högstrand    | Markbygdens OK | 92.13 |

#### Tjeckien Student-VM Sprint Utland 2014-08-14

H21 2500 meter 91 start

|    |                 |                |       |
|----|-----------------|----------------|-------|
| 1  | Mattias Kyburz  | Schweiz        | 14.13 |
| 22 | Johan Högstrand | Markbygdens OK | 15.46 |

#### OK Stigsökarna GM Sprint 2014-08-15

D15 GM 2040 meter 42 start

|   |                |                |       |
|---|----------------|----------------|-------|
| 1 | Klara Axelsson | Markbygdens OK | 12.40 |
|---|----------------|----------------|-------|

H15 GM 2150 meter 37 start

|   |                |                |       |
|---|----------------|----------------|-------|
| 1 | August Mollén  | OK Denseln     | 11.10 |
| 3 | Felix Axelsson | Markbygdens OK | 11.57 |

23 Olle Sörqvist Markbygdens OK 13.58

Tjeckien Student-VM Budkavle 2014-08-16

H21 Sträcka 3

1 Oskar Sjöberg Sverige 30.46  
6 Johan Högstrand Markbygdens OK 32.15

IK Uven Sprint E1 2014-08-16

D40 2370 meter 17 start

1 Åsa Nordberg Göteborg-Majorna 16.33  
5 Jeanette Sigenstam Markbygdens OK 20.20

H40 2660 meter 20 start

1 Jan Hindér Tolered-Utby Ol- 16.54  
4 Fredrik Ask Markbygdens OK 18.19  
7 Per-Anders Axelsson Markbygdens OK 18.45

H70 1810 meter 13 start

1 Lars-Olof Lannfelt OK Skogshjortarn 15.05  
12 Bertil Johansson Markbygdens OK 22.35

D80 1660 meter 2 start

1 Lisa Hedström OK Pan-Kristians 25.17  
2 Gunvor Håkansson Markbygdens OK 27.21

Öppen 3 1800 meter 5 start

1 Karin Persson OK Orinto 13.42  
2 Marcus Ragnarsson Markbygdens OK 19.15

IK Uven Sprint E2 2014-08-16

D40 2370 meter 15 start

1 Åsa Nordberg Göteborg-Majorna 16.47  
2 Jeanette Sigenstam Markbygdens OK 18.11

H40 2780 meter 20 start

1 Berth Karlsson Sävedalens AIK 16.53  
3 Fredrik Ask Markbygdens OK 17.55  
10 Per-Anders Axelsson Markbygdens OK 18.51

D80 1640 meter 2 start

1 Lisa Hedström OK Pan-Kristians 23.59  
2 Gunvor Håkansson Markbygdens OK 30.01

Öppen 3 1630 meter 7 start

1 Karin Persson OK Orinto 10.40  
3 Marcus Ragnarsson Markbygdens OK 16.13

Eds SK GM Lång 2014-08-16

H15 GM 5440 meter 38 start

1 Felix Axelsson Markbygdens OK 42.34

D15 GM 4460 meter 42 start

1 Fanny Sundblad Småland 38.53  
2 Klara Axelsson Markbygdens OK 39.34

H65 5040 meter 14 start

1 Olof Karlsson Uddevalla OK 55.15  
7 Henry Djurbäck Markbygdens OK 59.23 G

Öppen 8 4940 meter 24 start



|   |                |                |         |
|---|----------------|----------------|---------|
| 1 | Bodil Helgerud | Halden SK      | 46.22   |
| 5 | Johanna Skogum | Markbygdens OK | 54.38 B |
| 7 | Anders Lundell | Markbygdens OK | 57.35 B |

Bottnaryds IF Medel 2014-08-17

|     |                     |                  |         |
|-----|---------------------|------------------|---------|
| H45 | 4100 meter 29 start |                  |         |
| 1   | Ingvar Åkesson      | IK Hakarpspojkar | 28.29   |
| 9   | Mikael Bergstedt    | Markbygdens OK   | 35.34 S |
| 14  | Martin Svensson     | Markbygdens OK   | 37.05 S |

|     |                     |                |         |
|-----|---------------------|----------------|---------|
| H60 | 3100 meter 28 start |                |         |
| 1   | Kenneth Waltersson  | Bredaryds SOK  | 25.54   |
| 4   | Bo Herdersson       | Markbygdens OK | 28.34 G |

|     |                     |                |         |
|-----|---------------------|----------------|---------|
| H70 | 2400 meter 33 start |                |         |
| 1   | Åke Eckerbom        | IFK Sävsjö     | 22.12   |
| 7   | Bengt Olsson        | Markbygdens OK | 30.39 S |

|     |                      |                |       |
|-----|----------------------|----------------|-------|
| H14 | 2600 meter 9 start   |                |       |
| 1   | Hugo Setthagen       | OK Tranan      | 24.21 |
| 3   | Petter Leibe-Bergste | Markbygdens OK | 35.45 |

OK Mark När-OL 2014-08-19

|         |                   |                |       |
|---------|-------------------|----------------|-------|
| Öppen 3 |                   |                |       |
| 1       | Marita Larsson    | Markbygdens OK | 41.34 |
| 2       | Marcus Ragnarsson | Markbygdens OK | 42.42 |

|         |                    |                |       |
|---------|--------------------|----------------|-------|
| Öppen 5 |                    |                |       |
| 1       | Jeanette Sigenstam | Markbygdens OK | 36.52 |
| 2       | Helena Blomqvist   | Markbygdens OK | 40.26 |
| 4       | Jonas Karlsson     | Markbygdens OK | 44.31 |
| 5       | Ronny Ragnarsson   | Markbygdens OK | 53.31 |

|         |               |                |       |
|---------|---------------|----------------|-------|
| Öppen 6 |               |                |       |
| 1       | Bo Herdersson | Markbygdens OK | 45.10 |

Frölunda OL Medel 2014-08-22

|        |                     |                  |       |
|--------|---------------------|------------------|-------|
| H20 El | 4560 meter 18 start |                  |       |
| 1      | Björn Cederberg     | OK Pan-Kristians | 33.54 |
| 17     | Pontus Karlsson     | Markbygdens OK   | 51.54 |

|     |                      |                |         |
|-----|----------------------|----------------|---------|
| H21 | 14570 meter 22 start |                |         |
| 1   | Mikael Andersson     | Stora Tuna     | 36.08   |
| 2   | Albin Andersson      | Markbygdens OK | 37.20 G |
| 7   | Simon Larsson        | Markbygdens OK | 40.34 G |

|     |                     |                |       |
|-----|---------------------|----------------|-------|
| D16 | 3020 meter 36 start |                |       |
| 1   | Klara Axelsson      | Markbygdens OK | 30.12 |

|     |                     |                |       |
|-----|---------------------|----------------|-------|
| H16 | 3370 meter 25 start |                |       |
| 1   | Oscar Johansson     | OK Dacke       | 29.16 |
| 3   | Felix Axelsson      | Markbygdens OK | 29.58 |
| 9   | Olle Sörqvist       | Markbygdens OK | 35.16 |

|     |                     |                  |         |
|-----|---------------------|------------------|---------|
| D40 | 3220 meter 21 start |                  |         |
| 1   | Hanna Palm          | IK Hakarpspojkar | 30.14   |
| 4   | Marina Axelsson     | Markbygdens OK   | 37.35 S |

|     |                     |                  |         |
|-----|---------------------|------------------|---------|
| H45 | 3670 meter 40 start |                  |         |
| 1   | Andreas Rangert     | IK Hakarpspojkar | 29.20   |
| 8   | Martin Svensson     | Markbygdens OK   | 36.05 S |

|         |                      |                  |         |
|---------|----------------------|------------------|---------|
| 28      | Per-Anders Axelsson  | Markbygdens OK   | 56.13   |
| H50     | 3430 meter 30 start  |                  |         |
| 1       | Roine Pettersson     | IFK Göteborg     | 26.53   |
| 22      | Jonas Karlsson       | Markbygdens OK   | 46.32   |
| D55     | 2540 meter 15 start  |                  |         |
| 1       | Heidrun Finke        | OLV Uslar        | 31.09   |
| 11      | Leila Ljunggren      | Markbygdens OK   | 56.19   |
| H55     | 3260 meter 20 start  |                  |         |
| 1       | Knut Wiig            | Mathisen Porsgru | 29.44   |
| 8       | Mikael Bodén         | Markbygdens OK   | 40.55 S |
| D60     | 2300 meter 13 start  |                  |         |
| 1       | Karin Axelsson       | IK Uven          | 33.08   |
| 11      | Ingrid Breлинд       | Markbygdens OK   | 54.14   |
| 13      | Marita Larsson       | Markbygdens OK   | 65.10   |
| H65     | 3110 meter 28 start  |                  |         |
| 1       | Carl-Henry Andersson | OK Orinto        | 33.11   |
| 2       | Henry Djurbäck       | Markbygdens OK   | 36.13 G |
| H70     | 2920 meter 23 start  |                  |         |
| 1       | Sören Andersson      | IK Dran          | 31.14   |
| 4       | Rune Arvidsson       | Markbygdens OK   | 39.37 S |
| H80     | 2090 meter 4 start   |                  |         |
| 1       | Leif Edsand          | Sävedalens AIK   | 41.26   |
| 3       | Bertil Johansson     | Markbygdens OK   | 52.45 S |
| Öppen 3 | 2770 meter 19 start  |                  |         |
| 1       | Ronnie Bohman        | OK Orinto        | 39.48   |
| 15      | Nils Gustafson       | Markbygdens OK   | 72.53   |

#### Göteborg-Majornas OK Sprint 2014-08-23

|     |                        |                  |       |
|-----|------------------------|------------------|-------|
| H20 | El 2330 meter 18 start |                  |       |
| 1   | Gustaf Sparrevik       | IK Hakarpspojkar | 14.07 |
| 13  | Pontus Karlsson        | Markbygdens OK   | 17.47 |
| 17  | Erik Persson           | Markbygdens OK   | 18.54 |
| H21 | 12410 meter 17 start   |                  |       |
| 1   | Mikael Andersson       | Stora Tuna       | 16.11 |
| 3   | Simon Skogman          | Markbygdens OK   | 16.51 |
| H21 | Ko 2410 meter 3 start  |                  |       |
| 1   | Filip Andersson        | Markbygdens OK   | 22.43 |
| D16 | 1750 meter 35 start    |                  |       |
| 1   | Klara Axelsson         | Markbygdens OK   | 12.47 |
| H16 | 1850 meter 28 start    |                  |       |
| 1   | Andreas Gustafsson     | IK Hakarpspojkar | 10.49 |
| 9   | Olle Sörqvist          | Markbygdens OK   | 12.18 |
| 16  | Felix Axelsson         | Markbygdens OK   | 13.06 |
| D40 | 1860 meter 21 start    |                  |       |
| 1   | Anna Envall            | IK Hakarpspojkar | 12.23 |
| 4   | Marina Axelsson        | Markbygdens OK   | 14.16 |
| H45 | 2100 meter 34 start    |                  |       |
| 1   | Niklas Bratt           | OK Orion         | 14.17 |
| 19  | Per-Anders Axelsson    | Markbygdens OK   | 18.34 |

D55 1660 meter 13 start  
1 Agneta Olivestam Vimmerby OK 14.15  
11 Leila Ljunggren Markbygdens OK 23.40

D60 1380 meter 12 start  
1 Ulla Engelby OK Pan-Kristians 11.39  
6 Ingrid Breilind Markbygdens OK 15.18  
9 Marita Larsson Markbygdens OK 15.58

H80 1210 meter 2 start  
1 Bertil Johansson Markbygdens OK 19.22

Öppen 5 1690 meter 30 start  
1 Malin Ljunggren Markbygdens OK 11.44

Tidaholms SOK Medel 2014-08-23

H14 3160 meter 22 start  
1 Lukas Granstedt IK Hakarpspojkar 27.49  
7 Petter Leibe-Bergste Markbygdens OK 45.59  
10 Olle Leibe-Bergstedt Markbygdens OK 56.08

H45 3840 meter 21 start  
1 Ingvar Åkesson IK Hakarpspojkar 30.05  
9 Mikael Bergstedt Markbygdens OK 40.51 S

H65 3140 meter 28 start  
1 Bertil Karlsson Hjobygdens OK 32.23  
24 Ronny Ragnarsson Markbygdens OK 54.56

Öppen 3 2360 meter 20 start  
1 Urban Molander OK Gränsen 27.17  
13 Marita Johansson Markbygdens OK 47.50

Göteborg-Majornas OK Lång 2014-08-24

H20 El 9530 meter 19 start  
1 Björn Cederberg OK Pan-Kristians 71.56  
10 Pontus Karlsson Markbygdens OK 90.57 S

H21 19200 meter 23 start  
1 Benjamin Edlund Hestra IF 74.28  
2 Albin Andersson Markbygdens OK 76.36 G

D16 4310 meter 32 start  
1 Klara Djerf Lerums SOK 43.56  
2 Klara Axelsson Markbygdens OK 44.05

H16 4690 meter 24 start  
1 Felix Axelsson Markbygdens OK 38.11  
17 Olle Sörqvist Markbygdens OK 56.01  
22 Axel Lomander Markbygdens OK 78.32

H14 3960 meter 35 start  
1 Morten Örnhagen Jørgensen OK 32.00  
23 Hugo Lomander Markbygdens OK 56.04

D40 4430 meter 22 start  
1 Anna Envall IK Hakarpspojkar 40.34  
10 Marina Axelsson Markbygdens OK 62.09

H45 6110 meter 41 start  
1 Hans Lundgren IK Hakarpspojkar 55.24

|                                       |                      |                  |         |
|---------------------------------------|----------------------|------------------|---------|
| 27                                    | Per-Anders Axelsson  | Markbygdens OK   | 86.30   |
| 28                                    | Urban Sörqvist       | Markbygdens OK   | 88.24   |
| H50                                   | 5420 meter 28 start  |                  |         |
| 1                                     | Roine Pettersson     | IFK Göteborg     | 49.26   |
| 18                                    | Jonas Karlsson       | Markbygdens OK   | 86.04   |
| D55                                   | 3420 meter 17 start  |                  |         |
| 1                                     | Heidrun Finke        | OLV Uslar        | 42.53   |
| 14                                    | Leila Ljunggren      | Markbygdens OK   | 71.47   |
| D60                                   | 3310 meter 12 start  |                  |         |
| 1                                     | Ing-Marie Brander    | Göteborg-Majorna | 40.32   |
| 7                                     | Ingrid Breлинд       | Markbygdens OK   | 58.09 B |
| 11                                    | Marita Larsson       | Markbygdens OK   | 90.33   |
| H60                                   | 4400 meter 18 start  |                  |         |
| 1                                     | Olof Olofsson        | Hagaby GOIF      | 40.43   |
| 15                                    | Bo Herdersson        | Markbygdens OK   | 76.13   |
| H65                                   | 3790 meter 27 start  |                  |         |
| 1                                     | Carl-Henry Andersson | OK Orinto        | 41.59   |
| 4                                     | Henry Djurbäck       | Markbygdens OK   | 47.07 S |
| H80                                   | 2580 meter 8 start   |                  |         |
| 1                                     | Bertil Johansson     | Markbygdens OK   | 45.56 G |
| Inskolning                            | 1730 meter 20 start  |                  |         |
|                                       | Noah Hedenblom       | Markbygdens OK   | Godkänd |
| Öppen 7                               | 3090 meter 61 start  |                  |         |
| 1                                     | Guro Vassend         | Fossum, IF       | 29.02   |
| 16                                    | Ivan Andersson       | Markbygdens OK   | 47.04   |
| 26                                    | Rolf Hermansson      | Markbygdens OK   | 51.35   |
| 33                                    | Johanna Skogum       | Markbygdens OK   | 56.55   |
| Öppen 8                               | 4540 meter 61 start  |                  |         |
| 1                                     | Jonas Lundberg       | Göteborg-Majorna | 40.22   |
| 25                                    | Anders Lundell       | Markbygdens OK   | 59.23   |
| 40                                    | Lars Eriksson        | Markbygdens OK   | 70.42   |
| <u>Falköpings AIK Lång 2014-08-24</u> |                      |                  |         |
| H14                                   | 3920 meter 19 start  |                  |         |
| 1                                     | Victor Hansson       | Jönköpings OK    | 30.30   |
| 6                                     | Petter Leibe-Bergste | Markbygdens OK   | 39.32   |
| 12                                    | Axel Åkesson         | Markbygdens OK   | 47.52   |
| 18                                    | Olle Leibe-Bergstedt | Markbygdens OK   | 69.17   |
| D12                                   | 22740 meter 19 start |                  |         |
| 1                                     | Ida Eskilsson        | IK Hakarpspojkar | 27.57   |
| 2                                     | Lisa Åkesson         | Markbygdens OK   | 28.41   |
| 5                                     | Erika Åkesson        | Markbygdens OK   | 31.07   |
| H45                                   | 6870 meter 21 start  |                  |         |
| 1                                     | Ingvar Åkesson       | IK Hakarpspojkar | 45.50   |
| 8                                     | Mikael Bergstedt     | Markbygdens OK   | 59.17 S |
| H50                                   | 6050 meter 34 start  |                  |         |
| 1                                     | Bertil Åkesson       | Markbygdens OK   | 44.04 G |
| H65                                   | 4600 meter 32 start  |                  |         |
| 1                                     | Per-Arne Källén      | Uddevalla OK     | 48.43   |
| 20                                    | Ronny Ragnarsson     | Markbygdens OK   | 62.34 S |

H70 4210 meter 48 start  
1 Åke Eckerbom IFK Sävsjö 39.30  
12 Pär-Erik Johansson Markbygdens OK 49.56 S  
25 Rune Arvidsson Markbygdens OK 57.28 B

Öppen 3 2740 meter 27 start  
1 Ayan Ling Jönköpings OK 41.59  
13 Marita Johansson Markbygdens OK 52.54 B

Eksjö SOK PRO Riksmästerskap 2014-08-25

D80 2090 meter 5 start  
1 Gunvor Håkansson Markbygdens OK 42.56 G

H70 3460 meter 16 start  
1 Bo Olofsson Kallinge PRO 36.46  
7 Rune Arvidsson Markbygdens OK 46.16 S

Bredareds IF Medel 2014-08-30

H21 4660 meter 26 start  
1 Anders Hedberg Göteborg-Majorna 30.32  
4 Albin Andersson Markbygdens OK 30.51 G  
17 Pontus Karlsson Markbygdens OK 33.59 G

D16 3340 meter 12 start  
1 Lisa Johansson OK Tranan 29.01  
3 Klara Axelsson Markbygdens OK 32.14

H16 3580 meter 13 start  
1 Elias Bäcklund-Ekval Trollhättans SOK 25.13  
3 Felix Axelsson Markbygdens OK 28.17  
8 Olle Sörqvist Markbygdens OK 37.16

D14 3100 meter 18 start  
1 Alva Sonesson Falköpings AIK 29.44  
18 Tilde Johansson Markbygdens OK 90.44

H14 3100 meter 21 start  
1 Samuel Pihlström OK Landehof 24.00  
6 Axel Åkesson Markbygdens OK 30.51

D12 22140 meter 11 start  
1 Erika Åkesson Markbygdens OK 15.42  
7 Lisa Åkesson Markbygdens OK 21.55

D35 3560 meter 3 start  
1 Susanne Biörs OK Tranan 38.00  
3 Lisa Johansson Markbygdens OK 90.25

D40 3560 meter 11 start  
1 Annika Johansson OK Tranan 38.33  
2 Marina Axelsson Markbygdens OK 42.12 G

H45 3560 meter 16 start  
1 Björn Mårtensson OK Skogsstjärnan 30.24  
4 Mikael Bergstedt Markbygdens OK 35.03 S  
5 Martin Svensson Markbygdens OK 36.05 S  
12 Urban Sörqvist Markbygdens OK 47.22  
14 Per-Anders Axelsson Markbygdens OK 52.21

H50 3750 meter 15 start  
1 Lars Holmberg IF Hagen 30.57

|   |                                |                  |        |   |
|---|--------------------------------|------------------|--------|---|
| 10  | Jonas Karlsson                 | Markbygdens OK   | 40.28  | S |
| D60                                       | 3330 meter 6 start             |                  |        |   |
| 1   | Britt-Marie Larsson            | SOK 68           | 40.49  |   |
| 5   | Ingrid Breлинд                 | Markbygdens OK   | 63.17  |   |
| 6   | Marita Larsson                 | Markbygdens OK   | 67.31  |   |
| H65                                       | 3490 meter 9 start             |                  |        |   |
| 1   | Kjell-Åke Nilsson              | Ulricehamns OK   | 34.59  |   |
| 3   | Lars-Göran Molin               | Markbygdens OK   | 38.55  | S |
| D70                                       | 2900 meter 12 start            |                  |        |   |
| 1   | Ingrid Hermansson              | IK Ymer          | 37.03  |   |
| 6   | Kerstin Johansson              | Markbygdens OK   | 45.11  | S |
| H70                                       | 2900 meter 18 start            |                  |        |   |
| 1   | Kalle Johansson                | OK Skogshjortarn | 25.48  |   |
| 7   | Rune Arvidsson                 | Markbygdens OK   | 36.04  | S |
| H75                                       | 2900 meter 12 start            |                  |        |   |
| 1   | Bernt Johansson                | OK Gisle         | 42.08  |   |
| 3   | Håkan Skogum                   | Markbygdens OK   | 44.07  | G |
| 10  | Bertil Johansson               | Markbygdens OK   | 58.19  | S |
| D80                                       | 2660 meter 1 start             |                  |        |   |
| 1   | Gunvor Håkansson               | Markbygdens OK   | 62.21  | G |
| U1  | 12290 meter 17 start           |                  |        |   |
| 1   | Einar Sörqvist                 | Markbygdens OK   | 22.03  |   |
| Öppen 3                                   | 2140 meter 10 start            |                  |        |   |
| 1   | Filip Nyman                    | SOK 68           | 25.32  |   |
| 8   | Berit Svensson                 | Markbygdens OK   | 39.56  |   |
| Öppen 7                                   | 2900 meter 35 start            |                  |        |   |
| 1   | Erik Classon                   | OK Orinto        | 17.02  |   |
| 26  | Helena Andersson               | Markbygdens OK   | 45.36  |   |
| Öppen 9                                   | 4330 meter 25 start            |                  |        |   |
| 1   | Anders Axenborg                | Göteborg-Majorna | 29.40  |   |
| 12  | Per Arnell                     | Markbygdens OK   | 50.59  |   |
| 20  | Bernt Robertsson               | Markbygdens OK   | 63.00  |   |
| 21  | Lars Eriksson                  | Markbygdens OK   | 64.50  |   |
| Damer 0-Challenge 2                       | 4740 meter 5 start             |                  |        |   |
| 1   | Åsa Dryselius                  | Markbygdens OK   | 47.01  |   |
| <u>OK Gränsen DM Ultralång 2014-08-31</u> |                                |                  |        |   |
| H50                                       | Ultralång 12770 meter 19 start |                  |        |   |
| 1   | Håkan Svensson                 | Bredaryds SOK    | 91.30  |   |
| 4   | Bertil Åkesson                 | Markbygdens OK   | 102.44 | S |
| H60                                       | Ultralång 10090 meter 17 start |                  |        |   |
| 1   | Per Lindgren                   | IK Hakarpspojkar | 89.49  |   |
| 3   | Bo Herdersson                  | Markbygdens OK   | 98.34  | G |
| H70                                       | Ultralång 6200 meter 17 start  |                  |        |   |
| 1   | Kalle Johansson                | OK Skogshjortarn | 59.28  |   |
| 6   | Rune Arvidsson                 | Markbygdens OK   | 72.30  | S |
| 12  | Bengt Olsson                   | Markbygdens OK   | 81.56  | S |

OK Gipen Lång 2014-08-31

H55 4230 meter 16 start

|                |                  |         |
|----------------|------------------|---------|
| 1 Jerker Netz  | Trollhättans SOK | 44.52   |
| 9 Mikael Bodén | Markbygdens OK   | 52.44 S |

OK Tyringe Lång 2014-08-31

Öppen 8 5100 meter 19 start

|                 |                |       |
|-----------------|----------------|-------|
| 1 Peter Sjöberg | klubblös       | 35.03 |
| 7 Tor Udd       | Markbygdens OK | 47.26 |
| 8 Anne Udd      | Markbygdens OK | 47.39 |

OK Råven När-OL 2014-09-02

Öppen 3 1900 meter 9 start

|                     |                |       |
|---------------------|----------------|-------|
| 1 Ronny Ragnarsson  | Markbygdens OK | 24.33 |
| 2 Marcus Ragnarsson | Markbygdens OK | 25.38 |
| 3 Ulla Ragnarsson   | Markbygdens OK | 30.24 |
| 8 Elving Lomander   | Markbygdens OK | 50.34 |

Öppen 4 3000 meter 5 start

|                  |                |       |
|------------------|----------------|-------|
| 1 Åsa Dryselius  | Markbygdens OK | 37.00 |
| 4 Otto Bornefalk | Markbygdens OK | 55.36 |
| 5 David Hansson  | Markbygdens OK | 94.27 |

Öppen 5 3500 meter 2 start

|                      |                |       |
|----------------------|----------------|-------|
| 1 Jeanette Sigenstam | Markbygdens OK | 49.28 |
|----------------------|----------------|-------|

Öppen Vit/Gul 2600 meter 9 start

|                     |                |       |
|---------------------|----------------|-------|
| 1 Erika Åkesson     | Markbygdens OK | 23.02 |
| 6 William Bengtsson | Markbygdens OK | 46.52 |

Öppen Orange/Röd 2900 meter 10 start

|                        |                |       |
|------------------------|----------------|-------|
| 1 Klara Axelsson       | Markbygdens OK | 29.03 |
| 2 Petter Leibe-Bergste | Markbygdens OK | 30.02 |
| 3 Felix Axelsson       | Markbygdens OK | 31.23 |
| 4 Olle Sörqvist        | Markbygdens OK | 41.17 |
| 6 Marina Axelsson      | Markbygdens OK | 75.45 |

OK Landehof När-OL 2014-09-04

Öppen Kort 1900 meter 19 start

|                   |                |       |
|-------------------|----------------|-------|
| 1 Leif Hjertqvist | IK Stern       | 41.16 |
| 4 Ulla Ragnarsson | Markbygdens OK | 46.14 |

Öppen Mellan 2900 meter 29 start

|                    |                  |       |
|--------------------|------------------|-------|
| 1 Kalle Johansson  | OK Skogshjortarn | 32.21 |
| 8 Ronny Ragnarsson | Markbygdens OK   | 41.46 |

Mariestads FK DM Medel 2014-09-06

D21 3850 meter 21 start

|                         |                |         |
|-------------------------|----------------|---------|
| 1 Sara Hagström         | Falköpings AIK | 28.54   |
| 10 Caroline Lennartsson | Markbygdens OK | 40.33 S |

H21 4970 meter 42 start

|                   |                |         |
|-------------------|----------------|---------|
| 1 Johan Högstrand | Markbygdens OK | 26.17 G |
|-------------------|----------------|---------|

D20 3390 meter 4 start

|                     |                |         |
|---------------------|----------------|---------|
| 1 Elin Classon      | OK Orinto      | 25.43   |
| 4 Josefin Andersson | Markbygdens OK | 28.37 G |

H20 4260 meter 6 start

|                   |                |         |
|-------------------|----------------|---------|
| 1 Anton Nilsson   | OK Tranan      | 26.41   |
| 3 Pontus Karlsson | Markbygdens OK | 28.02 G |

|     |                      |                      |                  |       |   |
|-----|----------------------|----------------------|------------------|-------|---|
|     | 4                    | Niklas Frisk         | Markbygdens OK   | 36.19 | S |
| D18 | 3200 meter 22 start  |                      |                  |       |   |
|     | 1                    | Johanna Öberg        | Ryda SK          | 23.34 |   |
|     | 5                    | Hanna Karlsson       | Markbygdens OK   | 28.16 | S |
| H18 | 4100 meter 13 start  |                      |                  |       |   |
|     | 1                    | Markus Larsson       | Hestra IF        | 23.48 |   |
|     | 7                    | Edvin Carlsson       | Markbygdens OK   | 33.56 | S |
|     | 12                   | Ivar Sörqvist        | Markbygdens OK   | 47.49 |   |
| D16 | 3150 meter 17 start  |                      |                  |       |   |
|     | 1                    | Lisa Johansson       | OK Tranan        | 23.34 |   |
|     | 3                    | Klara Axelsson       | Markbygdens OK   | 24.31 |   |
|     | 16                   | Klara Ask            | Markbygdens OK   | 41.06 |   |
| H16 | 3590 meter 18 start  |                      |                  |       |   |
|     | 1                    | Elias Bäcklund-Ekval | Trollhättans SOK | 21.52 |   |
|     | 4                    | Felix Axelsson       | Markbygdens OK   | 24.21 |   |
|     | 9                    | Olle Sörqvist        | Markbygdens OK   | 27.39 |   |
| D14 | 2570 meter 18 start  |                      |                  |       |   |
|     | 1                    | Ida Roos             | SOK Träff        | 18.13 |   |
|     | 18                   | Tilde Johansson      | Markbygdens OK   | 67.22 |   |
| H14 | 2710 meter 32 start  |                      |                  |       |   |
|     | 1                    | Hugo Ström           | Ulricehamns OK   | 17.12 |   |
|     | 15                   | Axel Åkesson         | Markbygdens OK   | 22.24 |   |
| D12 | 22640 meter 17 start |                      |                  |       |   |
|     | 1                    | Erika Åkesson        | Markbygdens OK   | 20.15 |   |
|     | 3                    | Lisa Åkesson         | Markbygdens OK   | 21.10 |   |
| H12 | 22800 meter 23 start |                      |                  |       |   |
|     | 1                    | Arvid Björk          | Trollhättans SOK | 18.14 |   |
|     | 5                    | Anton Blomqvist      | Markbygdens OK   | 22.10 |   |
| D40 | 3200 meter 17 start  |                      |                  |       |   |
|     | 1                    | Ulrika Kindlund      | OK Tranan        | 25.30 |   |
|     | 9                    | Marina Axelsson      | Markbygdens OK   | 36.51 | B |
| D45 | 3200 meter 22 start  |                      |                  |       |   |
|     | 1                    | Jenny Nyman          | Vänersborgs SK   | 24.50 |   |
|     | 10                   | Jeanette Sigenstam   | Markbygdens OK   | 32.20 | S |
|     | 17                   | Helena Andersson     | Markbygdens OK   | 44.46 |   |
| H45 | 3870 meter 26 start  |                      |                  |       |   |
|     | 1                    | Björn Mårtensson     | OK Skogsstjärnan | 24.44 |   |
|     | 4                    | Mikael Bergstedt     | Markbygdens OK   | 27.36 | G |
|     | 5                    | Martin Svensson      | Markbygdens OK   | 28.42 | S |
|     | 19                   | Fredrik Ask          | Markbygdens OK   | 41.38 |   |
|     | 20                   | Per-Anders Axelsson  | Markbygdens OK   | 41.53 |   |
| H50 | 3900 meter 31 start  |                      |                  |       |   |
|     | 1                    | Lars Holmberg        | IF Hagen         | 30.22 |   |
|     | 2                    | Bertil Åkesson       | Markbygdens OK   | 31.49 | G |
|     | 25                   | Jonas Karlsson       | Markbygdens OK   | 53.45 |   |
| H55 | 3580 meter 16 start  |                      |                  |       |   |
|     | 1                    | Tomas Karlsson       | OK Skogshjortarn | 29.31 |   |
|     | 6                    | Arne Persson         | Markbygdens OK   | 34.08 | S |
|     | 12                   | Mikael Bodén         | Markbygdens OK   | 38.50 | S |
| D60 | 2900 meter 11 start  |                      |                  |       |   |



|   |                  |                |       |   |
|---|------------------|----------------|-------|---|
| 1 | Kristina Larsson | OK Klyftamo    | 31.16 |   |
| 7 | Ingrid Brellind  | Markbygdens OK | 45.05 | B |
| 8 | Marita Larsson   | Markbygdens OK | 49.16 |   |

H60 3430 meter 21 start

|   |                |                  |       |   |
|---|----------------|------------------|-------|---|
| 1 | Lennart Hålsjö | OK Skogshjortarn | 28.32 |   |
| 5 | Bo Herdersson  | Markbygdens OK   | 33.19 | S |

H70 3200 meter 25 start

|    |                 |                  |       |  |
|----|-----------------|------------------|-------|--|
| 1  | Kalle Johansson | OK Skogshjortarn | 25.37 |  |
| 19 | Rune Arvidsson  | Markbygdens OK   | 48.28 |  |

H75 3040 meter 15 start

|   |                   |                |       |   |
|---|-------------------|----------------|-------|---|
| 1 | Rolf Larsson      | Degerfors OK   | 36.56 |   |
| 6 | Lennart Östanbäck | Markbygdens OK | 51.55 | S |

Öppen 7 3430 meter 35 start

|   |                 |                |       |   |
|---|-----------------|----------------|-------|---|
| 1 | Stefan Aroneng  | Hestra IF      | 31.01 |   |
| 9 | Marie Högstrand | Markbygdens OK | 40.51 | B |

Öppen 8 4410 meter 20 start

|   |                |                  |       |  |
|---|----------------|------------------|-------|--|
| 1 | Albin Axelsson | IK Hakarpspojkar | 33.07 |  |
| 6 | Johanna Skogum | Markbygdens OK   | 45.47 |  |

Utby IK Lång 2014-09-07

Öppen 8 4630 meter 38 start

|    |                  |                  |       |  |
|----|------------------|------------------|-------|--|
| 1  | Mathias Wärn     | OK Skogshjortarn | 40.34 |  |
| 15 | Lars-Göran Molin | Markbygdens OK   | 58.24 |  |

Mariestads FK DM Budkavle 2014-09-07

H21

|    |                |                |        |  |
|----|----------------|----------------|--------|--|
| 1  | Vänersborgs SK | Vänersborgs SK | 124.52 |  |
| 14 | Markbygdens OK | Markbygdens OK | 190.52 |  |

H21 Sträcka 1

|   |                 |                |       |  |
|---|-----------------|----------------|-------|--|
| 1 | Johan Högstrand | Markbygdens OK | 42.13 |  |
|---|-----------------|----------------|-------|--|

H21 Sträcka 2

|   |                 |                |       |  |
|---|-----------------|----------------|-------|--|
| 1 | Tommy Andersson | Vänersborgs SK | 37.18 |  |
| 9 | Bertil Åkesson  | Markbygdens OK | 46.33 |  |

H21 Sträcka 3

|    |                   |                |        |  |
|----|-------------------|----------------|--------|--|
| 1  | Richard Börjesson | Vänersborgs SK | 42.49  |  |
| 20 | Albin Andersson   | Markbygdens OK | 102.06 |  |

D21

|   |                |                |        |  |
|---|----------------|----------------|--------|--|
| 1 | Hestra IF      | Hestra IF      | 140.37 |  |
| 3 | Markbygdens OK | Markbygdens OK | 148.58 |  |

D21 Sträcka 1

|   |                      |                |       |  |
|---|----------------------|----------------|-------|--|
| 1 | Lovisa Hansson       | Hestra IF      | 47.42 |  |
| 6 | Caroline Lennartsson | Markbygdens OK | 57.05 |  |

D21 Sträcka 2

|   |              |                |       |  |
|---|--------------|----------------|-------|--|
| 1 | Anne Hansson | Markbygdens OK | 44.38 |  |
|---|--------------|----------------|-------|--|

D21 Sträcka 3

|   |                   |                |       |  |
|---|-------------------|----------------|-------|--|
| 1 | Johanna Sundström | Hestra IF      | 46.06 |  |
| 3 | Josefin Andersson | Markbygdens OK | 55.29 |  |

H20

|   |           |           |        |  |
|---|-----------|-----------|--------|--|
| 1 | Hestra IF | Hestra IF | 131.09 |  |
|---|-----------|-----------|--------|--|

|      |                      |                  |        |
|------|----------------------|------------------|--------|
| 2    | Markbygdens OK       | Markbygdens OK   | 158.08 |
| H20  | Sträcka 1            |                  |        |
| 1    | Pontus Karlsson      | Markbygdens OK   | 44.57  |
| H20  | Sträcka 2            |                  |        |
| 1    | Linus Landergren     | Hestra IF        | 40.13  |
| 2    | Edvin Carlsson       | Markbygdens OK   | 47.14  |
| H20  | Sträcka 3            |                  |        |
| 1    | Markus Larsson       | Hestra IF        | 44.25  |
| 4    | Niklas Frisk         | Markbygdens OK   | 65.57  |
| H16  |                      |                  |        |
| 1    | Trollhättans SOK     | Trollhättans SOK | 90.23  |
| 4    | Markbygdens OK       | Markbygdens OK   | 99.01  |
| H16  | Sträcka 1            |                  |        |
| 1    | Viktor Wassén        | Vänersborgs SK   | 29.37  |
| 4    | Olle Sörqvist        | Markbygdens OK   | 35.02  |
| H16  | Sträcka 2            |                  |        |
| 1    | Oscar Stomberg       | IF Hagen         | 24.08  |
| 2    | Klara Axelsson       | Markbygdens OK   | 25.06  |
| H16  | sträcka 3            |                  |        |
| 1    | Elias Bäcklund       | Trollhättans SOK | 31.37  |
| 4    | Felix Axelsson       | Markbygdens OK   | 38.53  |
| H14  |                      |                  |        |
| 1    | IF Hagen             | IF Hagen         | 68.43  |
| 5    | Markbygdens OK       | Markbygdens OK   | 100.47 |
| H14  | Sträcka 1            |                  |        |
| 1    | Daniel Bogren        | IF Hagen         | 27.03  |
| 6    | Axel Åkesson         | Markbygdens OK   | 35.14  |
| H14  | Sträcka 2            |                  |        |
| 1    | Per Hedman           | IF Hagen         | 16.49  |
| 5    | Petter Leibe-Bergste | Markbygdens OK   | 20.57  |
| H14  | Sträcka 3            |                  |        |
| 1    | Marcus Carlsson      | IF Hagen         | 24.51  |
| 5    | Olle Leibe-Bergstedt | Markbygdens OK   | 44.36  |
| H12  |                      |                  |        |
| 1    | Markbygdens OK       | Markbygdens OK   | 64.37  |
| H12  | Sträcka 1            |                  |        |
| 1    | Lukas Larsson        | OK Skogshjortarn | 17.28  |
| 6    | Anton Blomqvist      | Markbygdens OK   | 23.42  |
| H12  | Sträcka 2            |                  |        |
| 1    | Erika Åkesson        | Markbygdens OK   | 18.01  |
| H12  | Sträcka 3            |                  |        |
| 1    | Arvid Björk          | Trollhättans SOK | 16.39  |
| 6    | Lisa Åkesson         | Markbygdens OK   | 22.54  |
| H120 | Sträcka 1            |                  |        |
| 1    | Emil Andreasson      | OK Skogshjortarn | 47.45  |
| 14   | Per-Anders Axelsson  | Markbygdens OK   | 61.11  |
| H120 | Sträcka 2            |                  |        |

|  |                  |                  |         |
|--|------------------|------------------|---------|
| 1  | Calle Andersson  | OK Skogsstjärnan | 39.55   |
| 12                                       | Jonas Karlsson   | Markbygdens OK   | 61.26   |
| D150                                     |                  |                  |         |
| 1  | IF Hagen         | IF Hagen         | 129.50  |
| 5  | Markbygdens OK   | Markbygdens OK   | 160.34  |
| D150 Sträcka 1                           |                  |                  |         |
| 1  | Marina Axelsson  | Markbygdens OK   | 40.49   |
| D150 Sträcka 2                           |                  |                  |         |
| 1  | Gunnel Jernstig  | Vänersborgs SK   | 41.33   |
| 4  | Marie Högstrand  | Markbygdens OK   | 47.54   |
| D150 Sträcka 3                           |                  |                  |         |
| 1  | Maria Sahlén     | IF Hagen         | 38.18   |
| 6  | Ingrid Breлинд   | Markbygdens OK   | 71.51   |
| H160                                     |                  |                  |         |
| 1  | IF Hagen         | IF Hagen         | 100.03  |
| 6  | Markbygdens OK   | Markbygdens OK   | 114.45  |
| H160 Sträcka 1                           |                  |                  |         |
| 1  | Kent Klasson     | Hestra IF        | 32.08   |
| 14                                       | Mikael Bodén     | Markbygdens OK   | 44.50   |
| H160 Sträcka 2                           |                  |                  |         |
| 1  | Jörgen Larsson   | Ulricehamns OK   | 28.54   |
| 10                                       | Arne Persson     | Markbygdens OK   | 35.52   |
| H160 Sträcka 3                           |                  |                  |         |
| 1  | Tobias Lindell   | Vänersborgs SK   | 32.52   |
| 3  | Mikael Bergstedt | Markbygdens OK   | 34.03   |
| Öppen 3 2480 meter 13 start              |                  |                  |         |
| 1  | Annie Kamfors    | OK Kullingshof   | 32.40   |
| 12                                       | Maja Johansson   | Markbygdens OK   | 62.17   |
| 13                                       | Tilde Johansson  | Markbygdens OK   | 62.19   |
| Öppen 7 2830 meter 21 start              |                  |                  |         |
| 1  | Anton Karlsson   | OK Skogshjortarn | 30.40   |
| 16                                       | Marita Larsson   | Markbygdens OK   | 47.55   |
| <u>Främmestads IK DM Natt 2014-09-12</u> |                  |                  |         |
| H20 7800 meter 4 start                   |                  |                  |         |
| 1  | Pontus Karlsson  | Markbygdens OK   | 58.55 G |
| D16 4120 meter 7 start                   |                  |                  |         |
| 1  | Klara Axelsson   | Markbygdens OK   | 37.05   |
| H16 5430 meter 11 start                  |                  |                  |         |
| 1  | Felix Axelsson   | Markbygdens OK   | 37.23   |
| 6  | Olle Sörqvist    | Markbygdens OK   | 48.52   |
| D40 5150 meter 6 start                   |                  |                  |         |
| 1  | Ulrika Kindlund  | OK Tranan        | 48.15   |
| 4  | Marina Axelsson  | Markbygdens OK   | 56.29 S |
| D50 4070 meter 8 start                   |                  |                  |         |
| 1  | Anne Udd         | Markbygdens OK   | 47.54 G |
| H60 5150 meter 15 start                  |                  |                  |         |
| 1  | Roland Svensson  | Mariestads FK    | 46.03   |

2 Bo Herdersson Markbygdens OK 50.02 G

Främmestads IK DM Sprint 2014-09-13

H20 2800 meter 5 start

1 Anton Nilsson OK Tranan 12.39  
2 Pontus Karlsson Markbygdens OK 13.43

D16 2240 meter 17 start

1 Johanna Hagström Falköpings AIK 11.43  
4 Klara Axelsson Markbygdens OK 12.13

H16 2450 meter 14 start

1 Rickard Olsson Tibro OK 10.52  
6 Felix Axelsson Markbygdens OK 11.33  
9 Olle Sörqvist Markbygdens OK 12.08

D40 2340 meter 16 start

1 Ulrika Kindlund OK Tranan 13.22  
3 Marina Axelsson Markbygdens OK 14.05

H45 2560 meter 21 start

1 Patrik Svantesson Trollhättans SOK 12.25  
11 Per-Anders Axelsson Markbygdens OK 15.41

D50 2210 meter 13 start

1 Britta Sahlin Vänersborgs SK 14.09  
4 Anne Udd Markbygdens OK 15.23

H50 2330 meter 21 start

1 Kent Klasson Hestra IF 11.27  
12 Jonas Karlsson Markbygdens OK 14.31

H70 1630 meter 20 start

1 Kalle Johansson OK Skogshjortarn 9.39  
9 Rune Arvidsson Markbygdens OK 11.37

H75 1450 meter 10 start

1 Allsing Carlsson OK Skogsvargarna 10.42  
4 Lennart Östanbäck Markbygdens OK 14.28

Frölunda OL Medel 2014-09-13

H21 4200 meter 62 start

1 Tobias Noborn IFK Göteborg 27.34  
36 Simon Larsson Markbygdens OK 35.57 S

Inskolning 1760 meter 17 start

Noah Hedenblom Markbygdens OK Godkänd

Öppen 8 3890 meter 51 start

1 Ola Martner Göteborg-Majorna 38.39  
7 Anders Lundell Markbygdens OK 47.29 B  
8 Martin Andersson Markbygdens OK 48.23 B

Främmestads IK DM Lång 2014-09-14

D20 6700 meter 7 start

1 Aina Edgren Trollhättans SOK 58.46  
3 Josefin Andersson Markbygdens OK 68.54 S

H20 7980 meter 5 start

1 Pontus Karlsson Markbygdens OK 53.11 G

|     |                      |                  |       |   |
|-----|----------------------|------------------|-------|---|
| D18 | 5530 meter           | 16 start         |       |   |
| 1   | Johanna Öberg        | Ryda SK          | 43.30 |   |
| 10  | Hanna Karlsson       | Markbygdens OK   | 65.12 | B |
| H18 | 7100 meter           | 8 start          |       |   |
| 1   | Samuel Plumppu       | Hestra IF        | 43.58 |   |
| 6   | Ivar Sörqvist        | Markbygdens OK   | 49.19 | S |
| D16 | 4870 meter           | 17 start         |       |   |
| 1   | Hanna Mårtensson     | OK Skogsstjärnan | 38.36 |   |
| 8   | Klara Axelsson       | Markbygdens OK   | 46.58 |   |
| H16 | 5460 meter           | 15 start         |       |   |
| 1   | Elias Bäcklund-Ekval | Trollhättans SOK | 31.51 |   |
| 3   | Felix Axelsson       | Markbygdens OK   | 34.02 |   |
| 7   | Olle Sörqvist        | Markbygdens OK   | 39.53 |   |
| H14 | 3930 meter           | 27 start         |       |   |
| 1   | Axel Olsson          | OK Skogsstjärnan | 24.42 |   |
| 15  | Axel Åkesson         | Markbygdens OK   | 35.28 |   |
| 17  | Petter Leibe-Bergste | Markbygdens OK   | 36.05 |   |
| 25  | Olle Leibe-Bergstedt | Markbygdens OK   | 42.13 |   |
| D12 | 2850 meter           | 18 start         |       |   |
| 1   | Thea Karlsson        | Ryda SK          | 23.56 |   |
| 3   | Lisa Åkesson         | Markbygdens OK   | 25.17 |   |
| 11  | Erika Åkesson        | Markbygdens OK   | 31.50 |   |
| H12 | 2850 meter           | 23 start         |       |   |
| 1   | Arvid Björk          | Trollhättans SOK | 16.36 |   |
| 9   | Anton Blomqvist      | Markbygdens OK   | 28.58 |   |
| D40 | 5730 meter           | 11 start         |       |   |
| 1   | Susanne Wiklund      | Björk Trollhätta | 47.22 |   |
| 4   | Marina Axelsson      | Markbygdens OK   | 60.31 | S |
| H45 | 6680 meter           | 28 start         |       |   |
| 1   | Björn Mårtensson     | OK Skogsstjärnan | 45.55 |   |
| 3   | Mikael Bergstedt     | Markbygdens OK   | 51.57 | S |
| 15  | Per-Anders Axelsson  | Markbygdens OK   | 63.43 | S |
| 28  | Urban Sörqvist       | Markbygdens OK   | 92.22 |   |
| D50 | 4900 meter           | 18 start         |       |   |
| 1   | Maria Skogsberg      | Mariestads FK    | 51.21 |   |
| 3   | Anne Udd             | Markbygdens OK   | 54.42 | G |
| H50 | 6310 meter           | 36 start         |       |   |
| 1   | Bertil Åkesson       | Markbygdens OK   | 45.16 | G |
| 10  | Niclas Andersson     | Markbygdens OK   | 52.51 | S |
| 30  | Jonas Karlsson       | Markbygdens OK   | 79.32 |   |
| H55 | 5730 meter           | 26 start         |       |   |
| 1   | Arne Nåbo            | Trollhättans SOK | 47.34 |   |
| 9   | Mikael Bodén         | Markbygdens OK   | 54.24 | S |
| 24  | Lars Eriksson        | Markbygdens OK   | 79.36 |   |
| D60 | 3860 meter           | 15 start         |       |   |
| 1   | Inger Svensson       | Lidköpings VSK   | 42.05 |   |
| 13  | Marita Larsson       | Markbygdens OK   | 56.42 | S |
| 15  | Gun-Britt Molin      | Markbygdens OK   | 66.22 |   |
| H60 | 5300 meter           | 28 start         |       |   |
| 1   | Bo Herdersson        | Markbygdens OK   | 43.06 | G |
| 11  | Håkan Andersson      | Markbygdens OK   | 54.34 | S |

H65 4740 meter 23 start  
1 Carl-Henry Andersson OK Orinto 40.39  
7 Lars-Göran Molin Markbygdens OK 49.49 S

H70 3860 meter 32 start  
1 Kalle Johansson OK Skogshjortarn 31.07  
12 Rune Arvidsson Markbygdens OK 40.40 S

H75 3330 meter 13 start  
1 Allsing Carlsson OK Skogsvargarna 34.10  
4 Lennart Östanbäck Markbygdens OK 40.01 S

U1 2160 meter 19 start  
1 Lisa Andersson Ryda SK 17.43  
10 Einar Sörqvist Markbygdens OK 26.30

Öppen 5 3730 meter 42 start  
1 Helena Blomqvist Markbygdens OK 31.39 B

Skene SoIS När-OL 2014-09-16

Öppen 3 2890 meter 3 start  
1 Lars-Håkan Hansson OK Mark 54.24  
2 David Hansson Markbygdens OK 54.27

Öppen 5 3200 meter 8 start  
1 Leif Rylander Markbygdens OK 37.27  
3 Michael Magnusson Markbygdens OK 52.03  
4 Ronny Ragnarsson Markbygdens OK 63.27  
5 Ulla Ragnarsson Markbygdens OK 64.24  
6 Ellen Evertsson Markbygdens OK 74.01  
7 Maria Svensson Markbygdens OK 85.43  
8 Berit Svensson Markbygdens OK 85.47

Öppen 10 4470 meter 4 start  
1 Mikael Bodén Markbygdens OK 47.54  
2 Jonas Karlsson Markbygdens OK 61.38  
3 Anna Johansson Markbygdens OK 95.50

Öppen Vit/Gul 2890 meter 20 start  
1 Erika Åkesson Markbygdens OK 43.49  
3 Marcus Ragnarsson Markbygdens OK 47.41  
12 William Bengtsson Markbygdens OK 66.12

Öppen Orange/Röd 2700 meter 10 start  
1 Petter Leibe-Bergste Markbygdens OK 54.11  
1 Olle Sörqvist Markbygdens OK 54.11  
3 Anne Udd Markbygdens OK 55.17  
4 Axel Åkesson Markbygdens OK 62.47  
5 Elin Högstrand Markbygdens OK 65.11  
6 Olle Leibe-Bergstedt Markbygdens OK 74.28  
8 Arvid Hall Markbygdens OK 87.46

Köping-Kolsva OK Ungdoms-SM Sprint 2014-09-19

D15 2150 meter 94 start  
1 Jenny Wegebro Umeå OK 13.55  
5 Klara Axelsson Markbygdens OK 14.34

H15 2480 meter 83 start  
1 August Mollén OK Denseln 11.57  
11 Felix Axelsson Markbygdens OK 13.28

ÖD15 2150 meter 16 start

|   |                  |                  |       |
|---|------------------|------------------|-------|
| 1 | Ellen Kallerbäck | Emmaboda Verda O | 14.31 |
| 6 | Marina Axelsson  | Markbygdens OK   | 16.06 |

ÖH15 2480 meter 24 start

|    |                     |                  |       |
|----|---------------------|------------------|-------|
| 1  | Erik Wigle          | Södertälje-Nykva | 12.54 |
| 10 | Per-Anders Axelsson | Markbygdens OK   | 15.31 |

OK Landehof Medel 2014-09-20

H21 14470 meter 40 start

|    |                 |                |         |
|----|-----------------|----------------|---------|
| 1  | Eskil Kinneberg | IFK Göteborg   | 28.44   |
| 8  | Albin Andersson | Markbygdens OK | 34.10 S |
| 21 | Simon Larsson   | Markbygdens OK | 39.22 S |

D20 3520 meter 2 start

|   |                |                |         |
|---|----------------|----------------|---------|
| 1 | Elin Högstrand | Markbygdens OK | 41.37 G |
|---|----------------|----------------|---------|

D18 3380 meter 1 start

|   |                |                |         |
|---|----------------|----------------|---------|
| 1 | Hanna Karlsson | Markbygdens OK | 42.11 G |
|---|----------------|----------------|---------|

H14 2880 meter 17 start

|    |                      |                |       |
|----|----------------------|----------------|-------|
| 1  | Samuel Pihlström     | OK Landehof    | 24.32 |
| 3  | Petter Leibe-Bergste | Markbygdens OK | 32.46 |
| 10 | Olle Leibe-Bergstedt | Markbygdens OK | 51.17 |

H45 4060 meter 20 start

|   |                  |                  |         |
|---|------------------|------------------|---------|
| 1 | Hans Lundgren    | IK Hakarpspojkar | 34.37   |
| 4 | Mikael Bergstedt | Markbygdens OK   | 40.10 S |

D50 2950 meter 10 start

|   |                      |                  |         |
|---|----------------------|------------------|---------|
| 1 | Elisabeth Strandhage | Göteborg-Majorna | 39.47   |
| 2 | Marie Högstrand      | Markbygdens OK   | 43.57 G |

H50 3490 meter 25 start

|    |                |                  |         |
|----|----------------|------------------|---------|
| 1  | Per Gustavsson | Göteborg-Majorna | 31.04   |
| 20 | Jonas Karlsson | Markbygdens OK   | 47.31 B |

D55 3010 meter 12 start

|   |                    |                  |       |
|---|--------------------|------------------|-------|
| 1 | Anna-Karin Granath | Tolered-Utby Ol- | 50.30 |
| 9 | Leila Ljunggren    | Markbygdens OK   | 96.31 |

D60 2460 meter 10 start

|   |                      |                  |       |
|---|----------------------|------------------|-------|
| 1 | Ing-Marie Brander-St | nd Göteborg-Majo | 30.40 |
| 8 | Marita Larsson       | Markbygdens OK   | 62.43 |

H60 3380 meter 22 start

|    |                   |                  |       |
|----|-------------------|------------------|-------|
| 1  | Jan-Åke Sörliklev | Trollhättans SOK | 34.59 |
| 20 | Stig-Ove Djurbäck | Markbygdens OK   | 96.54 |

H65 2930 meter 39 start

|   |                      |                |         |
|---|----------------------|----------------|---------|
| 1 | Carl-Henry Andersson | OK Orinto      | 29.45   |
| 9 | Leif Rylander        | Markbygdens OK | 36.20 S |

H75 2910 meter 10 start

|   |                   |                |         |
|---|-------------------|----------------|---------|
| 1 | Roland Brandshage | Sävedalens AIK | 40.22   |
| 6 | Lennart Östanbäck | Markbygdens OK | 58.16 B |

H80 2450 meter 6 start

|   |                  |                |         |
|---|------------------|----------------|---------|
| 1 | Bertil Johansson | Markbygdens OK | 44.09 G |
|---|------------------|----------------|---------|

Öppen 3 2630 meter 37 start

|    |                 |                |       |
|----|-----------------|----------------|-------|
| 1  | Robert Svensson | klubblös       | 30.24 |
| 23 | Elsa Ek         | Markbygdens OK | 62.23 |

24 Niclas Ek Markbygdens OK 62.29

Öppen 5 3460 meter 54 start

1 Anton Blom Göteborg-Majorna 36.58  
44 Gun Frisk Markbygdens OK 103.53

Öppen 7 2970 meter 65 start

1 Frida Wallström sävedalens aik 27.45  
39 Jörgen Frisk Markbygdens OK 51.53  
57 Anna Ek Markbygdens OK 112.31

Öppen 8 4470 meter 59 start

1 Mattias Holmstrand IFK Göteborg 37.54  
1 Fredrik Karlsson Göteborg-Majorna 37.54  
28 Anders Lundell Markbygdens OK 59.19  
41 Lars Eriksson Markbygdens OK 71.12

Kalmar OK Lång 2014-09-20

H55 5440 meter 13 start

1 Roger Thörn OK Vilse 87 45.10  
6 Mikael Bodén Markbygdens OK 51.57 S

Köping-Kolsva OK Ungdoms-SM Lång 2014-09-20

D15 5230 meter 90 start

1 Jenny Wegebro Umeå OK 39.51  
5 Klara Axelsson Markbygdens OK 47.41

H15 5800 meter 82 start

1 Olle Grywenz OK Linné 38.26  
17 Felix Axelsson Markbygdens OK 46.19

ÖD15 5230 meter 31 start

1 Yvonne Andersson Tullinge SK 41.37  
11 Marina Axelsson Markbygdens OK 54.16 B

ÖH15 5800 meter 27 start

1 Per Ek Nyköpings OK 35.49  
19 Per-Anders Axelsson Markbygdens OK 70.35

OK Roslagen SM Lång 2014-09-20

H21 Kval Heat B 9720 meter 36 start

1 Fredrik Johansson IFK Lidingö SOK 54.40  
6 Johan Högstrand Markbygdens OK 60.49 G

H20 Kval Heat B 8680 meter 34 start

1 Ludwig Ljungqvist IK Hakarpspojkar 54.05  
11 Pontus Karlsson Markbygdens OK 61.22 S

OK Roslagen SM Lång 2014-09-21

H21 A-final 15990 meter 39 start

1 Fredrik Johansson IFK Lidingö SOK 85.28  
15 Johan Högstrand Markbygdens OK 90.44 G

H20 A-final 11490 meter 29 start

1 Anton Johansson OK Orion 60.50  
24 Pontus Karlsson Markbygdens OK 83.05 S

Ringsjö OK Lång 2014-09-21

H55 5410 meter 11 start



|   |               |                |       |   |
|---|---------------|----------------|-------|---|
| 1 | Jan Wahlström | Snättringe SK  | 53.29 |   |
| 6 | Tor Udd       | Markbygdens OK | 67.21 | S |

D50 4160 meter 16 start

|   |                 |                |       |   |
|---|-----------------|----------------|-------|---|
| 1 | Lotta Linsefors | Lunds OK       | 39.00 |   |
| 7 | Anne Udd        | Markbygdens OK | 51.43 | S |

Fagersta OK Lång 2014-09-21

H65 4390 meter 23 start

|   |                   |                  |       |   |
|---|-------------------|------------------|-------|---|
| 1 | Bengt Stenerhag   | Västerbergslagen | 36.27 |   |
| 5 | Torgny Pettersson | Markbygdens OK   | 40.47 | G |

Öppen 3 3100 meter 17 startande

|   |                     |                |       |  |
|---|---------------------|----------------|-------|--|
| 1 | Magnus Fridolfsson  | Stora Tuna OK  | 32.08 |  |
| 7 | Lizkulla Pettersson | Markbygdens OK | 45.11 |  |

OK Gisle Medel 2014-09-21

H21 4910 meter 19 start

|   |                 |                  |       |   |
|---|-----------------|------------------|-------|---|
| 1 | Joakim Karlsson | IK Hakarpspojkar | 33.14 |   |
| 8 | Bertil Åkesson  | Markbygdens OK   | 36.59 | G |

H14 3070 meter 8 start

|   |              |                |       |  |
|---|--------------|----------------|-------|--|
| 1 | Filip Rosjö  | Jönköpings OK  | 20.04 |  |
| 6 | Axel Åkesson | Markbygdens OK | 24.40 |  |

D12 2630 meter 12 start

|   |                 |                |       |  |
|---|-----------------|----------------|-------|--|
| 1 | Hilda Holmqvist | Johansson IK   | 14.34 |  |
| 3 | Erika Åkesson   | Markbygdens OK | 18.02 |  |
| 9 | Lisa Åkesson    | Markbygdens OK | 26.14 |  |

H60 3270 meter 14 start

|    |                 |                |       |   |
|----|-----------------|----------------|-------|---|
| 1  | Stig Gustafsson | Lunds OK       | 28.16 |   |
| 14 | Håkan Andersson | Markbygdens OK | 43.37 | B |

D70 2430 meter 11 start

|   |                   |                |       |   |
|---|-------------------|----------------|-------|---|
| 1 | Kerstin Johansson | Markbygdens OK | 30.20 | G |
|---|-------------------|----------------|-------|---|

OK Linné SM Medel 2014-09-26

D21 Kval D 4160 meter 38 start

|    |              |                |       |  |
|----|--------------|----------------|-------|--|
| 1  | Anna Bachman | IFK Lidingö    | 29.20 |  |
| 31 | Anne Hansson | Markbygdens OK | 46.39 |  |

H21 Kval A 5000 meter 40 start

|    |                |                |       |  |
|----|----------------|----------------|-------|--|
| 1  | Gustav Bergman | OK Ravinen     | 27.51 |  |
| 40 | Joel Udd       | Markbygdens OK | 56.29 |  |

H21 Kval C 5000 meter 41 start

|   |                 |                |       |   |
|---|-----------------|----------------|-------|---|
| 1 | Karl Walheim    | Ärla IF        | 28.36 |   |
| 3 | Johan Högstrand | Markbygdens OK | 29.33 | G |

H21 Kval F 5010 meter 38 start

|    |                 |                |       |   |
|----|-----------------|----------------|-------|---|
| 1  | Albin Ridefelt  | OK Linné       | 27.53 |   |
| 17 | Albin Andersson | Markbygdens OK | 34.54 | S |

D20 Kval A 3580 meter 33 start

|    |                   |                |       |   |
|----|-------------------|----------------|-------|---|
| 1  | Sara Hagström     | Falköpings AIK | 23.30 |   |
| 19 | Josefin Andersson | Markbygdens OK | 34.08 | B |

D20 Kval B 3660 meter 31 start

|    |                    |                |       |   |
|----|--------------------|----------------|-------|---|
| 1  | Josefine Klintberg | Eksjö SOK      | 27.19 |   |
| 15 | Elin Högstrand     | Markbygdens OK | 32.30 | S |

|     |                 |                |          |       |   |
|-----|-----------------|----------------|----------|-------|---|
| H20 | Kval A          | 4640 meter     | 27 start |       |   |
| 1   | Anton Johansson | OK Orion       |          | 26.37 |   |
| 7   | Pontus Karlsson | Markbygdens OK |          | 30.20 | S |
| D18 | Kval D          | 3480 meter     | 29 start |       |   |
| 1   | Tilda Johansson | OK Orion       |          | 25.04 |   |
| 15  | Klara Axelsson  | Markbygdens OK |          | 31.41 | S |
| D18 | Kval D          | 3440 meter     | 32 start |       |   |
| 1   | Jonna Jungåker  | Korsnäs IF     |          | 24.44 |   |
| 11  | Hanna Karlsson  | Markbygdens OK |          | 28.38 | S |
| H18 | Kval C          | 4320 meter     | 34 start |       |   |
| 1   | Oliwer Lundberg | OK Bävern      |          | 26.53 |   |
| 24  | Felix Axelsson  | Markbygdens OK |          | 38.40 | B |
| H18 | Kval D          | 4300 meter     | 33 start |       |   |
| 1   | Ville Johansson | OK Kolmården   |          | 27.52 |   |
| 28  | Klas Udd        | Markbygdens OK |          | 43.30 |   |

OK Linné SM Medel 2014-09-27

|     |                   |                 |          |       |   |
|-----|-------------------|-----------------|----------|-------|---|
| H21 | A-final           | 6650 meter      | 42 start |       |   |
| 1   | Gustav Bergman    | OK Ravinen      |          | 34.49 |   |
| 16  | Johan Högstrand   | Markbygdens OK  |          | 40.04 | S |
| D20 | A-final           | 3900 meter      | 30 start |       |   |
| 1   | Frida Sandberg    | Säterbygdens OK |          | 29.05 |   |
| 26  | Elin Högstrand    | Markbygdens OK  |          | 40.44 | S |
| H20 | A-final           | 5070 meter      | 36 start |       |   |
| 1   | Anton Johansson   | OK Orion        |          | 27.40 |   |
| 19  | Pontus Karlsson   | Markbygdens OK  |          | 35.08 | S |
| D20 | B-final           | 2820 meter      | 31 start |       |   |
| 1   | Nicole Ljungdahl  | Hjärnarps GH    |          | 19.52 |   |
| 5   | Josefin Andersson | Markbygdens OK  |          | 21.44 | G |
| D18 | B-final           | 2730 meter      | 36 start |       |   |
| 1   | Hanna Gustavsson  | OK Tyr          |          | 20.40 |   |
| 6   | Klara Axelsson    | Markbygdens OK  |          | 22.00 | G |
| H21 | C-final           | 4880 meter      | 36 start |       |   |
| 1   | Johan Aronsson    | OK Tisaren      |          | 29.17 |   |
| 7   | Albin Andersson   | Markbygdens OK  |          | 31.09 | G |
| H18 | C-final           | 3750 meter      | 37 start |       |   |
| 1   | Jonas Gustafsson  | OK Kåre         |          | 20.49 |   |
| 10  | Felix Axelsson    | Markbygdens OK  |          | 25.42 | S |
| 17  | Klas Udd          | Markbygdens OK  |          | 27.01 | S |
| H21 | F-final           | 3800 meter      | 27 start |       |   |
| 1   | Fredrik Ingelsson | Rehns BK        |          | 22.05 |   |
| 23  | Joel Udd          | Markbygdens OK  |          | 31.24 | S |

Mullsjö SOK Medel 2014-09-27

|     |                  |                |  |       |   |
|-----|------------------|----------------|--|-------|---|
| H55 | 3280 meter       | 13 start       |  |       |   |
| 1   | Sören Jonsson    | Nydalens SK    |  | 28.13 |   |
| 8   | Lars Eriksson    | Markbygdens OK |  | 43.47 | B |
| H60 | 3110 meter       | 19 start       |  |       |   |
| 1   | Thomas Albinsson | Bredaryds SOK  |  | 29.59 |   |

12 Håkan Andersson Markbygdens OK 40.40 S

OK Njudung Medel 2014-09-27

H70 3190 meter 15 start

1 Åke Eckerbom IFK Sävsjö 26.55  
4 Bengt Olsson Markbygdens OK 36.17 S

IF Thor SM Budkavle 2014-09-28

H21 107 start

1 Stora Tuna IK Stora Tuna IK 152.05  
25 Markbygdens OK Markbygdens OK 169.29

H21 Sträcka 1

1 Karl Walheim Ärla IF 52.33  
50 Albin Andersson Markbygdens OK 56.50

H21 Sträcka 2

1 Joakim Svensk Stora Tuna IK 48.59  
62 Simon Larsson Markbygdens OK 62.10

H21 Sträcka 3

1 Gustav Bergman OK Ravinen 47.40  
10 Johan Högstrand Markbygdens OK 50.20

H20 Sträcka 1 63 start

1 Isac von Krusenstier OK Kåre 46.44  
12 Pontus Karlsson Markbygdens OK 48.00

H20 Sträcka 2 63 start

1 Emil Granqvist OK Ravinen 44.03  
43 Klas Udd Markbygdens OK 62.56

D21 68 start

1 Domnarvets GoIF Domnarvets GoIF 138.37  
47 Markbygdens OK Markbygdens OK 193.19

D21 Sträcka 1

1 Moa Enmark Gävle OK 47.29  
61 Josefin Andersson Markbygdens OK 59.27

D21 Sträcka 2

1 Lena Eliasson Domnarvets GoIF 45.06  
54 Elin Högstrand Markbygdens OK 69.27

D21 Sträcka 3

1 Helena Karlsson IFK Lidingö 45.01  
40 Anne Hansson Markbygdens OK 64.25

OK Skogshjortarna Lång 2014-09-28

H21 Kort 6910 meter 7 start

1 Anton Hemlin IK Uven 62.03  
5 Martin Andersson Markbygdens OK 69.35 S

H14 3540 meter 22 start

1 Daniel Bogren IF Hagen 29.06  
8 Axel Åkesson Markbygdens OK 33.39

D12 2500 meter 17 start

1 Jennifer Davidson Göteborg-Majorna 21.20  
2 Erika Åkesson Markbygdens OK 22.09  
3 Lisa Åkesson Markbygdens OK 22.21

|                                 |                     |                  |         |
|---------------------------------|---------------------|------------------|---------|
| H12                             | 2500 meter 29 start |                  |         |
| 1                               | Emil Axelsson       | Lerums SOK       | 17.17   |
| 23                              | Anton Blomqvist     | Markbygdens OK   | 39.46   |
| H40                             | 6910 meter 22 start |                  |         |
| 1                               | Gunnar Elveljung    | IFK Göteborg     | 50.29   |
| 12                              | Jan Olausson        | Markbygdens OK   | 65.42 S |
| H50                             | 5840 meter 37 start |                  |         |
| 1                               | Lars Holmberg       | IF Hagen         | 46.19   |
| 5                               | Bertil Åkesson      | Markbygdens OK   | 48.30 G |
| H55                             | 5410 meter 34 start |                  |         |
| 1                               | Sören Jonsson       | Nydalens SK      | 42.27   |
| 15                              | Mikael Bodén        | Markbygdens OK   | 54.56 S |
| 27                              | Arne Persson        | Markbygdens OK   | 64.03 B |
| D60                             | 3200 meter 17 start |                  |         |
| 1                               | Ing-Marie Brander   | Göteborg-Majorna | 31.11   |
| 13                              | Gun-Britt Molin     | Markbygdens OK   | 61.25   |
| H60                             | 4900 meter 38 start |                  |         |
| 1                               | Yngve Norell        | Frölunda OL      | 44.20   |
| 2                               | Bo Herdersson       | Markbygdens OK   | 44.46 G |
| 33                              | Stig-Ove Djurbäck   | Markbygdens OK   | 74.41   |
| H65                             | 4420 meter 34 start |                  |         |
| 1                               | Rune Sandberg       | Uddevalla OK     | 45.12   |
| 13                              | Lars-Göran Molin    | Markbygdens OK   | 57.02 S |
| D70                             | 2240 meter 17 start |                  |         |
| 1                               | Birgitta Carlsson   | OK Orinto        | 31.27   |
| 5                               | Kerstin Johansson   | Markbygdens OK   | 34.19 G |
| H70                             | 3790 meter 37 start |                  |         |
| 1                               | Kenneth Ivehag      | Främmestads IK   | 40.12   |
| 22                              | Rune Arvidsson      | Markbygdens OK   | 60.00 B |
| Inskolning                      | 2030 meter 31 start |                  |         |
|                                 | Elin Blomqvist      | Markbygdens OK   | Godkänd |
|                                 | Noah Hedenblom      | Markbygdens OK   | Godkänd |
| Öppen 4                         | 4470 meter 11 start |                  |         |
| 1                               | Urban Bjufström     | SOK 68           | 52.36   |
| 3                               | Åsa Dryselius       | Markbygdens OK   | 67.36 B |
| Öppen 5                         | 3540 meter 60 start |                  |         |
| 1                               | Eva-Lotta Lundberg  | Ulricehamns OK   | 39.03   |
| 5                               | Helena Blomqvist    | Markbygdens OK   | 44.19 B |
| Öppen 7                         | 3040 meter 75 start |                  |         |
| 1                               | Brett Weihart       | OK Orinto        | 27.37   |
| 34                              | Jörgen Frisk        | Markbygdens OK   | 46.05   |
| 60                              | Gun Frisk           | Markbygdens OK   | 59.37   |
| Öppen 8                         | 4540 meter 53 start |                  |         |
| 1                               | Fredrik Karlsson    | Göteborg-Majorna | 34.04   |
| 8                               | Anders Lundell      | Markbygdens OK   | 43.32 B |
| <u>Tibro OK Natt 2014-10-03</u> |                     |                  |         |
| H21                             | 8430 meter 10 start |                  |         |
| 1                               | Davis Dislers       | IK Hakarpspojkar | 58.10   |

2 Simon Larsson Markbygdens OK 60.18 G

Rydboholms SK Medel 7-H-M 2014-10-04

H21 4570 meter 9 start

1 Rickard Börjesson Vänersborgs SK 31.36  
5 Pontus Karlsson Markbygdens OK 35.26 S  
8 Filip Andersson Markbygdens OK 63.08

H18 3480 meter 1 start

1 Edvin Carlsson Markbygdens OK 27.47 G

D16 3410 meter 5 start

1 Lisa Johansson OK Tranan 29.43  
2 Klara Axelsson Markbygdens OK 31.52

H16 3590 meter 6 start

1 Felix Axelsson Markbygdens OK 27.59  
4 Olle Sörqvist Markbygdens OK 33.16  
5 Hugo Lom Markbygdens OK 46.44

H14 3170 meter 10 start

1 Hugo Ström Ulricehamns OK 29.02  
2 Axel Åkesson Markbygdens OK 29.19  
5 Petter Leibe-Bergste Markbygdens OK 35.16  
8 Olle Leibe-Bergstedt Markbygdens OK 37.48

D12 2520 meter 5 start

1 Erika Åkesson Markbygdens OK 18.18  
3 Lisa Åkesson Markbygdens OK 23.31

H45 4130 meter 14 start

1 Björn Andersson Jönköpings OK 30.52  
2 Mikael Bergstedt Markbygdens OK 36.45 S  
5 Urban Sörqvist Markbygdens OK 39.56 S  
7 Martin Svensson Markbygdens OK 43.03 S

D50 3010 meter 5 start

1 Christina Söderblom Ätrons IF 35.41  
2 Anne Udd Markbygdens OK 36.36 G

H50 3550 meter 14 start

1 Bertil Åkesson Markbygdens OK 28.05 G

D55 2860 meter 4 start

1 Marianne Klasson Ulricehamns OK 47.50  
4 Leila Ljunggren Markbygdens OK 61.55 S

H55 3550 meter 3 start

1 Per-Olof Larsson Hestra IF 37.11  
3 Lars Eriksson Markbygdens OK 53.19 S

D60 2520 meter 5 start

1 Monica Martinsson OK Tranan 29.00  
2 Marita Larsson Markbygdens OK 42.17 B  
4 Gun-Britt Molin Markbygdens OK 54.19

H60 3480 meter 5 start

1 Per Ivarsson Trollhättans SOK 33.40  
5 Håkan Andersson Markbygdens OK 46.24 S

H65 3010 meter 17 start

1 Carl-Henry Andersson OK Orinto 28.14  
4 Henry Djurbäck Markbygdens OK 32.49 S

|  |                    |                |        |         |
|--|--------------------|----------------|--------|---------|
| 12   | Lars-Göran Molin   | Markbygdens OK | 39.52  | S       |
| D70 2520 meter 12 start                      |                    |                |        |         |
| 1  | Ingrid Hermansson  | IK Ymer        | 32.33  |         |
| 3  | Kerstin Johansson  | Markbygdens OK | 35.22  | G       |
| H70 2860 meter 17 start                      |                    |                |        |         |
| 1  | Dag Lorén          | OK Frisene     | 33.51  |         |
| 6  | Rune Arvidsson     | Markbygdens OK | 39.51  | S       |
| 7  | Ivan Andersson     | Markbygdens OK | 40.41  | S       |
| H75 2860 meter 11 start                      |                    |                |        |         |
| 1  | Göran Olofsson     | Fjärås AIK     | 44.31  |         |
| 2  | Bertil Johansson   | Markbygdens OK | 48.41  | G       |
| 8  | Lennart Östanbäck  | Markbygdens OK | 62.48  | S       |
| Inskolning 2000 meter 16 start               |                    |                |        |         |
|  | Ida Ask            | Markbygdens OK |        | Godkänd |
| U1 2130 meter 14 start                       |                    |                |        |         |
| 1  | Vilma Grimmergård  | Bredareds IF   | 17.23  |         |
| 11   | William Bengtsson  | Markbygdens OK | 41.13  |         |
| Öppen 3 2920 meter 11 start                  |                    |                |        |         |
| 1  | Hugo Ung           | Markbygdens OK | 32.42  | B       |
| Öppen 5 3400 meter 15 start                  |                    |                |        |         |
| 1  | Johan Robertsson   | Klubblös       | 34.43  |         |
| 4  | Åsa Dryselius      | Markbygdens OK | 42.24  | B       |
| 13   | Åke Ekberg         | Markbygdens OK | 142.03 |         |
| Öppen 7 3030 meter 19 start                  |                    |                |        |         |
| 1  | Stefan Aroneng     | Hestra IF      | 25.39  |         |
| 2  | Malin Persson      | Markbygdens OK | 27.06  | B       |
| 9  | Jörgen Frisk       | Markbygdens OK | 44.35  |         |
| 14   | Helena Andersson   | Markbygdens OK | 49.39  |         |
| Öppen 8 4480 meter 11 start                  |                    |                |        |         |
| 1  | Mattias Biörs      | IK Ymer        | 47.13  |         |
| 10   | Magnus Wallin      | Markbygdens OK | 72.45  |         |
| <u>Göteborg-Majornas OK Medel 2014-10-05</u> |                    |                |        |         |
| D20 3600 meter 9 start                       |                    |                |        |         |
| 1  | Matilda Martinsson | Falkenberg OK  | 37.32  |         |
| 2  | Elin Högstrand     | Markbygdens OK | 37.35  | G       |
| H18 3600 meter 15 start                      |                    |                |        |         |
| 1  | Johan Wennermark   | OK Skogsfalken | 26.19  |         |
| 2  | Felix Axelsson     | Markbygdens OK | 26.53  | G       |
| H16 3070 meter 17 start                      |                    |                |        |         |
| 1  | Ole Hennisler      | Jönköpings OK  | 25.13  |         |
| 9  | Olle Sörqvist      | Markbygdens OK | 32.35  |         |
| D40 2890 meter 13 start                      |                    |                |        |         |
| 1  | Ingela Alvmyren    | Halmstad OK    | 27.15  |         |
| 5  | Marina Axelsson    | Markbygdens OK | 35.38  | S       |
| H40 3570 meter 27 start                      |                    |                |        |         |
| 1  | Richard Sott       | Frölunda OL    | 29.45  |         |
| 12   | Fredrik Herdersson | Markbygdens OK | 36.56  | S       |
| H45 3600 meter 22 start                      |                    |                |        |         |

|    |                     |                |       |   |
|----|---------------------|----------------|-------|---|
| 1  | Björn Andersson     | Jönköpings OK  | 28.27 |   |
| 11 | Per-Anders Axelsson | Markbygdens OK | 41.30 | B |

D55 2380 meter 19 start

|    |                 |                |       |  |
|----|-----------------|----------------|-------|--|
| 1  | Kerstin Burman  | Kvillebyns SK  | 31.37 |  |
| 12 | Leila Ljunggren | Markbygdens OK | 48.34 |  |
| 19 | Ulla Ragnarsson | Markbygdens OK | 64.23 |  |

H60 3070 meter 28 start

|    |                   |                |        |   |
|----|-------------------|----------------|--------|---|
| 1  | Thomas Albinsson  | Bredaryds SOK  | 30.01  |   |
| 12 | Bo Herdersson     | Markbygdens OK | 37.57  | S |
| 20 | Bernt Robertsson  | Markbygdens OK | 44.28  | B |
| 28 | Stig-Ove Djurbäck | Markbygdens OK | 129.41 |   |

H65 2860 meter 33 start

|    |                      |                |       |   |
|----|----------------------|----------------|-------|---|
| 1  | Carl-Henry Andersson | OK Orinto      | 27.46 |   |
| 18 | Ronny Ragnarsson     | Markbygdens OK | 41.16 | B |

H70 2660 meter 34 start

|    |                 |                |       |  |
|----|-----------------|----------------|-------|--|
| 1  | Sören Andersson | IK Dran        | 29.06 |  |
| 27 | Rune Arvidsson  | Markbygdens OK | 57.04 |  |

H80 1760 meter 4 start

|   |                  |                |       |   |
|---|------------------|----------------|-------|---|
| 1 | Bertil Johansson | Markbygdens OK | 27.52 | G |
|---|------------------|----------------|-------|---|

Inskolning 1770 meter 30 start

|  |                |                |         |  |
|--|----------------|----------------|---------|--|
|  | Noah Hedenblom | Markbygdens OK | Godkänd |  |
|--|----------------|----------------|---------|--|

U1 2110 meter 36 start

|    |                     |                |       |  |
|----|---------------------|----------------|-------|--|
| 1  | Isak Lemurell       | Sjövalla FK    | 17.47 |  |
| 5  | Alvina Björnbecker  | Markbygdens OK | 21.14 |  |
| 31 | William Björnbecker | Markbygdens OK | 51.25 |  |

Öppen 2980 meter 09 start

|    |                   |                  |       |  |
|----|-------------------|------------------|-------|--|
| 1  | Lennart Söderberg | IK Hakarpspojkar | 24.11 |  |
| 27 | Maria Svensson    | Markbygdens OK   | 37.20 |  |
| 28 | Johanna Skogum    | Markbygdens OK   | 37.37 |  |

Öppen 4570 meter 69 start

|    |                  |                  |       |  |
|----|------------------|------------------|-------|--|
| 1  | Mikael Eliasson  | Göteborg-Majorna | 33.29 |  |
| 12 | Anders Lundell   | Markbygdens OK   | 46.41 |  |
| 25 | Martin Andersson | Markbygdens OK   | 53.42 |  |

Estland När-OL Lång Utland 2014-10-10

Öppen Kort 2500 meter 9 start

|   |                   |                  |       |  |
|---|-------------------|------------------|-------|--|
| 1 | Anders Carlsson   | Skåneslättens OK | 32.27 |  |
| 7 | Kerstin Johansson | Markbygdens OK   | 45.24 |  |

Estland När-OL Sprint Utland 2014-10-11

Öppen Kort 1900 meter 7 start

|   |                   |                |       |  |
|---|-------------------|----------------|-------|--|
| 1 | Peo Bengtsson     | OK Pan         | 17.00 |  |
| 7 | Kerstin Johansson | Markbygdens OK | 20.40 |  |

Estland När-OL Medel Utland 2014-10-11

Öppen Kort 6 start

|   |                   |                |       |  |
|---|-------------------|----------------|-------|--|
| 1 | Raimo Salminen    | OK Pan         | 37.02 |  |
| 3 | Kerstin Johansson | Markbygdens OK | 44.22 |  |

Estland När-OL Lång Utland 2014-10-12

Öppen Kort 2900 meter 17 start

|    |                     |                |       |
|----|---------------------|----------------|-------|
| 1  | Kenneth Kaisajuntti | OK Skogsfalken | 22.02 |
| 12 | Kerstin Johansson   | Markbygdens OK | 35.02 |

Haninge SOK Medel 2014-10-12

Öppen 8 4775 meter 122 start

|    |                  |                  |       |
|----|------------------|------------------|-------|
| 1  | Kent Ohlsson     | Södertälje-Nykva | 34.39 |
| 43 | Martin Andersson | Markbygdens OK   | 58.53 |

Inskolning 1625 meter 27 start

|  |                |                |         |
|--|----------------|----------------|---------|
|  | Noah Hedenblom | Markbygdens OK | Godkänd |
|--|----------------|----------------|---------|

Lettland När-OL Lång Utland 2014-10-13

Lettland När-OL Lång Utland 2014-10-14

D70 1600 meter 2 start

|   |                   |                |       |
|---|-------------------|----------------|-------|
| 2 | Kerstin Johansson | Markbygdens OK | 39.09 |
|---|-------------------|----------------|-------|

Lettland När-OL Sprint Utland 2014-10-14

Öppen Kort 12 start

|    |                   |                |       |
|----|-------------------|----------------|-------|
| 12 | Kerstin Johansson | Markbygdens OK | 23.02 |
|----|-------------------|----------------|-------|

Lettland När-OL Lång Utland 2014-10-15

Öppen Kort 2800 meter 17 start

|    |                     |                |       |
|----|---------------------|----------------|-------|
| 1  | Kenneth Kaisajuntti | OK Skogsfalken | 20.04 |
| 11 | Kerstin Johansson   | Markbygdens OK | 34.07 |

Lettland När-OL Lång Utland 2014-10-16

D70 Kort 3100 meter 2 start

|   |                   |                |       |
|---|-------------------|----------------|-------|
| 1 | Torid Kvaal       | Freidig        | 36.15 |
| 2 | Kerstin Johansson | Markbygdens OK | 45.16 |

Lettland När-OL Medel Utland 2014-10-17

D70 Kort 1900 meter 2 start

|   |                   |                |       |
|---|-------------------|----------------|-------|
| 1 | Kerstin Johansson | Markbygdens OK | 20.42 |
|---|-------------------|----------------|-------|

Lettland När-OL Lång Utland 2014-10-17

D70 Kort 2600 meter 2 start

|   |                   |                |       |
|---|-------------------|----------------|-------|
| 1 | Kerstin Johansson | Markbygdens OK | 59.45 |
|---|-------------------|----------------|-------|

Istrums SK Natt 2014-10-17

H45 5830 meter 12 start

|   |                   |                  |         |
|---|-------------------|------------------|---------|
| 1 | Patrik Svantesson | Trollhättans SOK | 34.59   |
| 5 | Johan Mars        | Markbygdens OK   | 40.15 S |

H50 5830 meter 17 start

|    |                |                |         |
|----|----------------|----------------|---------|
| 1  | Lars Holmberg  | IF Hagen       | 35.54   |
| 12 | Tomas Tranberg | Markbygdens OK | 51.04 B |

H65 4020 meter 13 start

|    |                      |                |       |
|----|----------------------|----------------|-------|
| 1  | Carl-Henry Andersson | OK Orinto      | 30.00 |
| 11 | Leif Rylander        | Markbygdens OK | 51.10 |

Karlsbyhedens IK Budkavle 2014-10-18

D19-20 16 start

|   |                |                |       |
|---|----------------|----------------|-------|
| 1 | Markbygdens OK | Markbygdens OK | 56.12 |
|---|----------------|----------------|-------|



D19-20 Sträcka 1  
1 Klara Yngversson Korsnäs IF 26.01  
2 Elin Högstrand Markbygdens OK 26.47

D19-20 Sträcka 2  
1 Amanda Berggren Tullinge SK 25.58  
2 Josefin Andersson Markbygdens OK 29.25

H16 Sträcka 1 86 start  
1 Per Karlsson OK Hammaren 20.35  
62 Hugo Lom Markbygdens OK 31.35

H16 Sträcka 2 86 start  
1 Simon Imark Tullinge SK 19.20  
12 Felix Axelsson Markbygdens OK 23.54  
18 Olle Sörqvist Markbygdens OK 26.15

D16 Sträcka 1 86 start  
1 Vilma von Krusenstie a Korsnäs I 21.28  
10 Klara Axelsson Markbygdens OK 22.15

H14 Sträcka 1 111 start  
1 Erik Wigle Södertälje-Nykva 17.09  
42 Axel Åkesson Markbygdens OK 20.50

D12 Sträcka 2 142 start  
1 Alice Marmelid OK Roxen 17.21  
5 Lisa Åkesson Markbygdens OK 19.12

Litauen Lång Utland 2014-10-18

D70 1800 meter 3 start  
1 Kerstin Johansson Markbygdens OK 56.47

Litauen Lång Utland 2014-10-19

D70 2900 meter 3 start  
1 Regina Swagzdiene Litauen 44.20  
2 Kerstin Johansson Markbygdens OK 47.00

Karlsbyhedens IK Patrull 2014-10-19

D19-20 8700 meter 28 start  
1 E Edman/K Yngvesson Korsnäs IF 72.41  
2 Elin Högstrand Markbygdens OK 75.46 G  
2 Josefin Andersson Markbygdens OK 75.46 G

D16 7250 meter 156 start  
1 H Hugosson/S Nordin Sundsvalls OK 54.52  
4 Klara Axelsson Markbygdens OK 60.26

H16 10650 meter 156 start  
1 J Svensk/H Sjöqvist Stora Tuna OK 64.31  
13 Felix Axelsson Markbygdens OK 75.07  
25 Olle Sörqvist Markbygdens OK 84.16  
69 Hugo Lom Markbygdens OK 129.48

H14 6600 meter 212 start  
1 E Tidevall/t Brandso Skogsluffarnas O 42.43  
67 Axel Åkesson Markbygdens OK 71.52

D12 3800 meter 280 start  
1 H Gabrielsson/M Ljun erg Kungälv 30.32

|   |               |                |       |
|---|---------------|----------------|-------|
| 7 | Erika Åkesson | Markbygdens OK | 34.13 |
| 7 | Lisa Åkesson  | Markbygdens OK | 34.13 |

Ljungskile FK Lång 2014-10-19

H55 5030 meter 23 start

|    |                 |                |         |
|----|-----------------|----------------|---------|
| 1  | Lasse Johansson | Eds SK         | 46.15   |
| 14 | Mikael Bodén    | Markbygdens OK | 63.17 S |

Bredaryd SOK Budkavle 2014-10-26

H21 73 start

|    |                |                |        |
|----|----------------|----------------|--------|
| 1  | IFK Lidingö    | IFK Lidingö    | 323.55 |
| 33 | Markbygdens OK | Markbygdens OK | 392.01 |

H21 Sträcka 1

|    |                   |                |       |
|----|-------------------|----------------|-------|
| 1  | Rasmuss Andersson | OK Linne       | 62.53 |
| 43 | Pontus Karlsson   | Markbygdens OK | 75.09 |

H21 Sträcka 2

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Albin Ridefelt  | OK Linne       | 59.49 |
| 6 | Johan Högstrand | Markbygdens OK | 61.17 |

H21 Sträcka 3

|    |                |                  |       |
|----|----------------|------------------|-------|
| 1  | Martin Sirmais | Turun Metsänkävi | 47.38 |
| 59 | Erik Persson   | Markbygdens OK   | 75.55 |

H21 Sträcka 4

|    |                 |                |       |
|----|-----------------|----------------|-------|
| 1  | Niklas Jonasson | IFK Göteborg   | 65.53 |
| 28 | Simon Larsson   | Markbygdens OK | 80.32 |

H21 Sträcka 5

|    |                 |                |       |
|----|-----------------|----------------|-------|
| 1  | Gustav Bergman  | OK Ravinen     | 77.37 |
| 33 | Albin Andersson | Markbygdens OK | 99.08 |

H16 39 start

|    |                |                |        |
|----|----------------|----------------|--------|
| 1  | Stora Tuna OK  | Stora Tuna OK  | 127.56 |
| 22 | Markbygdens OK | Markbygdens OK | 153.16 |

H16 Sträcka 1

|    |                |                |       |
|----|----------------|----------------|-------|
| 1  | Simon Imark    | Tullinge SK    | 34.36 |
| 25 | Klara Axelsson | Markbygdens OK | 46.47 |

H16 Sträcka 2

|    |                |                |       |
|----|----------------|----------------|-------|
| 1  | Arvid Claesson | Jönköpings OK  | 28.01 |
| 24 | Olle Sörqvist  | Markbygdens OK | 38.27 |

H16 Sträcka 3

|    |               |                |       |
|----|---------------|----------------|-------|
| 1  | Lukas Liland  | Nydalens SK    | 21.56 |
| 32 | Axel Lomander | Markbygdens OK | 28.57 |

H16 Sträcka 4

|    |                  |                |       |
|----|------------------|----------------|-------|
| 1  | Henning Sjöqvist | Stora Tuna OK  | 34.20 |
| 14 | Felix Axelsson   | Markbygdens OK | 39.05 |

D120 12 start

|    |                |                |        |
|----|----------------|----------------|--------|
| 1  | OK Tranan      | OK Tranan      | 129.50 |
| 12 | Markbygdens OK | Markbygdens OK | 206.27 |

D120 Sträcka 1

|    |               |                |       |
|----|---------------|----------------|-------|
| 1  | Laila Höglung | FK Herkules    | 46.08 |
| 10 | Anne Udd      | Markbygdens OK | 62.42 |

D120 Sträcka 2

|   |                     |                  |        |
|---|---------------------|------------------|--------|
| 1   | Kristina Nilsson    | OK Tranan        | 32.17  |
| 9   | Marie Högstrand     | Markbygdens OK   | 42.29  |
| D120 Sträcka 3                                    |                     |                  |        |
| 1   | Ulrika Kindlund     | OK Tranan        | 41.17  |
| 12  | Marita Larsson      | Markbygdens OK   | 101.16 |
| H180 Sträcka 1 28 start                           |                     |                  |        |
| 19  | Per-Anders Axelsson | Markbygdens OK   | 59.37  |
| H180 Sträcka 2 28 start                           |                     |                  |        |
| 1   | Fridolf Eskilsson   | IK Hakarpspojkar | 39.19  |
| 13  | Johan Mars          | Markbygdens OK   | 48.31  |
| H180 Sträcka 3 28 start                           |                     |                  |        |
| 1   | Anders Berg         | Linköpings OK    | 31.24  |
| 12  | Jonas Karlsson      | Markbygdens OK   | 40.18  |
| Öppen 41 start                                    |                     |                  |        |
| 1   | Järla Orientering   | Järla Orienterin | 68.12  |
| 4   | Markbygdens OK      | Markbygdens OK   | 75.53  |
| Öppen Sträcka 1                                   |                     |                  |        |
| 1   | Alain Denzler       | Järla Orienterin | 22.32  |
| 15  | Elin Högstrand      | Markbygdens OK   | 29.31  |
| Öppen Sträcka 2                                   |                     |                  |        |
| 1   | David Bejbom        | Järla Orienterin | 15.36  |
| 3   | Pontus Karlsson     | Markbygdens OK   | 16.17  |
| Öppen Sträcka 3                                   |                     |                  |        |
| 1   | Olle Boström        | Järla Orienterin | 30.04  |
| 2   | Johan Högstrand     | Markbygdens OK   | 30.05  |
| <u>Barcelona Spanien Sprint Utland 2014-11-01</u> |                     |                  |        |
| Herrar Ultraveteraner 2000 meter 13 start         |                     |                  |        |
| 1   | Mike Godfree        | DVO              | 12.25  |
| 9   | Ronny Ragnarsson    | Markbygdens OK   | 17.42  |
| Damer Superveteraner 2000 meter 26 start          |                     |                  |        |
| 1   | Carol Edwards       | TVOC             | 12.41  |
| 19  | Ulla Ragnarsson     | Markbygdens OK   | 21.16  |
| <u>Barcelona Spanien Lång Utland 2014-11-02</u>   |                     |                  |        |
| Herrar Ultraveteraner 4600 meter 12 start         |                     |                  |        |
| 1   | Vesa Turku          | Helsingin Suunni | 32.38  |
| 6   | Ronny Ragnarsson    | Markbygdens OK   | 46.16  |
| Damer Superveteraner 4300 meter 23 start          |                     |                  |        |
| 1   | Chris Kiddier       | Guildford        | 29.13  |
| 19  | Ulla Ragnarsson     | Markbygdens OK   | 47.05  |
| <u>Hylte OK Lång 2014-11-02</u>                   |                     |                  |        |
| D16 8020 meter 9 start                            |                     |                  |        |
| 1   | Klara Axelsson      | Markbygdens OK   | 71.40  |
| H16 9600 meter 12 start                           |                     |                  |        |
| 1   | Olle Josarp         | FK Friskus-Varbe | 68.54  |
| 4   | Felix Axelsson      | Markbygdens OK   | 75.08  |
| 10  | Olle Sörqvist       | Markbygdens OK   | 93.27  |

H35 15760 meter 7 start  
1 Micael Stamm OK Klemmingen 155.35  
2 Martin Andersson Markbygdens OK 162.25 G

D40 10340 meter 8 start  
1 Carina Svensson Bredaryds SOK 87.36  
3 Marina Axelsson Markbygdens OK 94.49 G

H45 12100 meter 25 start  
1 Ingvar Åkesson IK Hakarpspojkar 81.26  
14 Per-Anders Axelsson Markbygdens OK 110.25 S

D60 6200 meter 6 start  
1 Eva Tykesson Skåneslättens OL 62.28  
4 Kerstin Johansson Markbygdens OK 91.35 B

H65 8000 meter 13 start  
1 Håkan Winnberg IK Trenne 78.03  
5 Lars-Göran Molin Markbygdens OK 95.21 S

Veteran-VM Brasil Sprint Kval 2014-11-02

H70-2 1800 meter 60 start  
1 Arne Gröndahl Söllerød OK 12.00  
27 Bengt Olsson Markbygdens OK 16.00

Veteran-VM Brasil Sprint Final 2014-11-03

H70 A-final 1500 meter 66 start  
1 Henrik Hvoslef Norge 14.04  
44 Bengt Olsson Markbygdens OK 23.28

Veteran-VM Brasil Utland Lång Kval 2014-11-05

H70 1 4400 meter 65 start  
1 Raimo Karvonen Finland 32.56  
16 Bengt Olsson Markbygdens OK 49.09

H80 1 3100 meter 27 start  
1 Paul Forseth Norge 33.49  
16 Bertil Johansson Markbygdens OK 47.58

Veteran-VM Brasil Utland Lång Kval 2014-11-06

H70 1 4000 meter 62 start  
1 Rune Rådeström Snättringe SK 37.02  
14 Bengt Olsson Markbygdens OK 44.20

H80 1 3000 meter 27 start  
1 Paul Forseth Norge 36.44  
10 Bertil Johansson Markbygdens OK 47.49

Borås GIF Natt Sprint 2014-11-07

H21 2700 meter 39 start  
1 Emil Svensk Stora Tuna 11.37  
16 Johan Högstrand Markbygdens OK 13.39

D20 2070 meter 9 start  
1 Amanda Blennow Falköpings AIK 11.03  
1 Emma Bjessmo Bromma-Vällingby 11.03  
4 Elin Högstrand Markbygdens OK 12.21

D16 2050 meter 73 start

|                                |                      |                  |         |
|--------------------------------|----------------------|------------------|---------|
| 1                              | Vilma Von            | Krusenstierna OK | 10.39   |
| 15                             | Klara Axelsson       | Markbygdens OK   | 12.04   |
| 36                             | Klara Ask            | Markbygdens OK   | 13.32   |
| H16 2380 meter 61 start        |                      |                  |         |
| 1                              | Isac von             | Krusenstierna OK | 10.27   |
| 8                              | Felix Axelsson       | Markbygdens OK   | 11.19   |
| 19                             | Olle Sörqvist        | Markbygdens OK   | 12.22   |
| H14 2100 meter 108 start       |                      |                  |         |
| 1                              | Daniel Bogren        | IF Hagen         | 10.42   |
| 33                             | Petter Leibe-Bergste | Markbygdens OK   | 14.07   |
| 46                             | Olle Leibe-Bergstedt | Markbygdens OK   | 14.40   |
| 73                             | Mattis Abrahamsson   | Markbygdens OK   | 20.00   |
| 85                             | Marcus Ragnarsson    | Markbygdens OK   | 21.33   |
| D12 1810 meter 87 start        |                      |                  |         |
| 1                              | Emma Ling            | Jönköpings OK    | 9.45    |
| 6                              | Lisa Åkesson         | Markbygdens OK   | 11.12   |
| 11                             | Erika Åkesson        | Markbygdens OK   | 12.15   |
| H12 1910 meter 117 start       |                      |                  |         |
| 1                              | Jesper Johansson     | OK Löftan        | 9.45    |
| 88                             | Anton Blomqvist      | Markbygdens OK   | 21.39   |
| D40 2010 meter 31 start        |                      |                  |         |
| 1                              | Susanne Andersson    | FK Göingarna     | 11.29   |
| 24                             | Marina Axelsson      | Markbygdens OK   | 17.04   |
| D45 1930 meter 34 start        |                      |                  |         |
| 1                              | Helena Svensson      | FK Herkules      | 10.52   |
| 6                              | Jeanette Sigenstam   | Markbygdens OK   | 12.41   |
| H45 2220 meter 55 start        |                      |                  |         |
| 1                              | Conny Forsberg       | Långhundra IF    | 10.56   |
| 8                              | Per-Anders Axelsson  | Markbygdens OK   | 12.37   |
| 12                             | Johan Mars           | Markbygdens OK   | 13.00   |
| 18                             | Mikael Bergstedt     | Markbygdens OK   | 13.42   |
| 34                             | Fredrik Ask          | Markbygdens OK   | 15.11   |
| D50 1850 meter 19 start        |                      |                  |         |
| 1                              | Åsa Nyberg           | Göteborg-Majorna | 13.12   |
| 10                             | Marie Högstrand      | Markbygdens OK   | 16.10   |
| H50 2100 meter 36 start        |                      |                  |         |
| 1                              | Mikael Kindborn      | OK Hällen        | 11.11   |
| 22                             | Magnus Wallin        | Markbygdens OK   | 14.38   |
| H55 2100 meter 15 start        |                      |                  |         |
| 1                              | Jens Kaminsky        | Göteborg-Majorna | 12.34   |
| 11                             | Arne Persson         | Markbygdens OK   | 15.12   |
| H65 2010 meter 13 start        |                      |                  |         |
| 1                              | Roger Danielsson     | Linköpings OK    | 14.03   |
| 13                             | Ronny Ragnarsson     | Markbygdens OK   | 22.59   |
| H70 1670 meter 13 start        |                      |                  |         |
| 1                              | Dag Lorén            | OK Frisene       | 11.49   |
| 9                              | Pär-Erik Johansson   | Markbygdens OK   | 20.12   |
| Inskolning 1450 meter 20 start |                      |                  |         |
|                                | Cornelia Rosendahl   | Markbygdens OK   | Godkänd |
|                                | Alexander Rosendahl  | Markbygdens OK   | Godkänd |

## Hestra IF Sprint 2014-11-08

|                          |                      |                  |       |
|--------------------------|----------------------|------------------|-------|
| H21 2580 meter 42 start  |                      |                  |       |
| 1                        | Gustav Bergman       | OK Ravinen       | 14.16 |
| 6                        | Johan Högstrand      | Markbygdens OK   | 16.05 |
| 20                       | Pontus Karlsson      | Markbygdens OK   | 17.48 |
| 36                       | Erik Wallin          | Markbygdens OK   | 26.24 |
| D20 2070 meter 10 start  |                      |                  |       |
| 1                        | Emma Bjessmo         | Bromma-Vällingby | 17.39 |
| 5                        | Elin Högstrand       | Markbygdens OK   | 21.32 |
| 6                        | Josefin Andersson    | Markbygdens OK   | 22.02 |
| H18 2150 meter 28 start  |                      |                  |       |
| 1                        | Olle Andersson       | Tullinge SK      | 15.58 |
| 7                        | Edvin Carlsson       | Markbygdens OK   | 18.05 |
| D16 1850 meter 71 start  |                      |                  |       |
| 1                        | Tilla Farnes         | Hennum Asker     | 14.41 |
| 13                       | Klara Axelsson       | Markbygdens OK   | 16.50 |
| H16 2080 meter 64 start  |                      |                  |       |
| 1                        | Isac von             | Krusenstierna OK | 13.21 |
| 9                        | Felix Axelsson       | Markbygdens OK   | 15.47 |
| 28                       | Olle Sörqvist        | Markbygdens OK   | 17.48 |
| H14 1840 meter 115 start |                      |                  |       |
| 1                        | Emil Auselius        | Bredaryds SOK    | 14.35 |
| 31                       | Olle Leibe-Bergstedt | Markbygdens OK   | 20.12 |
| 37                       | Axel Åkesson         | Markbygdens OK   | 20.58 |
| 43                       | Petter Leibe-Bergste | Markbygdens OK   | 21.54 |
| 77                       | Mattis Abrahamsson   | Markbygdens OK   | 29.40 |
| 81                       | Marcus Ragnarsson    | Markbygdens OK   | 30.08 |
| D12 1600 meter 106 start |                      |                  |       |
| 1                        | Märta Ljungberg      | Sjövalla FK      | 13.27 |
| 13                       | Lisa Åkesson         | Markbygdens OK   | 16.52 |
| 21                       | Erika Åkesson        | Markbygdens OK   | 18.17 |
| H12 1650 meter 142 start |                      |                  |       |
| 1                        | David Borg           | Södertälje-Nykva | 13.17 |
| 46                       | Anton Blomqvist      | Markbygdens OK   | 18.44 |
| D40 1990 meter 40 start  |                      |                  |       |
| 1                        | Susanne Andersson    | FK Göingarna     | 18.17 |
| 3                        | Marina Axelsson      | Markbygdens OK   | 20.18 |
| D45 1940 meter 40 start  |                      |                  |       |
| 1                        | Camilla Öhgren       | Sävedalens AIK   | 18.08 |
| 25                       | Jeanette Sigenstam   | Markbygdens OK   | 26.32 |
| H45 2140 meter 64 start  |                      |                  |       |
| 1                        | Thomas Johannesson   | Ronneby OK       | 15.52 |
| 10                       | Fredrik Ask          | Markbygdens OK   | 19.51 |
| 22                       | Per-Anders Axelsson  | Markbygdens OK   | 21.26 |
| 30                       | Johan Mars           | Markbygdens OK   | 22.14 |
| D50 1800 meter 21 start  |                      |                  |       |
| 1                        | Ingrid Kensby        | OK Tyr           | 21.20 |
| 6                        | Marie Högstrand      | Markbygdens OK   | 23.48 |
| H50 2010 meter 38 start  |                      |                  |       |
| 1                        | Lars Holmberg        | IF Hagen         | 15.29 |
| 23                       | Magnus Wallin        | Markbygdens OK   | 21.16 |

D60 1560 meter 7 start  
 1 Britt Gunnarsson Kristinehamns OK 20.01  
 5 Marita Larsson Markbygdens OK 27.37

H60 1910 meter 18 start  
 1 Sigurd Dæhli Løten o-lag 19.49  
 9 Håkan Andersson Markbygdens OK 24.24

H65 1910 meter 19 start  
 1 Ronny Hjalmarsson Emmaboda Verda 21.48  
 12 Ronny Ragnarsson Markbygdens OK 31.56

Inskolning 1250 meter 25 start  
 Elin Blomqvist Markbygdens OK Godkänd

Öppen 7 2090 meter 76 start  
 1 Martin Ivarsson Skogshjortarna 1933.33  
 12 Anders Lundell Markbygdens OK 22.01

Veteran-VM Brasil Utland Lång Final 2014-11-08

H70 A 4900 meter 67 start  
 1 Brian Ellis Kanada 51.30  
 43 Bengt Olsson Markbygdens OK 70.42

H80 A 3000 meter 14 start  
 1 Peo Bengtsson OK Pan 40.20  
 6 Bertil Johansson Markbygdens OK 48.25

IK Ymer Sprint 2014-11-09

H21 3180 meter 62 start  
 1 Gustav Bergman OK Ravinen 18.43  
 12 Pontus Karlsson Markbygdens OK 22.29  
 35 Filip Andersson Markbygdens OK 32.34

D20 2480 meter 15 start  
 1 Emma Bjessmo Bromma-Vällingby 16.35  
 5 Elin Högstrand Markbygdens OK 19.46  
 10 Josefin Andersson Markbygdens OK 21.14

D16 2240 meter 84 start  
 1 Vilma Von Krusenstie a OK Kåre 17.21  
 6 Klara Axelsson Markbygdens OK 18.36  
 35 Klara Ask Markbygdens OK 22.51

H16 2490 meter 80 start  
 1 Isac von Krusenstier OK Kåre 15.05  
 12 Felix Axelsson Markbygdens OK 17.38  
 23 Olle Sörqvist Markbygdens OK 19.03

H14 2150 meter 185 start  
 1 Samuel Pihlström OK Landehof 12.41  
 19 Axel Åkesson Markbygdens OK 15.10  
 45 Petter Leibe-Bergste Markbygdens OK 16.38  
 67 Olle Leibe-Bergstedt Markbygdens OK 18.18  
 116 Mattis Abrahamsson Markbygdens OK 22.38  
 124 Marcus Ragnarsson Markbygdens OK 23.40

D12 1710 meter 161 start  
 1 Hilda Holmqvist Joha son IK Hak 9.20  
 26 Erika Åkesson Markbygdens OK 12.23  
 29 Lisa Åkesson Markbygdens OK 12.27

|                                 |                     |                  |         |
|---------------------------------|---------------------|------------------|---------|
| H12 1780 meter 179 start        |                     |                  |         |
| 1                               | Karl Petersén       | OK N dung        | 10.55   |
| 58                              | Anton Blomqvist     | Markbygdens OK   | 15.03   |
| D40 2270 meter 61 start         |                     |                  |         |
| 1                               | Marina Axelsson     | Markbygdens OK   | 17.07   |
| 19                              | Helena Blomqvist    | Markbygdens OK   | 22.07   |
| D45 2000 meter 51 start         |                     |                  |         |
| 1                               | Camilla Öhgren      | Sävedalens AIK   | 16.35   |
| 3                               | Jeanette Sigenstam  | Markbygdens OK   | 17.00   |
| H45 2330 meter 90 start         |                     |                  |         |
| 1                               | Conny Forsberg      | Långhundra IF    | 14.00   |
| 19                              | Fredrik Ask         | Markbygdens OK   | 16.32   |
| 21                              | Johan Mars          | Markbygdens OK   | 16.34   |
| 29                              | Per-Anders Axelsson | Markbygdens OK   | 17.17   |
| H50 2290 meter 53 start         |                     |                  |         |
| 1                               | Mikael Kindborn     | OK Hällen        | 17.19   |
| 24                              | Magnus Wallin       | Markbygdens OK   | 22.13   |
| D55 1760 meter 13 start         |                     |                  |         |
| 1                               | Liv Inger Prangerød | Tistedalen Frilu | 15.06   |
| 11                              | Leila Ljunggren     | Markbygdens OK   | 20.32   |
| H60 1690 meter 20 start         |                     |                  |         |
| 1                               | Sigurd Dæhli        | Løten o-lag      | 13.37   |
| 8                               | Håkan Andersson     | Markbygdens OK   | 17.58   |
| H65 1600 meter 19 start         |                     |                  |         |
| 1                               | Roger Danielsson    | Linköpings OK    | 14.50   |
| 13                              | Ronny Ragnarsson    | Markbygdens OK   | 21.23   |
| H70 1460 meter 11 start         |                     |                  |         |
| 1                               | Sören Andersson     | IK Dran          | 15.19   |
| 6                               | Pär-Erik Johansson  | Markbygdens OK   | 18.03   |
| H75 1360 meter 8 start          |                     |                  |         |
| 1                               | Bernt Johansson     | OK Gisle         | 23.20   |
| 2                               | Lennart Östanbäck   | Markbygdens OK   | 23.40   |
| Inskolning 1610 meter 160 start |                     |                  |         |
|                                 | Elin Blomqvist      | Markbygdens OK   | Godkänd |
|                                 | Gustav Fagerlind    | Markbygdens OK   | Godkänd |
|                                 | Olle Blomqvist      | Markbygdens OK   | Godkänd |
| U1 1570 meter 190 start         |                     |                  |         |
| 1                               | Vilma Grimmergård   | Bredareds IF     | 13.15   |
| 146                             | William Bengtsson   | Markbygdens OK   | 31.15   |
| U2 1720 meter 189 start         |                     |                  |         |
| 1                               | Eric Johansson      | Alvesta SOK      | 13.32   |
| 11                              | Joshua Rutledge     | Markbygdens OK   | 16.48   |
| Öppen 3 1860 meter 108 start    |                     |                  |         |
| 1                               | Johan Nyman         | OK Gipen         | 13.35   |
| 69                              | Marita Johansson    | Markbygdens OK   | 24.01   |
| Öppen 5 1870 meter 175 start    |                     |                  |         |
| 1                               | Peter Ekdahl        | Emmaboda Verda O | 12.08   |
| 60                              | Ove Johansson       | Markbygdens OK   | 19.02   |



Öppen 7 2760 meter 169 start

|    |                    |                |       |
|----|--------------------|----------------|-------|
| 1  | Mattias Gunnarsson | Bredaryds SOK  | 17.38 |
| 5  | Anders Lundell     | Markbygdens OK | 20.03 |
| 81 | Hugo Lom           | Markbygdens OK | 26.23 |

FK Herkules När-OL 2014-11-23

Herrar 5000 meter 20 start

|   |                |                |       |
|---|----------------|----------------|-------|
| 1 | Stefan Sjöblom | Frölunda OL    | 58.24 |
| 8 | Leif Rylander  | Markbygdens OK | 70.10 |

Hestra IF Natt-7an När-OL 2014-12-11

Herrar 7780 meter 6 start

|   |                |                |        |
|---|----------------|----------------|--------|
| 5 | Felix Axelsson | Markbygdens OK | 81.50  |
| 6 | Olle Sörqvist  | Markbygdens OK | 106.16 |

Damer 4580 meter 2 start

|   |                 |                |       |
|---|-----------------|----------------|-------|
| 1 | Marina Axelsson | Markbygdens OK | 52.59 |
| 2 | Klara Axelsson  | Markbygdens OK | 68.02 |

Herrar 4580 meter 7 start

|   |                     |                |       |
|---|---------------------|----------------|-------|
| 2 | Martin Svensson     | Markbygdens OK | 52.56 |
| 5 | Bo Herdersson       | Markbygdens OK | 53.07 |
| 6 | Per-Anders Axelsson | Markbygdens OK | 68.23 |

IK Uven Natt När-OL 2014-12-18

Öppen Långa 8100 meter 19 start

|    |                  |                  |       |
|----|------------------|------------------|-------|
| 1  | Kalvis Mihailovs | IK Hakarpspojkar | 55.57 |
| 11 | Simon Larsson    | Markbygdens OK   | 71.02 |